



Model Curriculum

QP Name: Pedicurist and Manicurist

QP Code: BWS/Q0402

QP Version: 3.0

NSQF Level: 3

Model Curriculum Version: 3.0

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Training Parameters

Sector	Beauty & Wellness
Sub-Sector	Beauty and Salons
Occupation	Nailcare Services
Country	India
NSQF Level	3
Aligned to NCO	NCO-2015/5142.0201
Minimum Educational Qualification and Experience	Class VIII and No minimum experience is mandatory
Pre-Requisite License or Training	NA
Minimum Job Entry Age	16 years
Last Reviewed On	08-04-2021
Next Review Date	08-04-2024
NSQC Approval Date	31-08-2021
QP Version	3.0
Model Curriculum Creation Date	08-04-2021
Model Curriculum Valid Up to Date	08-04-2024
Model Curriculum Version	3.0
Minimum Duration of the Course	240:00 Hrs.
Maximum Duration of the Course	270:00 Hrs.

Program Overview

This section summarizes the end objectives of the program along with its duration.

Training Outcomes

At the end of the program, the learner will be able to:

- Explain the objectives of the program
- List the career opportunities and projected growth in nailcare services
- Explain the roles & responsibilities of a nailcare assistant
- Carry out preparation and maintenance of work area
- Describe the application of health and safety practices at the workplace
- Describe the importance of personal hygiene and grooming while executing task
- Carry out manicure and pedicure services
- Carry out specialized hand and foot spa treatments
- Perform shampooing and conditioning of hair and scalp
- Carry out Indian head massage
- Carry out application of simple mehndi designs

Compulsory Modules

The table lists the modules, their duration and mode of delivery.

NOS and Module Details	Theory Duration	Practical Duration	On-the-Job Training Duration (Mandatory)	On-the-Job Training Duration (Recommended)	Total Duration
Introduction to the program and the role of pedicurist and manicurist	1	0	–	–	1
BWS/N9001- Prepare & Maintain the work area V3.0, NSQF Level 3	1	10	–	–	11
Prepare and maintain work area	1	10	–	–	11
BWS/N0401- Perform manicure and pedicure services V3.0, NSQF Level 3	10	40	30	–	80
Perform manicure and pedicure services	10	40	30	–	80
BWS/N0403- Provide specialized hand and foot spa services V3.0, NSQF Level 3	8	30	–	–	38

Provide specialized hand and foot spa services	8	30	–	–	38
BWS/N0202- Shampoo and condition hair and scalp V3.0, NSQF Level 3	8	20	–	–	28
Shampoo and condition hair and scalp	8	20	–	–	28
BWS/N0417- Provide Indian head Massage V3.0, NSQF Level 3	8	10	–	–	18
Provide Indian head massage	8	10	–	–	18
BWS/N9002- Maintain health and safety at the workplace V3.0, NSQF Level 3	2	10	–	–	12
Maintain health and safety at the workplace	2	10	–	–	12
BWS/N9003- Create a positive impression at the workplace V3.0, NSQF Level 3	22	30	–	–	52
Appearance and Behavior	7	10	–	–	17
Task execution as per organization's standards	7	10	–	–	17
Communication and Information record	8	10	–	–	18
Total Duration	60:00	150:00	30	–	240:00 Hrs.

Optional Modules

The table lists the modules, their duration and mode of delivery.

NOS and Module Details	Theory Duration	Practical Duration	On-the-Job Training Duration (Mandatory)	On-the-Job Training Duration (Recommended)	Total Duration
BWS/N0127- Carry out application of simple mehndi designs V3.0, NSQF Level 3	9	21	–	–	30
Carry out	9	21	–	–	30



application of simple mehndi designs					
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Module Details

Introduction to the program and the role of Pedicurist and Manicurist

Terminal Outcomes:

- Explain the objectives of the program
- Explain the roles & responsibilities of Pedicurist and Manicurist
- List the career opportunities in nailcare service

Duration: 01:00 Hrs.	Duration: <hh:mm>
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the objectives of the program • State the roles & responsibilities of Pedicurist and Manicurist • List the career opportunities in nailcare service • Discuss about the projected growth in nailcare service 	
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
N.A	

