



Model Curriculum

QP Name: Cosmetologist

QP Code: BWS/Q0107

QP Version: 1.0

NSQF Level: 4

Model Curriculum Version: 1.0

Beauty & Wellness Sector Skill Council
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Training Parameters

Sector	Beauty & Wellness
Sub-Sector	Beauty and Salons
Occupation	Salon Services
Country	India
NSQF Level	4
Aligned to NCO/ISCO/ISIC Code	TBD
Minimum Educational Qualification and Experience	Class X with 2 year of experience as an Assistant Beauty Therapist or Assistant Hair Dresser & Stylist or Makeup Artist OR NSQF Level-3 course (Assistant Beauty Therapist or Assistant Hair Dresser & Stylist under B&WSSC) with 1 year of experience OR Class X with 1 year of ITI and 1 year of experience OR Class X with 2 years of ITI
Pre-Requisite License or Training	–
Minimum Job Entry Age	18 years
Last Reviewed On	01/08/2021
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Minimum Duration of the Course	780:00 Hrs. <i>(including 150 hours of OJT)</i>
Maximum Duration of the Course	810:00 Hrs. <i>(with 1 optional NOS of 30 Hrs.)</i>

Program Overview

This section summarizes the end objectives of the program along with its duration.

Training Outcomes

At the end of the program, the learner will be able to:

- Explain the objectives of the program
- Explain the roles & responsibilities of Cosmetologist
- Prepare and maintain work area
- Apply hair dryer to perform blow dry aligned to the standards of operation of the salon
- Perform shampooing, conditioning and treating the hair using a range of products and techniques
- Perform hair cut
- Carry out different hairstyles and hair dressing task as per client requirement
- Perform a suitable hair colouring service using temporary and semi-permanent colours, changing hair colour using colouring techniques to achieve the desired look
- Perform Indian head massage and hair spa services using suitable products and massage techniques
- Perform skin care services
- Perform bridal makeup services
- Perform makeup services
- Perform hair removal services
- Perform airbrush makeup services
- Perform manicure & pedicure services
- Carry out nail art services
- Consult and advise clients
- Maintain health and safety of work area
- Create a positive impression at work area
- Provide sales and customer services to customers for hair, beauty and wellness product and service sales
- Carry out mehndi services

Compulsory Modules

The table lists the modules, their duration and mode of delivery.

NOS and Module Details	Theory Duration	Practical Duration	On-the-Job Training Duration (Mandatory)	On-the-Job Training Duration (Recommended)	Total Duration
Introduction to the program and the role of Cosmetologist	1	0	–		1
BWS/N9001- Prepare & Maintain the work area V3.0, NSQF Level 3	1	10	–	–	11
Prepare and maintain work area	1	10	–	–	11
BWS/N0205 Perform Blow drying of hair V3.0, NSQF Level 3	5	15	–	–	20
Perform Blow drying of hair	5	15	–	–	20
BWS/N0202 Shampoo, condition the hair and scalp V3.0, NSQF Level 4	5	15	–	–	20
Shampoo, condition the hair and scalp	5	15	–	–	20
BWS/N0206 Perform Indian Head Massage and Hair Spa Services V3.0, NSQF Level 4	5	20	–	–	25
Perform Indian Head Massage and Hair Spa Services	5	20	–	–	25
BWS/N0207 Cut hair NSQF Level 4	5	20	15	–	40
Cut Hair	5	20	15	–	40
BWS/N0208 Perform hair styling and dressing V3.0, NSQF Level 4	10	50	20	–	80
Perform hair styling and dressing	10	50	20	–	80
BWS/N0209 Colour and lighten hair	10	50	20	–	80

V3.0, NSQF Level 4					
Colour and lighten hair	10	50	20	–	80
BWS/N0104 Perform skin care services	15	25	–	–	40
V3.0, NSQF Level 4					
Perform skin care services	15	25	–	–	40
BWS/N0105 Perform hair removal services	10	50	15	–	75
V3.0, NSQF Level 4					
Perform hair removal services	10	50	15	–	75
BWS/N0106 Perform make-up services	10	50	20	–	80
V3.0, NSQF Level 4					
Perform make-up services	10	50	20	–	80
BWS/N0301 Perform bridal makeup services	5	35	20	–	60
V2.0, NSQF Level 5					
Perform bridal makeup services	5	35	20	–	60
BWS/N0303: Apply air-brush makeup	5	35	20	–	60
V2.0, NSQF Level 5					
BWS/N0303: Apply air-brush makeup	5	35	20	–	60
BWS/N0401- Perform manicure and pedicure services	5	15	10	–	30
V3.0, NSQF Level 3					
Perform manicure and pedicure services	5	15	10	–	30
BWS/N0404- Provide Nail Art Services	10	30	10		50
V2.0, NSQF Level 4					
Provide Nail Art Services	10	30	10		50
BWS/N9002- Maintain health and safety at the workplace	02	10	–	–	12
V3.0, NSQF Level 3					
Maintain health and safety at the workplace	02	10	–	–	12

