









Model Curriculum

QP Name: Aesthetic Skin Technician

QP Code: BWS/Q0504

QP Version: 1.0

NSQF Level: 4

Model Curriculum Version: 1.0

Beauty & Wellness Sector Skill Council
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Training Parameters

Sector	Beauty & Wellness
Sub-Sector	Non-Invasive Cosmetology
Occupation	Aesthetic Skin Services
Country	India
NSQF Level	4
Aligned to NCO/ISCO/ISIC Code	NCO-2015/5142.0100
Minimum Educational Qualification and Experience	Class X with 2 years of experience as an Assistant Beauty Therapist OR Class X with 1 year of ITI and 1 year of experience OR Class X with 2 years of ITI OR NSQF Level-4 course (Beauty Therapist under B&WSSC) with 1 year of experience
Pre-Requisite License or Training	NCO-2015/5142.0100
Minimum Job Entry Age	20 years
Last Reviewed On	01/08/2021
Next Review Date	01/08/2024
NSQC Approval Date	24/02/2022
QP Version	1.0
Model Curriculum Creation Date	01/08/2021
Model Curriculum Valid Up to Date	01/08/2024
Model Curriculum Version	1.0
Minimum Duration of the Course	630:00 Hrs. 540 mandatory hours of training with 90 hours of OJT
Maximum Duration of the Course	630:00 Hrs. 540 mandatory hours of training with 90 hours of OJT









Program Overview

This section summarizes the end objectives of the program along with its duration.

Training Outcomes

At the end of the program, the learner will be able to:

- Explain the objectives of the program
- Explain the roles & responsibilities of Aesthetic Skin Technician
- Prepare and maintain work area
- Perform facial electrotherapy
- Identify the chemical composition of various beauty & hair products for effective use
- Consult and advise clients on various anti-ageing treatments for skin and hair
- Counsel and perform hair removal services using laser
- Counsel and perform skin rejuvenation services by using peels/micro-dermabrasion/laser appliances
- Counsel and perform acne treatments using peels/ high frequency/laser
- Counsel and provide anti-pigmentation services by using superficial peels/dermabrasion
- Maintain health and safety of work area
- Create a positive impression at work area

Compulsory Modules

The table lists the modules, their duration and mode of delivery.

NOS and Module Details	Theory Duration	Practical Duration	On-the-Job Training Duration (Mandatory)	On-the-Job Training Duration (Recommended)	Total Duration
Introduction to the program and the role of Aesthetic Skin Technician	1	0	_		1
BWS/N9001 Prepare & Maintain the work area V3.0, NSQF Level 3	1	10	_	_	11
Prepare and maintain work area	1	10	_	_	11
BWS/N0107 Perform facial electrotherapy V1.0, NSQF Level 4	10	50	_	_	60
Perform facial electrotherapy	10	50	_	_	60









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BWS/N0117 Identify	35	9		_	44
the chemical					
composition of various					
beauty & hair products					
for effective use, V1.0,					
NSQF Level 4					
Identify the chemical	35	9			44
composition of various	33			_	
•					
beauty & hair products for effective use					
BWS/N0118 Consult	20	40	10	_	70
and advise clients on					
various anti-ageing					
treatments for skin and					
hair, V1.0, NSQF Level 4					
Consult and advise	20	40	10	_	70
clients on various anti-					
ageing treatments for					
skin and hair					
BWS/N0504 Counsel	20	55	20		95
and perform hair				_	
removal services using					
laser V1.0, NSQF Level 4					
	20	55	20		95
Counsel and perform	20	33	20	_	95
hair removal services					
using laser					
BWS/N0505 Counsel	20	55	20	_	95
and perform skin					
rejuvenation services by using peels/micro-					
dermabrasion/laser					
appliances,					
V1.0, NSQF Level 4					
Counsel and perform	20	55	20	_	95
skin rejuvenation				_	
services by using					
peels/micro-					
dermabrasion/laser					
appliances					
BWS/N0506 Counsel	20	55	20	_	95
and perform acne					
treatments using peels/ high frequency/laser,					
V1.0, NSQF 4					
Counsel and perform	20	55	20		95
acne treatments using	_		-	_	-
	1	1	I .	I.	









