



Model Curriculum

QP Name: Master Wellness Neurotherapist

QP Code: BWS/Q2303

QP Version: 2.0

NSQF Level: 5

Model Curriculum Version: 2.0

Beauty & Wellness Sector Skill Council
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Training Parameters

Sector	Beauty & Wellness
Sub-Sector	Alternate Therapy & Rejuvenation
Occupation	Neurotherapy Services
Country	India
NSQF Level	5
Aligned to NCO/ISCO/ISIC Code	NCO-2015/NIL
Minimum Educational Qualification and Experience	NSQF Level-4 course (Senior Wellness Neurotherapist) with 2 years of relevant experience
Pre-Requisite License or Training	-
Minimum Job Entry Age	20 years
Last Reviewed On	08-04-2021
Next Review Date	08-04-2024
NSQC Approval Date	31-08-2021
QP Version	2.0
Model Curriculum Creation Date	08-04-2021
Model Curriculum Valid Up to Date	08-04-2024
Model Curriculum Version	2.0
Minimum Duration of the Course	540:00 Hrs.
Maximum Duration of the Course	540:00 Hrs.

Program Overview

This section summarizes the end objectives of the program along with its duration.

Training Outcomes

At the end of the program, the learner will be able to:

- Explain the objectives of the program
- List the career opportunities and projected growth as master wellness neurotherapist
- Explain the roles & responsibilities of a master wellness neurotherapist
- Carry out preparation and maintenance of work area
- Carry out neurotherapy procedure as per recommendation
- Examine relevant discomfort points in the body, recommend appropriate procedure requirements
- Perform assessing client's mental and physical well-being conditions and arrive at an appropriate neurotherapy procedure based on the results of the assessment
- Perform mentoring or coaching wellness neurotherapists in their personal development plans, create progressive career paths and provide learning guide.
- Describe the application of health and safety practices at the workplace
- Describe the importance of personal hygiene and grooming while executing task

Compulsory Modules

The table lists the modules, their duration and mode of delivery.

NOS and Module Details	Theory Duration	Practical Duration	On-the-Job Training Duration (Mandatory)	On-the-Job Training Duration (Recommended)	Total Duration
Introduction to the program and the role of a Master Wellness Neurotherapist	4	0			4
BWS/N2301- Prepare & Maintain the work area for neurotherapy procedures V2.0, NSQF Level 5	16	20	–	–	36
Prepare and maintain work area for neurotherapy procedures	16	20	–	–	36
BWS/N2302- Carry out neurotherapy procedure as per recommendation V2.0, NSQF Level 5	20	70	50	–	140

Carry out neurotherapy procedure as per recommendation	20	70	50	–	140
BWS/N2303- Assess client’s needs and recommend appropriate neurotherapy procedures for increased comfort and enhanced fitness V2.0, NSQF Level 5	20	50	50	–	120
Assess client’s needs and recommend appropriate neurotherapy procedures for increased comfort and enhanced fitness	20	50	50	–	120
BWS/N2305- Mental well-being counselling and antarmukhikriya procedure V2.0, NSQF Level 5	25	60	50	–	135
Mental well-being counselling and antarmukhikriya procedure	25	60	50	–	135
BWS/N9907- Use basic health and safety practices in neurotherapy workplace V2.0, NSQF Level 5	10	30	–	–	40
Use basic health and safety practices in neurotherapy workplace	10	30	–	–	40
BWS/N2304- Mentor or coach subordinate neurotherapists to improve work performance V2.0, NSQF Level 5	25	40	–	–	65

Mentor or coach subordinate neurotherapists to improve work performance	25	40	–	–	65
Total Duration	120:00	270:00	150:00	–	540:00 Hrs.

