

Diploma in Beauty & Wellness

Topics	Semester 1	Semester 2
Beauty	<ul style="list-style-type: none"> • Theory of the following: <ul style="list-style-type: none"> -Basic anatomy & physiology -Fundamentals of skin -Types of skin -Depilation -Waxing • Practicals of the following: <ul style="list-style-type: none"> -Preparation of the client -Threading -Waxing 	<ul style="list-style-type: none"> • Theory of the following: <ul style="list-style-type: none"> -Basics of beauty therapies -Bleaching - Clean-up with kitchen/seasonal ingredients -Basic Facials -Introduction to facial electrotherapy • Practicals of the following: <ul style="list-style-type: none"> -Preparation of the client -Bleaching procedure -Clean up with basic kitchen/seasonal ingredients, -Basic facials with different kinds of face packs in accordance to the skin types
Hair	<ul style="list-style-type: none"> • Theory of the following: <ul style="list-style-type: none"> - Anatomy of Hair - Hair & Scalp Conditions - Types of Hair - Factors Affecting Hair Styles - Effect of Environmental Factors on hair - Tools and equipment - Scalp Analysis - Types of shampoo - Conditioner versus masks - Shampooing, Conditioning and Blow Drying • Practicals of the following: <ul style="list-style-type: none"> - Preparation of the client - Scalp Analysis - Shampooing - Conditioning - Blast drying, Straight Blow Drying and Out Curls 	<ul style="list-style-type: none"> • Theory of the following: <ul style="list-style-type: none"> - Basics of Hair Cut - Types of Head shapes - Tools & Equipment - Sectioning of hairs as per the cut • Practical of the following: <ul style="list-style-type: none"> - Preparation of the client - Sectioning of hairs as per the cut - Types of cut - Techniques - Types of products available for achieving final look - Basic Hairdos

<p>Make up</p>	<ul style="list-style-type: none"> • Theory of the following: <ul style="list-style-type: none"> - History of make-up - Colour theory - Fundamentals of make up - Identification of basic skin types (oily, dry, normal and combination) and skin tone (fair, dark, pink, yellow, pale); - Range of make-up products to suit skin tones and age groups. • Practicals of the following: <ul style="list-style-type: none"> - Preparation of the client - Application of Basic Make-up, Day & Evening Make-up. - Simple Make-up Services 	<ul style="list-style-type: none"> • Theory of the following: <ul style="list-style-type: none"> - Skin problems and its coverage - Face highlighting & contouring • Practicals of the following: <ul style="list-style-type: none"> - Preparation of the client - Coverage and Occasional Make-ups - Face highlighting & contouring
<p>Nails</p>	<ul style="list-style-type: none"> • Theory & Practical of the following: <ul style="list-style-type: none"> -Anatomy of Nails on Hands & Feet - Preparation of Clients - Manicure - Pedicure - Process of applying nail polish -Mehendi Application on Hands 	<ul style="list-style-type: none"> • Theory & Practical of the following: <ul style="list-style-type: none"> - Preparation of the client - Tools & Equipment - Safety precautions - Introduction about products - Importance of Cut, File and Polish - Various types of Pedicure and Manicure -Simple and Basic Nail Art Services - Mehndi Application on Feet
<p>Spa</p>	<ul style="list-style-type: none"> • Theory of the following: <ul style="list-style-type: none"> - Spa therapy techniques (range of exfoliants, soaks, wraps packs and body massages - Operational knowledge of tools and equipment involved in spa therapy - Range of rejuvenation products - Procedure for product selection - Different skin types and application of products based on skin types Lymphatic drainage system of the body 	<ul style="list-style-type: none"> • Practicals of the following: <ul style="list-style-type: none"> - Preparation of clients - Body treatments (scrub, wrap packs and various massages- Swedish Massage) - Foot rituals

Communication & Management	<ul style="list-style-type: none">• Communication Skills• Maintain Health & Safety at workplace: Hazards and risks at workplace• Prepare & maintain workarea• Beauty & Wellness Industry and its opportunities in India & Abroad	<ul style="list-style-type: none">• Personal Grooming• Customer Relationship• Employability Skills
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