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peels/ high					
frequency/laser					
BWS/N0507 Counsel	20	55	20	_	95
and provide anti-					
pigmentation services					
by using superficial					
peels/dermabrasion, V1.0, NSQF Level 4					
Counsel and provide	20	55	20		95
anti-pigmentation	20		20	_	93
services by using					
superficial					
peels/dermabrasion					
BWS/N9002 Maintain	2	10	_	_	12
health and safety at					
the workplace V3.0,					
NSQF Level 3					
Maintain health and	2	10	_	_	12
safety at the workplace					
BWS/N9003	22	30	_	_	52
Create a positive					
impression at the					
workplace					
V3.0, NSQF Level 3					
Create a positive	22	30	_	_	52
impression at the					
workplace					
Total Duration	171:00	369:00	90	_	630:00 Hrs.
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Module Details

Introduction to the program and the role of Aesthetic Skin Technician Mapped to Aesthetic Skin Technician, Bridge Module

Terminal Outcomes:

- Explain the objectives of the program
- Explain the roles & responsibilities of Aesthetic Skin Technician
- List the career opportunities in non-invasive cosmetology

Duration: 01:00 Hrs.	Duration: <hh:mm></hh:mm>		
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes		
 Explain the objectives of the program State the roles & responsibilities of Aesthetic Skin Technician Discuss about the projected growth in non-invasive cosmetology 			
Classroom Aids			
Computer, projector, white board/ flip chart, marker and duster			
Tools, Equipment and Other Requirements			
N.A			









Prepare and maintain work area

Mapped to Aesthetic Skin Technician, BWS/Q0504

Terminal Outcomes:

• Carry out preparation and maintenance of work area

Classroom Aids

Computer, projector, white board/ flip chart, marker and duster

Tools, Equipment and Other Requirements

Disposable white sheet, Hand Sanitizer, Disposable Mouth Mask, Disposable Hand gloves, Pre-cut Cotton pads, Pre-cut Gauze, Face tissue, Disposable hand napkins, Disposable gown, Ear buds, First aid kit, Fire Extinguisher









Perform facial electrotherapy Mapped to Aesthetic Skin Technician, BWS/Q0504

Terminal Outcomes:

• Perform facial electrotherapy

Duration: 10:00 Hrs.	Duration: 50:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
 Describe the importance of proper consulting, planning and preparing clients Identify contra-indications that affect or restrict the treatments List the significance of positioning self and client throughout treatment to ensure privacy, comfort and wellbeing Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	 Perform and adapt the therapy using materials, equipment and techniques correctly and safely to meet the needs of the client and follow manufacturer's instructions. Consult with clients on background, medical history etc. with consent form Carry out facial electrotherapy to improve facial and skin condition using direct high frequency, galvanic, EMS, micro current and lymphatic drainage equipment. Use Electro Muscle Stimulator (EMS) on the motor points of the facial muscles Choose and use the appropriate size and type of Ventouse Choose and use the correct strokes and amount of suction in towards the lymph nodes Galvanic Perform application of desincrustation/iontophoresis gel/solution Perform direct & indirect high-frequency method Carry out maintaining of micro current electrodes Carry out the client's understanding and expectation prior to commencement of treatment Carry out the therapy to the satisfaction of the guest in a commercially acceptable time Record the therapy accurately and store information securely in line with the organization's policies Perform specific after-process advice to the client
Classroom Aids	

Computer, projector, white board/ flip chart, marker and duster

Tools, Equipment and Other Requirements

Disposable Headband, Disposable front towel & back towel, Make up remover, Non-Alcoholic Toner, Sunscreen SPF 15 or more









Identify the chemical composition of various beauty & hair products for effective use

Mapped to Aesthetic Skin Technician, BWS/Q0504

Terminal Outcomes:

• Identify the chemical composition of various beauty & hair products for effective use