Module Details

Introduction to the program and the role of a master wellness neurotherapist

Terminal Outcomes:

- Explain the objectives of the program
- List the career opportunities and projected growth as a master wellness neurotherapist
- Explain the roles & responsibilities of a master wellness neurotherapist

Duration: 04:00 Hrs.	Duration: 00:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the objectives of the program • List the career opportunities and projected growth in wellness services • Explain the concept, history and evolution of wellness neurotherapy • Describe various methodology used in wellness neurotherapy • List the benefits of wellness neurotherapy 	
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
NA	

Prepare and maintain the work area for neurotherapy procedures

Mapped to Master Wellness Neurotherapist, BWS/Q2303

Terminal Outcomes:

- Carry out preparation and maintenance of work area

Duration: 16:00 Hrs.	Duration: 20:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Discuss the significance of maintaining hygienic, safe, disinfected and suitable ambient conditions for all types of client’s at work place; such as by using air purifiers to reduce dust, dander, smoke, allergens & odour resulting in a healthier, fresher & cleaner environment and restructuring the workplace set-up by keeping a minimum distance of 2 meters in between two clientele, practicing social distancing by avoiding handshakes/ hugs to co-workers/ clientele, etc. • Identify and prepare equipment & products required for the respective services • Discuss the instructions required in preparing a sterilization solution as per organizational standards using approved products and as per manufacturer’s and checking leakages • Identify need of segregating recyclable, non-recyclable and hazardous waste generated in separate bin • Conduct employee awareness program; such as for COVID-19 by displaying posters/ signage’s promoting regular hand-washing and respiratory hygiene in the premises 	<ul style="list-style-type: none"> • Demonstrate placing disposable sheet on a sanitized area and organize the sterilized/ disinfected products on it for service delivery; tools such as towels, durries, etc. • Demonstrate disposing of waste in the designated area at work place; waste materials such as disposable triple layered surgical face mask, disposable gloves, etc. • Demonstrate the use of electrical equipment while providing services and its proper maintenance when not in use • Prepare reports of materials and equipment securely in line with the organisational policies • Apply digital mode of payment to lessen any kind of cross infection; digital mode such as use of debit/credit cards, internet banking, mobile wallets, digital payment apps, etc.
Classroom Aids	
Computer, Projector, White Board/ Flip Chart, Marker and Duster	
Tools, Equipment and Other Requirements	
Anatomy & Physiology Charts, Appropriate Footwear, Lab Coat, Mask, Gloves, Headgear, Apron, Support Stands, Weighing Scale, Towels, Bed, Pillow, Mattress, Clean Linen, Sanitiser, and Dustbin.	

Carry out neurotherapy procedure as per recommendation

Mapped to Master Wellness Neurotherapist, BWS/Q2303

Terminal Outcomes:

- Carry out neurotherapy procedure as per recommendation

Duration: 20:00 Hrs.	Duration: 70:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the importance of setting-up workplace as per procedural requirement and organisational standards • Discuss about the neurotherapy procedure & requirements recommended for different customers; such as by checking that there are no new symptoms or conditions that may require attention prior to procedure & declining procedures where any new symptoms warrant further requirement or medical attention by informing the customer politely, for e.g. open wounds, fracture indicated by increasing swelling, unusual tenderness, etc. 	<ul style="list-style-type: none"> • Apply appropriate massage techniques; such as feather touch or light massage, deep tissue massage • Apply pressure as per specifications in the recommendation and standard practice in line with organisational and referenced standards; such as target bodily points (area) for massaging, duration, direction, number of repetitions, extent of pressure, etc. • Carry out the procedure sequence within acceptable time frames as per organisational standards • Perform providing customer feedback, request or complaint regarding the environment as per the appropriate level of resolution or organisational standards • Carry out maintaining the records as required post procedure, in line with organisational standards
Classroom Aids	
Computer, Projector, White Board/ Flip chart, Marker and Duster	
Tools, Equipment and Other Requirements	
Appropriate Footwear, Lab Coat, Mask, Gloves, Headgear, Apron, Support Stands, Weighing Scale, Towels, Bed, Pillow, Mattress, Clean Linen, Sanitiser, Dustbin, Talcum Powder, and Record Book	

