



JOB ROLE OVERVIEW

Yoga Instructor (BWS/Q2201)

Role Description	A Yoga Instructor is responsible for demonstrating yoga postures, asanas, pranayamas, meditation and relaxation techniques for the guests. The individual must exhibit knowledge of the principles and practices of basic Yogic techniques to explain and respond to the guests' questions.
Version	1
NSQF Level	4
Minimum Educational Qualifications	Preferably Class VIII
Maximum Educational Qualifications	NA
Minimum Job Entry Age	18 years
Experience	NA

Applicable National Occupational Standards (NOS)

1. **BWS/N9001** : Prepare and maintain work area
2. **BWS/N2201** : Conduct the basic Yoga sessions
3. **BWS/N9002** : Maintain health and safety at the workplace
4. **BWS/N9003** : Create a positive impression at the workplace

Assessment Guidelines

1. Criteria for assessment for each Qualification Pack will be created by the Sector Skill Council. Each Performance Criteria (PC) will be assigned marks proportional to its importance in NOS. SSC will also lay down proportion of marks for Theory and Skills Practical for each PC.
2. The assessment for the theory part will be based on knowledge bank of questions created by the SSC.
3. Individual assessment agencies will create unique question papers for theory part for each candidate at each examination/training center (as per assessment criteria below).
4. Individual assessment agencies will create unique evaluation for skill practical for every student at each examination/training center based on this criteria.
5. To pass the Qualification Pack, every trainee should score a minimum of 60% in aggregate.
6. In case of successfully passing only certain number of NOS's, the trainee is eligible to take subsequent assessment on the balance NOS's to pass the Qualification Pack.