Duration: 35:00 Hrs.	Duration: 09:00 Hrs.	
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes	
• Identify the chemistry of active ingredients in hair and beauty products		
 Determine the effects and safe use of active ingredients in hair and beauty products 		
Classroom Aids		
Computer, projector, white board/ flip chart, marker and duster		
Tools, Equipment and Other Requirements		
Products		









Consult and advise clients on various anti-ageing treatments for skin and hair

Mapped to Aesthetic Skin Technician, BWS/Q0504

Terminal Outcomes:

• Consult and advise clients on various anti-ageing treatments for skin and hair

Duration: 20:00 Hrs.	Duration: 40:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
 Describe the importance of proper consulting, planning and preparing clients Identify contra-indications that affect or restrict the treatments List the significance of positioning self and client throughout treatment to ensure privacy, comfort and wellbeing Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	 Perform the treatment using materials, equipment and techniques correctly and safely to meet the needs of the client and follow manufacturer's instructions. Consult the client by questioning to identifycontraindications to skin and provide recommendations for treatments that are suitable to the client Carry out the treatment to the satisfaction of the guest in a commercially acceptable time Record the treatment accurately and store information securely in line with the organization's policies Perform specific after-process advice to the client

Classroom Aids

Computer, projector, white board/ flip chart, marker and duster

Tools, Equipment and Other Requirements

Disposable Headband, Disposable front towel & back towel, Make up remover, Non-Alcoholic Toner, Sunscreen SPF 15 or more, Laser Machine [NdYAG/ Diode], UPS for operating the machine [If required], Sono Gel, Zimmer/ Cooling Device, Cleanser, Disposable Razor, Magnifying Glass, Protective eye wear, Local Aesthetic Cream as prescribed by expert, Ice cubes/ Cold compress packs, Moisturizer/ Skin protection cream, Alcohol Swabs, Acetone, Marking pencil









Counsel and perform hair removal services using laser Mapped to Aesthetic Skin Technician, BWS/Q0504

Terminal Outcomes:

Counsel and perform hair removal services using laser

Duration: 20:00 Hrs.	Duration : 55:00 Hrs.		
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes		
 Describe the importance of proper consulting, planning and preparing clients Identify contra-indications that affect or 	Perform the services using materials, equipment and techniques correctly and safely to meet the needs of the client and follow manufacturer's instructions		
restrict the treatments List the significance of positioning self and client throughout treatment to ensure privacy, comfort and wellbeing Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers	such as operating the machine effortlessly which includes, switching it ON and OFF, sanitizing it, machine settings, handling the handpiece while delivering the shots and maintenance at the end of the day as per the requirement Consult the client by questioning to identify contra-indications to skin and provide recommendations for treatments that are suitable to the client Carry out the treatment to the satisfaction of the guest in a commercially acceptable time Record the treatment accurately and store information securely in line with the organization's policies Perform specific after-process advice to the client		

Classroom Aids

Computer, projector, white board/flip chart, marker and duster

Tools, Equipment and Other Requirements

Laser Machine [NdYAG/ Diode], UPS for operating the machine [If required], Sono Gel, Zimmer/ Cooling Device, Cleanser, Disposable Razor, Magnifying Glass, Protective eye wear, Local Aesthetic Cream as prec=scribed by expert, Ice cubes/ Cold compress packs, Moisturizer/ Skin protection cream, Alcohol Swabs, Acetone, Marking pencil

For Handling Adverse events [accidental] – An Anti-Allergic medicine for local application as per Doctors' prescription









Counsel and perform skin rejuvenation services by using peels/microdermabrasion/laser appliances

Mapped to Aesthetic Skin Technician, BWS/Q0504

Terminal Outcomes:

 Counsel and perform skin rejuvenation services by using peels/micro-dermabrasion/laser appliances