BWS/N9003- Create a positive impression at the workplace V3.0, NSQF Level 3	22	30	–	–	52
Create a positive impression at the workplace	22	30	–	–	52
BWS/N9005- Consult and advise clients V2.0, NSQF Level 5	12	10	–	–	22
Consult and advise client's	12	10	–	–	22
BWS/N4002- Provide sales and customer services to customers for hair, beauty and wellness product and service sales V2.0, NSQF Level 3	12	10	–	–	22
Provide sales and customer services to customers for hair, beauty and wellness product and service sales	12	10	–	–	22
Total Duration	150:00	480:00	150:00	–	780:00 Hrs.
Optional BWS/N0127- Carry out application of simple mehndi designs V3.0, NSQF Level 3	9	21	–	–	30
Carry out application of simple mehndi designs	9	21	–	–	30

Module Details

Introduction to the program and the role of Cosmetologist *Mapped to Cosmetologist, Bridge Module*

Terminal Outcomes:

- Explain the objectives of the program
- Explain the roles & responsibilities of Cosmetologist
- List the career opportunities in Cosmetologist

Duration: 01:00 Hrs.	Duration: <hh:mm>
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the objectives of the program • State the roles & responsibilities of a Cosmetologist • List the career opportunities in Cosmetologist • Discuss about the projected growth in Cosmetologist 	
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
N.A	

Prepare and maintain work area

Mapped to Cosmetologist, BWS/Q0107

Terminal Outcomes:

- Carry out preparation and maintenance of work area

Duration: 01:00 Hrs.	Duration: 10:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Discuss the significance of maintaining hygienic, safe, disinfected and suitable ambient conditions at work place; such as by using air purifiers to reduce dust, dander, smoke, allergens & odour resulting in a healthier, fresher & cleaner environment and restructuring the workplace set-up by keeping a minimum distance of 2 meters in between two clientele, practicing social distancing by avoiding handshakes/ hugs to co-workers/ clientele, etc. • Identify and prepare equipment & products required for the respective service • Discuss the instructions required in preparing a sterilization solution as per organizational standards using approved products and as per manufacturer's and checking leakages • Identify need of segregating recyclable, non-recyclable and hazardous waste generated in separate bin • Conduct employee awareness program; such as for COVID-19 by displaying posters/ signage's promoting regular hand-washing and respiratory hygiene in the premises 	<ul style="list-style-type: none"> • Demonstrate organizing the sterilized/ disinfected equipment for a service delivery; equipment such as bowls, cotton etc. • Demonstrate disposing of waste in the designated area at work place; waste materials such as disposable triple layered surgical face mask, disposable gloves, etc. • Demonstrate the use of electrical equipment while providing services and its proper maintenance when not in use • Prepare reports of materials and equipment securely in line with the organisational policies • Apply digital mode of payment to lessen any kind of cross infection; digital mode such as use of debit/credit cards, internet banking, mobile wallets, digital payment apps, etc.
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Therapy Bed, Beauty Trolley, First Aid Kit, Fire, Extinguishers, Sterilizers, Hot Cabinets, Waste Disposal Bin, Record Book, Bowls Bed, Basket, Recliner, Chair, Bowl, Cotton	

Shampoo, condition the hair and scalp

Mapped to Cosmetologist, BWS/Q0107

Terminal Outcomes:

- Perform shampooing, conditioning and treating the hair using a range of products and techniques

Duration: 05:00 Hrs.	Duration: 15:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Describe the importance of proper consulting, planning and preparing clients for treatments • Identify the consequences of using incorrect products on hair and scalp • Identify contraindications to shampoo and conditioner • Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	<ul style="list-style-type: none"> • Select & apply proper products, techniques for effective shampooing services suitable for the client’s hair and scalp condition • Prepare the client, self and work area for shampooing and conditioning service • Use various massage techniques to meet the needs of the client • Perform aftercare advice for clients; such as activities to avoid after services • Execute record services; such as maintaining product usage (inventory) record
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Anatomy and Physiology Charts, Shampoo Station, Shampoo, Conditioner, Apron, Client Gown, Towels, Shampoo cap	

Perform blow-drying of hair

Mapped to Cosmetologist, BWS/Q0107

Terminal Outcomes:

- Apply hair dryer to perform blow dry aligned to the standards of operation of the salon

Duration: 05:00 Hrs.	Duration: 15:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Describe the hair structure and hair shaft • Describe the structure of the skin and scalp • Identify hair and scalp conditions and causes and contra-indications to hair services • Identify the defects of hair • Explain the composition of hair • Identify different hair types • Describe the hair cycle • Describe procedures and effects of blow-drying and finishing services • List the factors that influence blow-dry and finishing services • Explain the science of blow-dry and finishing hair • List the tools, equipment, products and techniques used to blow-drying and finishing hair 	<ul style="list-style-type: none"> • Prepare the client, self and work area for basic hair care services • Perform blow-dry services for clients* basis on various hair types and conditions, and recommend frequency of service - daily, weekly, monthly, etc. *client's: applicable to all gender • Differentiate between various types of hair products and methods • Perform aftercare services by recommending basic home care routine for skin protection
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Anatomy and Physiology Charts, Hair Dryer, Combs, Brushes, Roller Clips, Tong Rods, Crimper, Curler, Section Clips, Heat protector serum, Hair styling Products	