*OJT: 50 Hours

Assess client's needs and recommend appropriate neurotherapy procedures for increased comfort and enhanced fitness

Mapped to Master Wellness Neurotherapist, BWS/Q2303

Terminal Outcomes:

- Examine relevant discomfort points in the body and recommend appropriate procedure requirements

Duration: 20:00 Hrs.	Duration: 50:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> Explain the importance of document client's past and current health history Identify client's need and recommend procedure Identify the appropriate type of procedure and schedule to be prepared in accordance with the assessment result; such as acid procedure, alkali procedure, old 'nabhi set' procedure, etc. 	<ul style="list-style-type: none"> Perform & ensure that the procedure schedule consists of required specifications relevant to the client's need assessment Apply various tools, equipment and materials required to carry out assessment of client's well-being Apply suitable diet, lifestyle changes and appropriate postures to the client
Classroom Aids	
Computer, Projector, White board/ Flip chart, Marker and Duster	
Tools, Equipment and Other Requirements	
Appropriate Footwear, Lab Coat, Mask, Gloves, Headgear, Apron, Sanitiser, Dustbin, Bed, Record Book, Feedback Booklet, Sphygmomanometer, Weighing Scale, Thermometer, Height Measuring Instrument and Oxymeter	

*OJT: 50 Hours

Mental well-being counselling and antarmukhikriya procedure

Mapped to Master Wellness Neurotherapist, BWS/Q2303

Terminal Outcomes:

- Perform assessing client's mental and physical well-being conditions and arrive at an appropriate neurotherapy procedure based on the results of the assessment

Duration: 25:00 Hrs.	Duration: 60:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the significance of assessing state of client's mental well-being • Explain & guide senior wellness neurotherapist in recommending appropriate procedure and schedule based on client's well-being assessment • List & explain various types of diet plan • Explain the importance of maintaining personal hygiene and grooming; such as sanitized hands, neatly tied and covered hair, clean nails, sanitized uniform while engaging with clients with no gender stereotyping, to ensure privacy, comfort and wellbeing of all the genders throughout the services, etc. 	<ul style="list-style-type: none"> • Apply use of approved techniques to carry out procedure as per organization required quality standards; such as tejas kriya, sanjeevani kriya, etc. • Demonstrate the different ways of counselling and motivating client's to regain positivity in personal, social and professional life • Carry out different & effective ways of communication for clients; clients could be from different culture, religion, age, background, disability, gender; and communication such as email, phone etc.
Classroom Aids	
Computer, Projector, White board/ Flip chart, Marker and Duster	
Tools, Equipment and Other Requirements	
Appropriate Footwear, Lab Coat, Mask, Gloves, Headgear, Apron, Sanitiser, and Bed	

*OJT: 50 Hours

Mentor or coach subordinate neurotherapists to improve work performance

Mapped to Master Wellness Neurotherapist, BWS/Q2303

Terminal Outcomes:

- Mentor or coach wellness neurotherapists in their personal development plans, create progressive career paths and provide learning guide.