Prepare and maintain work area

Mapped to Pedicurist and Manicurist, BWS/Q0402

Terminal Outcomes:

- Carry out preparation and maintenance of work area

Duration: 01:00 Hrs.	Duration: 10:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Discuss the significance of maintaining hygienic, safe, disinfected and suitable ambient conditions at work place; such as by using air purifiers to reduce dust, dander, smoke, allergens & odour resulting in a healthier, fresher & cleaner environment and restructuring the workplace set-up by keeping a minimum distance of 2 meters in between two clientele, practicing social distancing by avoiding handshakes/ hugs to co-workers/ clientele, etc. • Identify and prepare equipment & products required for the respective session • Discuss the instructions required in preparing a sterilization solution as per organizational standards using approved products and as per manufacturer's and checking leakages • Identify need of segregating recyclable, non-recyclable and hazardous waste generated in separate bin • Conduct employee awareness program; such as for COVID-19 by displaying posters/ signage's promoting regular hand-washing and respiratory hygiene in the premises 	<ul style="list-style-type: none"> • Demonstrate organizing the sterilized/ disinfected equipment for a service delivery; equipment such as bowls, cotton etc. • Demonstrate disposing of waste in the designated area at work place; waste materials such as disposable triple layered surgical face mask, disposable gloves, etc. • Demonstrate the use of electrical equipment while providing services and its proper maintenance when not in use • Prepare reports of materials and equipment securely in line with the organisational policies • Apply digital mode of payment to lessen any kind of cross infection; digital mode such as use of debit/credit cards, internet banking, mobile wallets, digital payment apps, etc.
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Manicure Table, Pedicure Stations, First Aid Kit, Fire Extinguishers, Sterilizers, Waste disposal Bins, Record book, Bowls, Chair, Cotton, Masks, Aprons, Towels, Hand Sanitizer, etc.	

Perform manicure and pedicure services

Mapped to Pedicurist and Manicurist, BWS/Q0402

Terminal Outcomes:

- Carry out pedicure and manicure services

Duration: 10:00 Hrs.	Duration: 40:00 Hrs.
<p>Theory – Key Learning Outcomes</p> <ul style="list-style-type: none"> • Identify the structure, function, and characteristics of nail and the process of nail growth • Identify bones of lower leg, foot, wrist, hands fingers and forearm • Explain the structure and functions of the lymphatic vessels of the lower leg, foot, hand and arm • Explain the arteries and veins of lower leg, foot, hand and arm • Identify muscles of the lower leg, foot, hand and arms • Identify nail diseases and disorder • Explain nail and analyse skin by visual/manual examination to identify treatable conditions and contra-indications restricting or preventing treatment 	<p>Practical – Key Learning Outcomes</p> <ul style="list-style-type: none"> • Apply safe and effective methods of working when providing services • Perform client consultation, treatment planning and preparation • Demonstrate the process followed in pedicure and manicure services • Demonstrate and identify contra-indications and contra-actions that may affect or restrict the services • Perform aftercare advice for clients
<p>Classroom Aids</p> <p>Computer, projector, white board/ flip chart, marker and duster</p>	
<p>Tools, Equipment and Other Requirements</p> <p>Manicure Chair, Manicure Stool, Sterilizer, Bowls, Manicure Brush, Nail Cutter, Cuticle Pusher, Cuticle Nipper, Orange Stick, Nail Filer, Pack Brush, Dust Bin, Pedicure Chair, Pedicure Stool, Foot Crapper, Emery Board, Pumice Stone, Toe Separator, Pedicure Brush, Table Lamp, Nail Station, Client’s Chair, Technician Stool, Safety Glasses, Dust Mask, Disposable Apron, Metal Bin With Lid, Towels, Disposable Paper Roll, Wipes, Nail Scissors, Stiff-Bristled Nail Brush, Product Application Brush, Selection of Files, Hand Sanitizer, and Towels</p>	