Perform Indian Head Massage Services and Hair Spa Services

Mapped to Cosmetologist, BWS/Q0107

Terminal Outcomes:

- Perform Indian head massage and hair spa services using suitable products and massage techniques

Duration: 05:00 Hrs.	Duration: 20:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Identify the condition of the hair and scalp and provide the suitable services; conditions such as hair structure and hair shaft • Identify & select suitable products, tools and equipment based on the clients hair and scalp condition • Explain the science of shampooing, conditioning and treating the hair and scalp • Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	<ul style="list-style-type: none"> • Prepare self, client and the work area for head massage • Select products, tools and equipment suitable for the client’s hair and scalp condition • Carry out scalp massage services • Apply various massage techniques to take account of influencing factors • Perform hair straightening or blow drying hair as per the requirement • Carry out disposing of all the waste safety according to the salon’s standards of hygiene and safety • Perform aftercare advice for clients
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Trolley, Apron, Client Gown, Wide Tooth Comb, Clips, Bowl and Brush, Plastic Cap, Scalp Steamer, Hair Spa Products, Cotton, Hair Massage Oil, Towels,	

Cut hair

Mapped to Cosmetologist, BWS/Q0107

Terminal Outcomes:

- Perform hair cut

<i>Duration: 5:00 Hrs.</i>	<i>Duration: 20:00 Hrs.</i>
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Identify the structure of clients* hair *client's: applicable to all gender • Identify the factors that influence haircutting services • List the tools, products and equipment for haircutting services 	<ul style="list-style-type: none"> • Apply safe and effective methods of working when providing services • Perform client consultation, treatment planning and preparation in order to achieve desired look; such as illustrating haircut plans • Demonstrate the process followed in hair cutting services; such as straight cut, V cut, U cut, layered cut, etc. • Follow suitable hair cutting guidelines provided in organisational standards, training or manuals • Perform haircut using various techniques: Scissors over comb, clipper over comb, freehand, thinning, texturizing, disconnecting, razor cutting, graduating, layering, tapering, point cutting, fading • Perform suitable neckline shapes as per client preference; shapes such as: tapered, round, square • Perform aftercare advice for clients
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Cutting Comb, Section Clips, Water Spray Scissors (thinning and precision), Razor, Mirror with work station, Cutting Chair, Trolley, De tangle comb	

**OJT:15Hrs.*

Perform hair styling and dressing

Mapped to Cosmetologist, BWS/Q0107

Terminal Outcomes:

- Carry out hair styling and hair dressing tasks efficiently

Duration: 10:00 Hrs.	Duration: 50:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Identify & select suitable products to meet the client’s* needs; such as by identifying basic hair structure, tone *client’s: applicable to all gender • Identify & select the correct products to suit the client’s needs and achieve the desired effect • Explain the role of disposing off waste materials as per organisational standards in a safe and hygienic manner • Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	<ul style="list-style-type: none"> • Conduct client consultation, treatment planning and preparation to meet the client’s needs, based on hair type, constraints and client preferences • Perform the hair styling techniques to achieve the desired effects • Demonstrate various plans followed in to achieve the desired look • Demonstrate and identify contra-indications and contra-actions that may affect or restrict the services • Practice completing the procedure to the satisfaction of the client in a commercially acceptable time and as per organisational standards • Perform aftercare advice for clients
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Round Brushes (various diameters), Flat Brushes, Bristle Brushes, Vent, Dressing Comb – backcomb, Hair Straighteners, Curling Tongs – various sizes, Hand Dryer, Diffuser, Hot Rollers, Rollers with Pins, Bendy Rollers, Velcro Rollers, Pin Curl Clips, Crimpers, Hot Brush, Section clips, Hair Styling Products	

*OJT: 20 Hrs.

Colour and lighten hair

Mapped to Cosmetologist, BWS/Q0107

Terminal Outcomes:

- Perform a suitable hair colouring service using temporary and semi-permanent colours, changing hair colour using colouring techniques to achieve the desired look

Duration: 10:00 Hrs.	Duration: 50:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Identify & select suitable products to meet the client’s needs; such as by identifying basic hair structure and tone correctly • Identify & select the correct products to suit the client’s needs and achieve the desired effect • Explain the role of disposing off waste materials as per organisational standards in a safe and hygienic manner • Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	<ul style="list-style-type: none"> • Conduct client consultation, treatment planning and preparation to meet the client’s needs, based on hair type, constraints and client preferences • Perform the hair colouring procedures using materials, equipment and techniques correctly and safely to meet the needs of the client • Demonstrate various plans followed in to achieve the desired look • Demonstrate and identify contra-indications and contra-actions that may affect or restrict the services • Practice completing the procedure to the satisfaction of the client in a commercially acceptable time and as per organisational standards • Perform aftercare advice for clients
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Cutting Comb, Pin tail Comb, Wide Tooth Comb, Brush, Sectioning Clips, Plastic Bowl, Plastic Brushes, Climazone, Hood Dryer, Measuring Jugs/Scales, Wraps, Foil, Spatulas, Hi/ lowlighting Cap, Plastic Cap, Cutting Chair, hair Trolley’s, Mirror with work stations	

*OJT: 20 Hrs.