Duration: 25:00 Hrs.	Duration: 40:00 Hrs.
<p>Theory – Key Learning Outcomes</p> <ul style="list-style-type: none"> • Identify individual needs and expectations related to the work • Identify learning objectives of the mentoring programme • Identify appropriate delivery methods based on the type of target subordinates (demonstration, experiential learning, etc.) • Apply appropriate techniques while carrying out mentoring or coaching • Monitor their progress at work and provide timely feedback to enable them improve on their performance • Explain the importance of maintaining personal hygiene and grooming; such as sanitized hands, neatly tied and covered hair, clean nails, sanitized uniform while engaging with clients with no gender stereotyping, to ensure privacy, comfort and wellbeing of all the genders throughout the services, etc. • List the ways to manage client expectations; such as by identifying new techniques • State the importance of maintaining confidentiality of information while performing documentation of records • Conduct employer & employee awareness program; such as internalization of gender, PwD sensitization on designing PwD friendly workplace 	<p>Practical – Key Learning Outcomes</p> <ul style="list-style-type: none"> • Develop suitable plans agreeable to subordinates within their scope of work • Apply appropriate techniques while carrying out mentoring or coaching • Demonstrate the different formats of maintaining documentation of records • Demonstrate the process of client appointment scheduling; pre-bookings and maintaining the work area, equipment, product stocks to meet the schedule • Carry out different & effective ways of communication for clients; clients could be from different culture, religion, age, background, disability, gender; and communication such as email, phone etc.
Classroom Aids	
Computer, Projector, White board/ Flip chart, Marker and Duster	
Tools, Equipment and Other Requirements	
NA	

Use basic health and safety practices in neurotherapy workplace

Mapped to Master Wellness Neurotherapist, BWS/Q2303

Terminal Outcomes:

- Describe the application of health and safety practices at the workplace

Duration: 10:00 Hrs.	Duration: 30:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> State the significance of personal protective equipment (PPE) & its efficient supply at work place; PPE such as tissues, antibacterial soaps, alcohol-based hand cleansers, triple layered surgical face masks, gloves, etc. Discuss the importance of maintaining basic hygiene at work place to avoid any kind of cross infection; basic hygiene such as wearing disposable N-95/ triple layered surgical face mask, gloves, apron, washing/ sanitizing hands & taking bath at regular intervals, etc. Explain the importance of maintaining first aid kit at work place Identify and list potential risks and hazards in the workplace 	<ul style="list-style-type: none"> Demonstrate and state significance of maintaining posture and position to minimize fatigue and the risk of injury Demonstrate the method of sterilizing equipment & tools before and after use Prepare, maintain and report accident reports as per organisational policies
Classroom Aids	
Computer, Projector, White board/ Flip chart, Marker and Duster	
Tools, Equipment and Other Requirements	
Sanitiser, Tissue Paper, Wipes, Mask Wiper, Bucket, Sanitiser and Dustbin	

Annexure

Trainer Requirements

Trainer Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training Experience		Remarks
		Years	Specialization	Years	Specialization	
Graduate (Science) with Advance Diploma in Neurotherapy	Neurotherapy	3	Neurotherapy	2	In Wellness industry	Diploma should be minimum of 6 months period followed by Advanced Diploma of minimum 3 months

Trainer Certification	
Domain Certification	Platform Certification
BWS/Q2303, V2.0 Trainer Minimum accepted score is 80%	MEP/Q2601, V1.0 Trainer Minimum accepted score is 80%

Assessor Requirements

Assessor Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training/Assessment Experience		Remarks
		Years	Specialization	Years	Specialization	
Graduate (Science) with Advance Diploma in Neurotherapy	Neurotherapy	5	Neurotherapy	2	In Wellness industry	Diploma should be minimum of 6 months period followed by Advanced Diploma of minimum 3 months

Assessor Certification	
Domain Certification	Platform Certification
BWS/Q2303, V2.0 Assessor Minimum accepted score is 80%	MEP/Q2701, V1.0 Assessor Minimum accepted score is 80%

Assessment Strategy

Assessment system Overview

Assessment will be carried out by assessment partners with no link to training partners. Based on the results of assessment, B&WSSC will certify the learners. Assessor has to pass assessment of theoretical knowledge of the job role and approved by B&WSSC.

The assessment will have both theory and practical components in 25:75 ratio. While theory assessment is summative and a written exam; practical will involve demonstrations of applications and presentations of procedures and other components. Practical assessment will also be summative in nature.

Testing Environment

Training partner has to share the batch start date and end date, number of trainees and the job role.