*OJT: 40 Hours

Provide specialized hand and foot spa services

Mapped to Pedicurist and Manicurist, BWS/Q0402

Terminal Outcomes:

- Carry out specialized hand and foot spa treatments

Duration: 08:00 Hrs.	Duration: 30:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • List & explain about the various specialized hand and foot spa treatments • Identify the properties and benefits of different products and techniques used in hand and foot spa 	<ul style="list-style-type: none"> • Apply spa or salon requirements for hand spa and foot spa treatments • Prepare the client, self and work area for hand and foot spa treatments • Carry out hand and foot spa treatments
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Manicure Chair/ Stool, Sterilizer Bowls, Manicure Brush, Nail Cutter, Cuticle Pusher, Cuticle Nipper, Orange Stick, Nail Filer, Pack Brush, Dustbin, Pedicure Chair/ Stool, Foot Scrapper, Emery Board, Pumic Stone, Toe Separator, Pedicure Brush, Pack Brush, Cotton Wool, Remover, Hand and Foot Cream	

Shampoo and condition hair and scalp

Mapped to Pedicurist and Manicurist, BWS/Q0402

Terminal Outcomes:

- Perform shampooing and conditioning of hair and scalp

Duration: 08:00 Hrs.	Duration: 20:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Identify the condition of the hair and scalp using suitable consultation techniques • Select and use products, tools and equipment suitable for the client’s hair and scalp condition 	<ul style="list-style-type: none"> • Carry out the shampooing and conditioning service on the hair and scalp • Apply different massage techniques to meet the needs of the client • Perform aftercare advice for clients
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Shampoo Station, Shampoo, Conditioner, Towels, Tooth Comb	

Provide Indian head massage

Mapped to Pedicurist and Manicurist, BWS/Q0402

Terminal Outcomes:

- Carry out Indian head massage

Duration: 08:00 Hrs.	Duration: 10:00 Hrs.
<p>Theory – Key Learning Outcomes</p> <ul style="list-style-type: none"> • Identify the condition of the hair and scalp and provide the suitable services; conditions such as hair structure and hair shaft • Select suitable products, tools and equipment based on the clients hair and scalp condition • Explain the benefits of Indian head massage • Identify & list the consequences of using incorrect products • Identify the contra-indications that may affect service plan and relevant actions 	<p>Practical – Key Learning Outcomes</p> <ul style="list-style-type: none"> • Prepare self, client and the work area for head massage • Apply various massage techniques to complete the service as required • Carry out post massage services or procedures in accordance with the requirements of products, skin, hair structure and type • Perform recording details of the service accurately as per organisational policy and procedures • Carry out disposing of all the waste safety according to the salon’s standards of hygiene and safety • Perform aftercare advice for clients
<p>Classroom Aids</p> <p>Computer, projector, white board/ flip chart, marker and duster</p>	
<p>Tools, Equipment and Other Requirements</p> <p>Hair Clips, Hair Band, Spatula, Towels, Waterproof Disposable Sheets, Bin, Trolley, Stool/ Chair, Bowl, Magnifying Lamp, Cotton wool, Tissues, Cotton Buds, Mirror, Oils (organic sesame, coconut, almond, olive, mustard), Cream, etc.</p>	

Maintain health and safety at the workplace

Mapped to Pedicurist and Manicurist, BWS/Q0402

Terminal Outcomes:

- Describe the application of health and safety practices at the workplace

Duration: 02:00 Hrs.	Duration: 10:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • State the significance of personal protective equipment (PPE) & its efficient supply at work place; PPE such as tissues, antibacterial soaps, alcohol-based hand cleansers, triple layered surgical face masks, gloves, etc. • Discuss the importance of maintaining basic hygiene at work place to avoid any kind of cross infection; basic hygiene such as wearing disposable N-95/ triple layered surgical face mask, gloves, apron, washing/ sanitizing hands & taking bath at regular intervals, etc. • Explain the importance of maintaining first aid kit at work place • Identify and list potential risks and hazards in the workplace 	<ul style="list-style-type: none"> • Demonstrate and state significance of maintaining posture and position to minimize fatigue and the risk of injury • Demonstrate the method of sterilizing equipment & tools before and after use • Prepare, maintain and report accident reports as per organisational policies
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
First Aid Kit, Fire Extinguishers, Sterilizers, Hot Cabinets, Waste Disposal Bins, etc.	