Provide skin care services

Mapped to Cosmetologist, BWS/Q0107

Terminal Outcomes:

- Perform skin care services; such as facial skin condition using exfoliation, skin warming, comedone extraction, facial massage, mask treatments and moisturizing

Duration: 15:00 Hrs.	Duration: 25:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Describe the anatomical structure of the skin; such as the layers of the epidermis, the dermis, the subcutaneous layer, the hair follicle, the hair shaft, the sebaceous gland, arrector pili muscle, sweat gland, and sensory nerve endings • Identify the functions of the skin; such as sensitivity, heat regulation, absorption, protection, excretion, secretion and vitamin D production • Identify the characteristics of the skin, its type and conditions • Identify the effect of the natural ageing process on the skin, facial muscles and muscle tone • Explain the functions of the circulatory and the lymphatic systems of the body • Identify various environmental and lifestyle factors affecting the skin • Identify erythema and its causes • Identify the allergies, contraindications and contra-actions of the skin accurately • Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	<ul style="list-style-type: none"> • Prepare the client, self and work area for basic skin care services • Apply facial and bleach techniques for clients basis on the skin conditions; facials such as skin lighting, radiance, anti-tan, hydration, oil control, harmonizing for sensitive skin, etc. and skin conditions such as psoriasis, eczema, acne, etc. • Perform suitable course of services and procedures for various skin types and conditions, and recommended frequency of service - daily, weekly, monthly, etc. • Differentiate between various types of specialist skin products and methods • Categorise the benefits of various beauty services; such as used for cleansing, exfoliating and toning the skin • Massage by applying masks and skin care products & warm the skin using different types of skin warming devices • Perform safe manual black head extraction using comedone extractor • Illustrate different types of masks and their effects on the skin like cream, warm oil, clay, peel off, thermal, etc. • Perform aftercare services by recommending basic home care routine for skin protection
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Anatomy and Physiology, Charts, Therapy Bed, Beauty Stool/Chair, Trolley, Bowls, Sterilize, Comedone Remover, Face Steamer, Pack Brush, Dustbin	

Perform hair removal services

Mapped to Cosmetologist, BWS/Q0107

Terminal Outcomes:

- Carry out hair removal services, including waxing and threading

Duration: 10:00 Hrs.	Duration: 50:00 Hrs.
<p>Theory – Key Learning Outcomes</p> <ul style="list-style-type: none"> • Describe the importance of proper consulting, planning and preparing clients for waxing treatments • Identify contra-indications that affect or restrict waxing treatments • Identify various techniques associated with working temperatures for different waxing methods • Identify different types of hot wax and warm wax based on hair and skin types • Identify the advantages, disadvantages and limitations of facial waxing and suitable alternative facial hair removal procedures • Identify different types of tools and materials used for threading, e.g., scissors, disposable eyebrow brush, thread • Explain the advantages and disadvantages of threading as per the shape and proportion of the eyebrows in relation to facial features and existing eyebrow shape • List the methods to carry out the threading techniques • Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	<p>Practical – Key Learning Outcomes</p> <ul style="list-style-type: none"> • Carry out the safe and effective methods of working when waxing • Select & apply proper equipment, materials, products, techniques for effective waxing services • Select & apply methods of application and removal of waxing products in relation to the direction of hair growth • Apply various methods of hair removal and their effects like threading, sugaring, tweezing, shaving, depilatory creams, electrical depilatory, abrasive mitts, hair removal, intensive pulse light, laser • Select & apply proper threading tools, materials and equipment; such as to suit male client requirements, e.g. removing external hair on ears and nose • Perform aftercare advice for clients; such as activities to avoid after waxing services i.e., possible contra-actions that may occur after waxing services • Execute record services; such as maintaining product usage (inventory) record
<p>Classroom Aids</p> <p>Computer, projector, white board/ flip chart, marker and duster</p>	
<p>Tools, Equipment and Other Requirements</p> <p>Therapy Bed, Beauty Trolley, Wax Heater, Wax Strips, Wax Knife, Spatula, Bowls, Dustbin, Bed/Recliner, Chair, Bowl, Cotton, Mirror, Tissues, Towel, Trolley</p>	

*OJT: 15 Hrs.