Duration: 20:00 Hrs.	Duration: 55:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
 Describe the importance of proper consulting, planning and preparing clients Identify contra-indications that affect or restrict the treatments List the significance of positioning self and client throughout treatment to ensure privacy, comfort and wellbeing Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	 Perform the treatment using materials, equipment and techniques correctly and safely to meet the needs of the client and follow manufacturer's instructions. Consult the client by questioning to identify contra-indications to skin and provide recommendations for treatments that are suitable to the client Carry out the treatment to the satisfaction of the guest in a commercially acceptable time Record the treatment accurately and store information securely in line with the organization's policies Perform specific after-process advice to the client

Classroom Aids

Computer, projector, white board/ flip chart, marker and duster

Tools, Equipment and Other Requirements

Deep pore soap free cleanser, Vaseline, Application brush, pre-cut eye pads, Cold compress packs/ ice cubes wrapped in disposable hand napkin, Mild peels *[ideally with pH more than 3.5]*, Hydrating Peel off face Mask

For Handling Adverse events [accidental] – An Anti-Allergic medicine for local application as per Doctors' prescription









Counsel and perform acne treatments using peels/ high frequency/laser Mapped to Aesthetic Skin Technician, BWS/Q0504

Terminal Outcomes:

• Counsel and perform acne treatments using peels/ high frequency/laser

Duration: 20:00 Hrs.	Duration: 55:00 Hrs.		
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes		
 Describe the importance of proper consulting, planning and preparing clients Identify contra-indications that affect or restrict the treatments List the significance of positioning self and client throughout treatment to ensure privacy, comfort and wellbeing Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	 Perform the treatment using materials, equipment and techniques correctly and safely to meet the needs of the client and follow manufacturer's instructions. Consult the client by questioning to identify contra-indications to skin and provide recommendations for treatments that are suitable to the client Carry out the treatment to the satisfaction of the guest in a commercially acceptable time Record the treatment accurately and store information securely in line with the organization's policies Perform specific after-process advice to the client 		
			

Classroom Aids

Computer, projector, white board/ flip chart, marker and duster

Tools, Equipment and Other Requirements

Deep pore soap free cleanser, Vaseline, Application brush, pre-cut eye pads, Cold compress packs/ ice cubes wrapped in disposable hand napkin, Mild peels *[ideally with pH more than 3.5]*, Hydrating Peel off face Mask

For Handling Adverse events [accidental] – An Anti-Allergic medicine for local application as per the Doctors' prescription









Counsel and provide anti-pigmentation services by using superficial peels/dermabrasion

Mapped to Aesthetic Skin Technician, BWS/Q0504

Terminal Outcomes:

• Counsel and provide anti-pigmentation services by using superficial peels/dermabrasion

Duration: 20:00 Hrs.	Duration: 55:00 Hrs.		
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes		
 Describe the importance of proper consulting, planning and preparing clients Identify contra-indications that affect or restrict the treatments List the significance of positioning self and client throughout treatment to ensure privacy, comfort and wellbeing Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	 Perform the treatment using materials, equipment and techniques correctly and safely to meet the needs of the client and follow manufacturer's instructions. Consult the client by questioning to identify contra-indications to skin and provide recommendations for treatments that are suitable to the client Carry out the treatment to the satisfaction of the guest in a commercially acceptable time Record the treatment accurately and store information securely in line with the organization's policies Perform specific after-process advice to the client 		

Classroom Aids

Computer, projector, white board/ flip chart, marker and duster

Tools, Equipment and Other Requirements

Microdermabrasion machine, depending on the machine - Diamond Tips or Neutral Aluminium Oxide crystals, Face/ Body Nozzle, Alcohol Swabs, Cold compress packs/ ice cubes wrapped in disposable hand napkin, Hydrating Peel off face Mask

For Handling Adverse events [accidental] – An Anti-Allergic medicine for local application as per the Doctors' prescription









Maintain health and safety at the workplace Mapped to Aesthetic Skin Technician, BWS/Q0504

Terminal Outcomes:Describe the application of health and safety practices at the workplace