Create a positive impression at the workplace

Mapped to Pedicurist and Manicurist, BWS/Q0402

Terminal Outcomes:

- Describe the importance of personal hygiene and grooming while executing task

Duration: 22:00 Hrs.	Duration: 30:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> Explain the importance of maintaining personal hygiene and grooming; such as sanitized hands, neatly tied and covered hair, clean nails, sanitized uniform while engaging with clients with no gender stereotyping, to ensure privacy, comfort and wellbeing of all the genders throughout the services, etc. List the ways to manage client expectations; such as by identifying new techniques State the importance of maintaining confidentiality of information while performing documentation of records Conduct employee awareness program; such as internalization of gender, PwD sensitization on designing PwD friendly workplace 	<ul style="list-style-type: none"> Demonstrate confidence at the workplace by managing and identifying various business opportunities Demonstrate the different formats of maintaining documentation of records Demonstrate the process of client appointment scheduling; pre-bookings and maintaining the work area, equipment, product stocks to meet the schedule Carry out different & effective ways of communication for clients; clients could be from different culture, religion, age, background, disability, gender; and communication such as email, phone etc. Perform activities related to the financial literacy; such as saving money, opening bank accounts, linking Aadhaar card to bank account, using various e-commerce payment systems, etc.
Classroom Aids	
Computer, Projector, White Board/ Flip Chart, Marker and Duster	
Tools, Equipment and Other Requirements	
POS Machine	

Optional: Carry out application of simple mehndi designs

Mapped to Pedicurist and Manicurist, BWS/Q0402

Terminal Outcomes:

- Carry out application of simple mehndi designs

Duration: 05:00 Hrs.	Duration: 15:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Identify contra-indications and contra-actions for mehndi application • Describe the process of preparing and storing mehndi • Explain the skin sensitivity, its importance and procedure • Identify risks of using sub-standard products • List the significance of providing customer comfort and satisfaction while undergoing the process of mehndi application • Identify the factors impacting resultant colour of the applied mehndi 	<ul style="list-style-type: none"> • Apply right consistency of mehndi mixture • Apply simple design elements used for mehndi designing • Select various parts of the body commonly used for mehndi application • Follow customer service principles including privacy and protection to modesty of the customers • Perform aftercare advice for clients
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Bowl, Mixing Stick, Mehndi cones, Mehndi powder, Mehndi Oil, Mehndi Design Books	

Annexure

Trainer Requirements

Trainer Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training Experience		Remarks
		Years	Specialization	Years	Specialization	
10th pass with Diploma in Nailcare Services or certified in relevant CITS course.	Nailcare Services	2	Nailcare Services	1	N.A	Diploma should be minimum of 6 months period

Trainer Certification	
Domain Certification	Platform Certification
BWS/Q0402, V3.0 Trainer Minimum accepted score is 80%	MEP/Q2601, V1.0 Trainer Minimum accepted score is 80%

Assessor Requirements

Assessor Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training/Assessment Experience		Remarks
		Years	Specialization	Years	Specialization	
12th pass with Advance Diploma in Nailcare Services or certified in relevant CITS course.	Nailcare Services	3	Nailcare Services	2	N.A	Diploma should be minimum of 6 months period followed by Advanced Diploma of minimum 3 months

Assessor Certification	
Domain Certification	Platform Certification
BWS/Q0402, V3.0 Assessor Minimum accepted score is 80%	MEP/Q2701, V1.0 Assessor Minimum accepted score is 80%

Assessment Strategy

Assessment system Overview

Assessment will be carried out by assessment partners with no link to training partners. Based on the results of assessment, B&WSSC will certify the learners. Assessor has to pass assessment of theoretical knowledge of the job role and approved by B&WSSC.

The assessment will have both theory and practical components in 20:80 ratios. While theory assessment is summative and a written exam; practical will involve demonstrations of applications and presentations of procedures and other components. Practical assessment will also be summative in nature.