Perform make-up services

Mapped to Cosmetologist, BWS/Q0107

Terminal Outcomes:

- Perform make-up for a variety of occasions, including day, evening and special occasions

Duration: 10:00 Hrs.	Duration: 50:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Identify & select suitable skin care and make-up products to meet the client’s needs; such as by identifying basic skin types and skin tone correctly • Describe the need of cleaning, toning and moisturizing the skin to suit the client’s skin type and needs in the correct sequence, applying correct techniques • Identify & select the correct make-up products to enhance facial features, to suit the client’s needs and achieve the desired effect, using make-up products: foundation, powder, blusher, mascara, eye shadows, eye liner, eyebrow pencil, lip liner and lip stick/gloss, etc. • Explain the role of disposing off waste materials as per organisational standards in a safe and hygienic manner • Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	<ul style="list-style-type: none"> • Conduct client consultation, treatment • planning and preparation to meet the client’s needs, based on skin types, constraints and client preferences • Perform the make-up procedures using materials, equipment and techniques correctly and safely to meet the needs of the client • Demonstrate various plans followed in simple makeup services • Demonstrate and identify contra-indications and contra-actions that may affect or restrict the services • Practice completing the procedure to the satisfaction of the client in a commercially acceptable time and as per organisational standards • Perform aftercare advice for clients • Practice handling the costume safely, avoiding any additional wrinkles or crumpling; such as saree, lehenga, mekhla, Christian gown, dupatta etc. • Perform costume on customer using correct techniques and without discomfort to the customer
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Make-up, Chair, Trolley, Mirrors, Lighting Foundations, Concealer, Powder, Blusher, Eyeshadow, Mascara, Eye pencil, Liquid liner, Lip liner, Lipstick, Lip gloss, Corrective makeup/ Colored concealer, Brushes, Applicators	

*OJT: 20 Hrs.

Perform bridal makeup services

Mapped to Cosmetologist, BWS/Q0107

Terminal Outcomes:

- Perform bridal makeup services

Duration: 5:00 Hrs.	Duration: 35:00 Hrs.
<p>Theory – Key Learning Outcomes</p> <ul style="list-style-type: none"> • Identify & select suitable skin care and make-up products to meet the client’s needs; such as by identifying basic skin types and skin tone correctly • Describe the need of cleaning, toning and moisturizing the skin to suit the client’s skin type and needs in the correct sequence, applying correct techniques • Identify & select the correct make-up products to enhance facial features, to suit the client’s needs and achieve the desired effect, using make-up products: foundation, powder, blusher, mascara, eye shadows, eye liner, eyebrow pencil, lip liner and lip stick/gloss, etc. • Explain the role of disposing off waste materials as per organisational standards in a safe and hygienic manner • Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	<p>Practical – Key Learning Outcomes</p> <ul style="list-style-type: none"> • Conduct client consultation, treatment planning and preparation to meet the client’s needs, based on skin types, constraints and client preferences • Perform the make-up procedures using materials, equipment and techniques correctly and safely to meet the needs of the client • Demonstrate various plans followed in simple makeup services • Demonstrate and identify contra-indications and contra-actions that may affect or restrict the services • Practice completing the procedure to the satisfaction of the client in a commercially acceptable time and as per organisational standards • Perform aftercare advice for clients • Practice handling the costume safely, avoiding any additional wrinkles or crumpling; such as saree, lehenga, mekhla, Christian gown, dupatta etc. • Perform costume on customer using correct techniques and without discomfort to the customer
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Make-up, Chair, Trolley, Mirrors, Lighting Foundations, Concealer, Powder, Blusher, Eyeshadow, Mascara, Eye pencil, Liquid liner, Lip liner, Lipstick, Lip gloss, Corrective makeup/ Colored concealer, Brushes, Applicators	

*OJT: 20 Hrs.

Apply air-brush make-up

Mapped to Cosmetologist, BWS/Q0107

Terminal Outcomes:

- Perform air-brush makeup services

Duration: 5:00 Hrs.	Duration: 35:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Identify & select suitable skin care and make-up products to meet the client’s needs; such as by identifying basic skin types and skin tone correctly • Describe the need of cleaning, toning and moisturizing the skin to suit the client’s skin type and needs in the correct sequence, applying correct techniques • Identify & select the Select airbrush make-up products, tools and equipment to suit client treatment needs, skin type and conditions • Explain the role of disposing off waste materials as per organisational standards in a safe and hygienic manner • Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	<ul style="list-style-type: none"> • Conduct client consultation, treatment planning and preparation to meet the client’s needs, based on skin types, constraints and client preferences • Perform the make-up procedures using materials, equipment and techniques correctly and safely to meet the needs of the client • Demonstrate different airbrush make-up designs: contouring, 3D, tattooing, full face day make-up; make-up for bridal, fashion and photographic shoots • Apply different airbrush make-up techniques according to client’s skin type, skin condition and facial structure (colour fading; blending; highlighting; shading; stencilling; masking, freehand; pulsing; back bubbling; even colour washing) • Practice completing the procedure to the satisfaction of the client in a commercially acceptable time and as per organisational standards • Perform aftercare advice for clients
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Make-up, Chair, Trolley, Mirrors, Lighting Foundations, Concealer, Powder, Blusher, Eyeshadow, Mascara, Eye pencil, Liquid liner, Lip liner, Lipstick, Lip gloss, Corrective makeup/ Colored concealer, Brushes, Applicators	

*OJT: 20 Hrs.