Duration: 02:00 Hrs.	Duration: 10:00 Hrs.		
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes		
 State the significance of personal protective equipment (PPE) & its efficient supply at work place; PPE such as tissues, antibacterial soaps, alcohol-based hand cleansers, triple layered surgical face masks, gloves, etc. Discuss the importance of maintaining basic hygiene at work place to avoid any kind of cross infection; basic hygiene such as wearing disposable N-95/ triple layered surgical face mask, gloves, apron, washing/sanitizing hands & taking bath at regular intervals, etc. Explain the importance of maintaining first aid kit at work place Identify and list potential risks and hazards in the workplace 	 Demonstrate and state significance of maintaining posture and position to minimize fatigue and the risk of injury Demonstrate the method of sterilizing equipment & tools before and after use Prepare, maintain and report accident reports as per organisational policies 		

Classroom Aids

Computer, projector, white board/ flip chart, marker and duster

Tools, Equipment and Other Requirements

First Aid kit, Fire Extinguishers, Sterilizers, Waste Disposal Bins, Disposable hand napkins, Disposable gown









Create a positive impression at the workplace *Mapped to Aesthetic Skin Technician*, *BWS/Q0504*

Terminal Outcomes:

Describe the importance of personal hygiene and grooming while executing task

Duration: 22:00 Hrs.	Duration: 30:00 Hrs.			
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes			
 Explain the importance of maintaining personal hygiene and grooming; such as sanitized hands, neatly tied and covered hair, clean nails, sanitized uniform while engaging with clients with no gender stereotyping, to ensure privacy, comfort and wellbeing of all the genders throughout the services, etc. List the ways to manage client expectations; such as by identifying new techniques State the importance of maintaining confidentiality of information while performing documentation of records Conduct employee awareness program; such as internalization of gender, PwD sensitization on designing PwD friendly workplace 	 Demonstrate confidence at the workplace by managing and identifying various business opportunities Demonstrate the different formats of maintaining documentation of records Demonstrate the process of client appointment scheduling; pre-bookings and maintaining the work area, equipment, product stocks to meet the schedule Carry out different & effective ways of communication for clients; clients could be from different culture, religion, age, background, disability, gender; and communication such as email, phone etc. Perform activities related to the financial literacy; such as saving money, opening bank accounts, linking Aadhaar card to bank account, using various e-commerce payment systems, etc. 			
Classroom Aids				
Computer, projector, white board/ flip chart, marker and duster				
Tools, Equipment and Other Requirements				

POS Machine









Annexure

Trainer Requirements

	Trainer Prerequisites					
Minimum Educational	Specialization	Relevant Industry Experience		Training Experience		Remarks
Qualification		Years	Specialization	Years	Specialization	
12 th pass	Advance Diploma in Cosmetology OR NSQF Level-5 Senior Beauty Therapist OR	3	Aesthetics, non-invasive cosmetology and laser	1	N.A	

Trainer Certification			
Domain Certification	Platform Certification		
BWS/Q0504, V1.0 Trainer Minimum accepted score is 80%	BWS/Q2601, V1.0 Trainer Minimum accepted score is 80%		
Minimum accepted score is 80%	winimum accepted score is 80%		









Assessor Requirements

Assessor Prerequisites						
Minimum Educational	Specialization	Relevant Industry Experience		Training/Assessment Experience		Remarks
Qualification		Years	Specialization	Years	Specialization	
12 th pass	Advance Diploma in Cosmetology OR NSQF Level-5 Senior Beauty Therapist OR	4	Aesthetics, non-invasive cosmetology and laser	2		N.A

Assessor Certification			
Domain Certification	Platform Certification		
BWS/Q0504, V1.0 Assessor	BWS/Q2701, V1.0 Assessor		
Minimum accepted score is 80%	Minimum accepted score is 80%		









Assessment system Overview

Assessment will be carried out by assessment partners with no link to training partners. Based on the results of assessment, B&WSSC will certify the learners. Assessor has to pass assessment of theoretical knowledge of the job role and approved by B&WSSC.

The assessment will have both theory and practical components in 20:80 ratios. While theory assessment is summative and a written exam; practical will involve demonstrations of applications and presentations of procedures and other components. Practical assessment will also be summative in nature.