Testing Environment

Training partner has to share the batch start date and end date, number of trainees and the job role.

Assessment will be fixed for a day after the end date of training. It could be next day or later. Assessment will be conducted at the training venue.

Room where assessment is conducted will be set with proper seating arrangements with enough space to prevent copying.

Question bank of theory and practical will be prepared by assessment agency and approved B&WSSC. From this set of questions, assessment agency will prepare the question paper. Theory testing will include multiple choice questions, pictorial question, etc. which will test the trainee on his theoretical knowledge of the subject.

The theory and practical assessments will be carried out on same day. The question paper is pre-loaded in the computer (incase of online assessment) and it will be in the language requested by the training partner.

Presentation will be one mode of assessment and so computers and LDC projector will be available for assessment. Viva will also be used to gauge trainee's confidence and correct knowledge in handling job situations.

Assessment Quality Assurance framework

Assessor has to go through orientation program organized by Assessment Agency. The training would give an overview to the assessors on the overall framework of QP evaluation. Assessor shall be given a NOS and PC level overview of each QP as applicable. Overall structure of assessment and objectivity of the marking scheme will be explained to them.

The giving of marks will be driven by an objective framework which will maintain standardization of marking scheme.

In case of many candidates to be accommodated in one venue for theory assessment, caution is taken not to let the candidates who competed test meet those who have not. Once the first batch has moved out of the knowledge based assessment area, the second batch must be taken from the main waiting area and seated in the respective seats for their knowledge based assessment.

For practical, the instructions for taking the test are clearly written on the board in the lab or shared with the candidates verbally.

The assessment will be video recorded and submitted to B&WSSC. The training partner will intimate the time of arrival of the assessor and time of leaving the venue.

Methods of Validation

Unless the trainee is registered, the person cannot undergo assessment. To further ensure that the person registered is the person appearing for assessment, id verification will be carried out. Aadhar card number is part of registering the candidate for training. This will form the basis of further verification during the assessment.

Assessor conducts the assessment in accordance with the assessment guidelines and question bank as per the job role.

The assessor carries tablet with the loaded questions. This tablet is geotagged and so it is monitored to check their arrival and completion of assessment.

Video of the practical session is prepared and submitted to B&WSSC.

Random spot checks/audit is conducted by B&WSSC assigned persons to check the quality of assessment.

Assessment agency will be responsible to put details in SIP.

B&WSSC will also validate the data and result received from the assessment agency.

Method of assessment documentation and access

The assessment agency will upload the result of assessment in the portal. The data will not be accessible for change by the assessment agency after the upload. The assessment data will be validated by B&WSSC assessment team. After upload, only B&WSSC can access this data. B&WSSC approves the results within a week and uploads on SIP.

References

Glossary

Term	Description
Declarative Knowledge	Declarative knowledge refers to facts, concepts and principles that need to be known and/or understood in order to accomplish a task or to solve a problem.
Key Learning Outcome	Key learning outcome is the statement of what a learner needs to know, understand and be able to do in order to achieve the terminal outcomes. A set of key learning outcomes will make up the training outcomes. Training outcome is specified in terms of knowledge, understanding (theory) and skills (practical application).
OJT (M)	On-the-job training (Mandatory); trainees are mandated to complete specified hours of training on site
OJT (R)	On-the-job training (Recommended); trainees are recommended the specified hours of training on site
Procedural Knowledge	Procedural knowledge addresses how to do something, or how to perform a task. It is the ability to work, or produce a tangible work output by applying cognitive, affective or psychomotor skills.
Training Outcome	Training outcome is a statement of what a learner will know, understand and be able to do upon the completion of the training.
Terminal Outcome	Terminal outcome is a statement of what a learner will know, understand and be able to do upon the completion of a module. A set of terminal outcomes help to achieve the training outcome.



Acronyms and Abbreviations

Term	Description
QP	Qualification Pack
NSQF	National Skills Qualification Framework
NSQC	National Skills Qualification Committee
NOS	National Occupational Standards