Perform manicure and pedicure services

Mapped to Cosmetologist, BWS/Q0107

Terminal Outcomes:

- Carry out pedicure and manicure services

Duration: 05:00 Hrs.	Duration: 15:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Identify the structure, function, and characteristics of nail and the process of nail growth • Identify bones of lower leg, foot, wrist, hands fingers and forearm • Explain the structure and functions of the lymphatic vessels of the lower leg, foot, hand and arm • Explain the arteries and veins of lower leg, foot, hand and arm • Identify muscles of the lower leg, foot, hand and arms • Identify nail diseases and disorder • Explain nail and analyse skin by visual/manual examination to identify treatable conditions and contra-indications restricting or preventing treatment 	<ul style="list-style-type: none"> • Apply safe and effective methods of working when providing services • Perform client consultation, treatment planning and preparation • Demonstrate the process followed in pedicure and manicure services • Demonstrate and identify contra-indications and contra-actions that may affect or restrict the services • Perform aftercare advice for clients
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Anatomy and physiology chart, Manicure Chair/ Stool, Sterilizer Bowls, Manicure brush, Nail Cutter, Cuticle Pusher, Cuticle Nipper, Orange Stick, Nail Filer, Pack Brush, Dustbin, Pedicure Chair/ Stool, Foot Scrapper, Emery Board, Pumic Stone, Toe separator, Pedicure Brush, Pack Brush, Cotton Wool, Remover, Hand and Foot Cream, Scrubber, Cleanser	

*OJT:10 Hrs.

Provide Nail Art Application

Mapped to Cosmetologist, BWS/Q0107

Terminal Outcomes:

- Carry out nail art services

Duration: 10:00 Hrs.	Duration: 30:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Identify the products and tools suitable to carry the nail art procedure • Identify basic contraindications, contra actions of nail art services • Identify nails feature and conditions relevant to nail art and impact on the same • Apply basic techniques of nail art efficiently 	<ul style="list-style-type: none"> • Prepare self, client and the work area for nail art services • Apply basic techniques of nail art efficiently • Perform aftercare advice for clients
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Nail Art Paint, Glitter, Enamel Remover, Adhesive, Stencil or Needle	

*OJT: 10 Hrs.

Maintain health and safety at the workplace

Mapped to Cosmetologist, BWS/Q0107

Terminal Outcomes:

- Describe the application of health and safety practices at the workplace

Duration: 02:00 Hrs.	Duration: 10:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> State the significance of personal protective equipment (PPE) & its efficient supply at work place; PPE such as tissues, antibacterial soaps, alcohol-based hand cleansers, triple layered surgical face masks, gloves, etc. Discuss the importance of maintaining basic hygiene at work place to avoid any kind of cross infection; basic hygiene such as wearing disposable N-95/ triple layered surgical face mask, gloves, apron, washing/ sanitizing hands & taking bath at regular intervals, etc. Explain the importance of maintaining first aid kit at work place Identify and list potential risks and hazards in the workplace 	<ul style="list-style-type: none"> Demonstrate and state significance of maintaining posture and position to minimize fatigue and the risk of injury Demonstrate the method of sterilizing equipment & tools before and after use Prepare, maintain and report accident reports as per organisational policies
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
First Aid kit, Fire Extinguishers, Sterilizers, Hot Cabinets, Waste Disposal, Bins	

Create a positive impression at the workplace

Mapped to Cosmetologist, BWS/Q0107

Terminal Outcomes:

- Describe the importance of personal hygiene and grooming while executing task

Duration: 22:00 Hrs.	Duration: 30:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the importance of maintaining personal hygiene and grooming; such as sanitized hands, neatly tied and covered hair, clean nails, sanitized uniform while engaging with clients with no gender stereotyping, to ensure privacy, comfort and wellbeing of all the genders throughout the services, etc. • List the ways to manage client expectations; such as by identifying new techniques • State the importance of maintaining confidentiality of information while performing documentation of records • Conduct employee awareness program; such as internalization of gender, PwD sensitization on designing PwD friendly workplace 	<ul style="list-style-type: none"> • Demonstrate confidence at the workplace by managing and identifying various business opportunities • Demonstrate the different formats of maintaining documentation of records • Demonstrate the process of client appointment scheduling; pre-bookings and maintaining the work area, equipment, product stocks to meet the schedule • Carry out different & effective ways of communication for clients; clients could be from different culture, religion, age, background, disability, gender; and communication such as email, phone etc. Perform activities related to the financial literacy; such as saving money, opening bank accounts, linking Aadhaar card to bank account, using various e-commerce payment systems, etc.
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
POS Machine	

Consult and advise clients

Mapped to Cosmetologist, BWS/Q0107

Terminal Outcomes:

- Perform consultation and advising services to clients

Duration: 12:00 Hrs.	Duration: 10:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the anatomy of the skin • Identify basic ailments, contraindications, contra actions, treatment plans • Define a suitable treatment plan to meet the client’s needs • Explain the organization’s standards of performance and sequence of services 	<ul style="list-style-type: none"> • Analyse the treatment area, visually and carry out necessary tests • Consult the client by questioning to identify contra-indications to products • Carry out treatments that are suitable to the client after understanding the client's expectation • Confirm to the client the pricing and duration of service and products and address client queries • Carry out effective communication with the client to maintain client’s goodwill trust • Perform after care advice and recommendations to the client • Record the client and treatment details accurately in line with the organization’s policies • Operate by applicable legislation relating to the workplace (for example, health and safety, workplace regulations, use of work equipment, control of substances hazardous to health, handling/storage/ disposal/cautions of use of products, fire precautions, hygiene practice, disposal of waste, environmental protection)
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
NA	

Provide sales and customer services to customers for hair, beauty and wellness product and service sales

Mapped to Cosmetologist, BWS/Q0107

Terminal Outcomes:

- Carry out sales and customer services for hair, beauty and wellness product and service sales

Duration: 12:00 Hrs	Duration: 10:00 Hrs.
<p>Theory – Key Learning Outcomes</p> <ul style="list-style-type: none"> • Explain the structure and function of the skin • Identify characteristics of the skin and skin types of different ethnic client groups • Explain the effect of the natural ageing process on the facial and bleach skin and muscle tone • Identify allergies, contraindications, contra actions,(Erythema) • Explain the structure, function, and types of hair • Explain the structure, function, characteristics of nail and process of nail growth • Identify nail diseases and disorders • Explain nail and skin analysis by visual/manual examination to identify treatable conditions and contra indications restricting or preventing treatment 	<p>Practical – Key Learning Outcomes</p> <ul style="list-style-type: none"> • Apply safe and effective methods of working when providing services • Perform customers consultation, treatment planning and preparation • Demonstrate the process followed in pedicure and manicure services • Demonstrate and identify contra-indications and contra-actions that may affect or restrict the services • Select the tools, materials and products needed for demonstrating make-up and skincare, ,hair care ,spa and nails effectively and hygienically • Carry out a basic skin care, hair care ,spa and nails services treatment • Demonstrate techniques for applying products effectively and hygienically • Perform aftercare advice to customers • Demonstrate the features and benefits of make-up and skin care, hair care, spa and nails services products to customers • Demonstrate service at point of sale in a retail store • Analyse the customers preferences and buying decisions when making retail sales • Demonstrate beauty products to retail customers • Record and maintain the customer record-card system in a retail store • Demonstrate products to customers in a retail environment
<p>Classroom Aids</p> <p>Computer, projector, white board/ flip chart, marker and duster</p>	

Tools, Equipment and Other Requirements

Anatomy and physiology chart, Manicure Chair/ Stool, Sterilizer, Bowls, Manicure brush, Nail Cutter, Cuticle Pusher, Cuticle Nipper, Orange Stick, Nail Filer, Pack Brush, Dustbin, Pedicure Chair/ Stool, Foot Scrapper, Emery Board, Pumic Stone, Toe separator, Pedicure Brush, Pack Brush, Cotton Wool, Remover, Hand and Foot Cream, Scrubber, Cleanser, Make up tools, Mirror, Disposable spatula, Apron, Record book

Optional:

Carry out application of simple mehndi designs

Mapped to Cosmetologist, BWS/Q0107

Terminal Outcomes:

- Carry out application of simple mehndi designs

Duration: 09:00 Hrs.	Duration: 21:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Identify contra-indications and contra-actions for mehndi application • Describe the process of preparing and storing mehndi • Explain the skin sensitivity, its importance and procedure • Identify risks of using sub-standard products • List the significance of providing customer comfort and satisfaction while undergoing the process of mehndi application • Identify the factors impacting resultant colour of the applied mehndi 	<ul style="list-style-type: none"> • Apply right consistency of mehndi mixture • Apply simple design elements used for mehndi designing • Select various parts of the body commonly used for mehndi application • Follow customer service principles including privacy and protection to modesty of the customers • Perform aftercare advice for clients
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Mehndi cones, Mehndi powder, Mehndi Oil, Mehndi Design Books	

Annexure

Trainer Requirements

Trainer Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training Experience		Remarks
		Years	Specialization	Years	Specialization	
12 th pass	Beauty, Makeup & Hair OR NSQF Level -5 Senior Beauty Therapist, Senior Hair Dresser & Stylist and Bridal, Fashion & Portfolio Makeup Artist	3	Beauty, Makeup & Hair	1	N.A	

Trainer Certification	
Domain Certification	Platform Certification
BWS/Q0107, V1.0 Trainer Minimum accepted score is 80%	BWS/Q2601, V1.0 Trainer Minimum accepted score is 80%