Assessment will be fixed for a day after the end date of training. It could be next day or later. Assessment will be conducted at the training venue.

Room where assessment is conducted will be set with proper seating arrangements with enough space to prevent copying.

Question bank of theory and practical will be prepared by assessment agency and approved B&WSSC. From this set of questions, assessment agency will prepare the question paper. Theory testing will include multiple choice questions, pictorial question, etc. which will test the trainee on his theoretical knowledge of the subject.

The theory and practical assessments will be carried out on same day. The question paper is pre-loaded in the computer (incase of online assessment) and it will be in the language requested by the training partner.

Presentation will be one mode of assessment and so computers and LDC projector will be available for assessment. Viva will also be used to gauge trainee's confidence and correct knowledge in handling job situations.

Assessment Quality Assurance framework

Assessor has to go through orientation program organized by Assessment Agency. The training would give an overview to the assessors on the overall framework of QP evaluation. Assessor shall be given a NOS and PC level overview of each QP as applicable. Overall structure of assessment and objectivity of the marking scheme will be explained to them.

The giving of marks will be driven by an objective framework which will maintain standardization of marking scheme.

In case of many candidates to be accommodated in one venue for theory assessment, caution is taken not to let the candidates who completed test meet those who have not. Once the first batch has moved out of the knowledge based assessment area, the second batch must be taken from the main waiting area and seated in the respective seats for their knowledge based assessment.

For practical, the instructions for taking the test are clearly written on the board in the lab or shared with the candidates verbally.

The assessment will be video recorded and submitted to B&WSSC. The training partner will intimate the time of arrival of the assessor and time of leaving the venue.

Methods of Validation

Unless the trainee is registered, the person cannot undergo assessment. To further ensure that the person registered is the person appearing for assessment, id verification will be carried out. Aadhar card number is part of registering the candidate for training. This will form the basis of further verification during the assessment.

Assessor conducts the assessment in accordance with the assessment guidelines and question bank as per the job role.

The assessor carries tablet with the loaded questions. This tablet is geotagged and so it is monitored to check their arrival and completion of assessment.

Video of the practical session is prepared and submitted to B&WSSC.

Random spot checks/audit is conducted by B&WSSC assigned persons to check the quality of assessment.

Assessment agency will be responsible to put details in SIP.

B&WSSC will also validate the data and result received from the assessment agency.

Method of assessment documentation and access

The assessment agency will upload the result of assessment in the portal. The data will not be accessible for change by the assessment agency after the upload. The assessment data will be validated by B&WSSC assessment team. After upload, only B&WSSC can access this data. B&WSSC approves the results within a week and uploads on SIP.



References

Glossary

Term	Description
Declarative Knowledge	Declarative knowledge refers to facts, concepts and principles that need to be known and/or understood in order to accomplish a task or to solve a problem.
Key Learning Outcome	Key learning outcome is the statement of what a learner needs to know, understand and be able to do in order to achieve the terminal outcomes. A set of key learning outcomes will make up the training outcomes. Training outcome is specified in terms of knowledge, understanding (theory) and skills (practical application).
OJT (M)	On-the-job training (Mandatory); trainees are mandated to complete specified hours of training on site
OJT (R)	On-the-job training (Recommended); trainees are recommended the specified hours of training on site
Procedural Knowledge	Procedural knowledge addresses how to do something, or how to perform a task. It is the ability to work, or produce a tangible work output by applying cognitive, affective or psychomotor skills.
Training Outcome	Training outcome is a statement of what a learner will know, understand and be able to do upon the completion of the training.
Terminal Outcome	Terminal outcome is a statement of what a learner will know, understand and be able to do upon the completion of a module. A set of terminal outcomes help to achieve the training outcome.

Acronyms and Abbreviations

Term	Description
QP	Qualification Pack
NSQF	National Skills Qualification Framework
NSQC	National Skills Qualification Committee
NOS	National Occupational Standards