Testing Environment

Training partner has to share the batch start date and end date, number of trainees and the job role.

Assessment will be fixed for a day after the end date of training. It could be next day or later. Assessment will be conducted at the training venue.

Room where assessment is conducted will be set with proper seating arrangements with enough space to prevent copying.

Question bank of theory and practical will be prepared by assessment agency and approved B&WSSC. From this set of questions, assessment agency will prepare the question paper. Theory testing will include multiple choice questions, pictorial question, etc. which will test the trainee on his theoretical knowledge of the subject.

The theory and practical assessments will be carried out on same day. The question paper is preloaded in the computer (in case of online assessment) and it will be in the language requested by the training partner.

Presentation will be one mode of assessment and so computers and LDC projector will be available for assessment. Viva will also be used to gauge trainee's confidence and correct knowledge in handling job situations.

Assessment Quality Assurance framework

Assessor has to go through orientation program organized by Assessment Agency. The training would give an overview to the assessors on the overall framework of QP evaluation. Assessor shall be given a NOS and PC level overview of each QP as applicable. Overall structure of assessment and objectivity of the marking scheme will be explained to them.

The giving of marks will be driven by an objective framework which will maintain standardization of marking scheme.









In case of many candidates to be accommodated in one venue for theory assessment, caution is taken not to let the candidates who competed test meet those who have not. Once the first batch has moved out of the knowledge based assessment area, the second batch must be taken from the main waiting area and seated in the respective seats for their knowledge based assessment.

For practical, the instructions for taking the test are clearly written on the board in the lab or shared with the candidates verbally.

The assessment will be video recorded and submitted to B&WSSC. The training partner will intimate the time of arrival of the assessor and time of leaving the venue.

Methods of Validation

Unless the trainee is registered, the person cannot undergo assessment. To further ensure that the person registered is the person appearing for assessment, id verification will be carried out. Aadhar card number is part of registering the candidate for training. This will form the basis of further verification during the assessment.

Assessor conducts the assessment in accordance with the assessment guidelines and question bank as per the job role.

The assessor carries tablet with the loaded questions. This tablet is geotagged and so it is monitored to check their arrival and completion of assessment.

Video of the practical session is prepared and submitted to B&WSSC.

Random spot checks/audit is conducted by B&WSSC assigned persons to check the quality of assessment.

Assessment agency will be responsible to put details in SIP.

B&WSSC will also validate the data and result received from the assessment agency.

Method of assessment documentation and access

The assessment agency will upload the result of assessment in the portal. The data will not be accessible for change by the assessment agency after the upload. The assessment data will be validated by B&WSSC assessment team. After upload, only B&WSSC can access this data. B&WSSC approves the results within a week and uploads on SIP.









References

Glossary

Term	Description
Declarative Knowledge	Declarative knowledge refers to facts, concepts and principles that need to be known and/or understood in order to accomplish a task or to solve a problem.
Key Learning Outcome	Key learning outcome is the statement of what a learner needs to know, understand and be able to do in order to achieve the terminal outcomes. A set of key learning outcomes will make up the training outcomes. Training outcome is specified in terms of knowledge, understanding (theory) and skills (practical application).
OJT (M)	On-the-job training (Mandatory); trainees are mandated to complete specified hours of training on site
OJT (R)	On-the-job training (Recommended); trainees are recommended the specified hours of training on site
Procedural Knowledge	Procedural knowledge addresses how to do something, or how to perform a task. It is the ability to work, or produce a tangible work output by applying cognitive, affective or psychomotor skills.
Training Outcome	Training outcome is a statement of what a learner will know, understand and be able to do upon the completion of the training .
Terminal Outcome	Terminal outcome is a statement of what a learner will know, understand and be able to do upon the completion of a module. A set of terminal outcomes help to achieve the training outcome.









Acronyms and Abbreviations

Term	Description
QP	Qualification Pack
NSQF	National Skills Qualification Framework
NSQC	National Skills Qualification Committee
NOS	National Occupational Standards