Assessor Requirements

Assessor Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Trainer/Assessment Experience		Remarks
		Years	Specialization	Years	Specialization	
12 th pass	Beauty, Makeup & Hair OR NSQF Level -5 Senior Beauty Therapist, Senior Hair Dresser & Stylist and Bridal, Fashion & Portfolio Makeup Artist	4	Beauty, Makeup & Hair	2	N.A	N.A

Assessor Certification	
Domain Certification	Platform Certification
BWS/Q0107, V1.0 Assessor Minimum accepted score is 80%	BWS/Q2701, V1.0 Assessor Minimum accepted score is 80%

Assessment Strategy

Assessment system Overview

Assessment will be carried out by assessment partners with no link to training partners. Based on the results of assessment, B&WSSC will certify the learners. Assessor has to pass assessment of theoretical knowledge of the job role and approved by B&WSSC.

The assessment will have both theory and practical components in 20:80 ratios. While theory assessment is summative and a written exam; practical will involve demonstrations of applications and presentations of procedures and other components. Practical assessment will also be summative in nature.

Testing Environment

Training partner has to share the batch start date and end date, number of trainees and the job role.

Assessment will be fixed for a day after the end date of training. It could be next day or later. Assessment will be conducted at the training venue.

Room where assessment is conducted will be set with proper seating arrangements with enough space to prevent copying.

Question bank of theory and practical will be prepared by assessment agency and approved B&WSSC. From this set of questions, assessment agency will prepare the question paper. Theory testing will include multiple choice questions, pictorial question, etc. which will test the trainee on his theoretical knowledge of the subject.

The theory and practical assessments will be carried out on same day. The question paper is pre-loaded in the computer (in case of online assessment) and it will be in the language requested by the training partner.

Presentation will be one mode of assessment and so computers and LDC projector will be available for assessment. Viva will also be used to gauge trainee's confidence and correct knowledge in handling job situations.

Assessment Quality Assurance framework

Assessor has to go through orientation program organized by Assessment Agency. The training would give an overview to the assessors on the overall framework of QP evaluation. Assessor shall be given a NOS and PC level overview of each QP as applicable. Overall structure of assessment and objectivity of the marking scheme will be explained to them.

The giving of marks will be driven by an objective framework which will maintain standardization of marking scheme.

In case of many candidates to be accommodated in one venue for theory assessment, caution is taken not to let the candidates who competed test meet those who have not. Once the first batch has moved out of the knowledge based assessment area, the second batch must be taken from the main waiting area and seated in the respective seats for their knowledge based assessment.

For practical, the instructions for taking the test are clearly written on the board in the lab or shared with the candidates verbally.

The assessment will be video recorded and submitted to B&WSSC. The training partner will intimate the time of arrival of the assessor and time of leaving the venue.

Methods of Validation

Unless the trainee is registered, the person cannot undergo assessment. To further ensure that the person registered is the person appearing for assessment, id verification will be carried out. Aadhar card number is part of registering the candidate for training. This will form the basis of further verification during the assessment.

Assessor conducts the assessment in accordance with the assessment guidelines and question bank as per the job role.

The assessor carries tablet with the loaded questions. This tablet is geotagged and so it is monitored to check their arrival and completion of assessment.

Video of the practical session is prepared and submitted to B&WSSC.

Random spot checks/audit is conducted by B&WSSC assigned persons to check the quality of assessment.

Assessment agency will be responsible to put details in SIP.

B&WSSC will also validate the data and result received from the assessment agency.

Method of assessment documentation and access

The assessment agency will upload the result of assessment in the portal. The data will not be accessible for change by the assessment agency after the upload. The assessment data will be validated by B&WSSC assessment team. After upload, only B&WSSC can access this data. B&WSSC approves the results within a week and uploads on SIP.

References

Glossary

Term	Description
Declarative Knowledge	Declarative knowledge refers to facts, concepts and principles that need to be known and/or understood in order to accomplish a task or to solve a problem.
Key Learning Outcome	Key learning outcome is the statement of what a learner needs to know, understand and be able to do in order to achieve the terminal outcomes. A set of key learning outcomes will make up the training outcomes. Training outcome is specified in terms of knowledge, understanding (theory) and skills (practical application).
OJT (M)	On-the-job training (Mandatory); trainees are mandated to complete specified hours of training on site
OJT (R)	On-the-job training (Recommended); trainees are recommended the specified hours of training on site
Procedural Knowledge	Procedural knowledge addresses how to do something, or how to perform a task. It is the ability to work, or produce a tangible work output by applying cognitive, affective or psychomotor skills.
Training Outcome	Training outcome is a statement of what a learner will know, understand and be able to do upon the completion of the training .
Terminal Outcome	Terminal outcome is a statement of what a learner will know, understand and be able to do upon the completion of a module . A set of terminal outcomes help to achieve the training outcome.

Acronyms and Abbreviations

Term	Description
QP	Qualification Pack
NSQF	National Skills Qualification Framework
NSQC	National Skills Qualification Committee
NOS	National Occupational Standards