



Model Curriculum

QP Name: Senior Yoga Trainer (B&W)

QP Code: BWS/Q2205

QP Version: 2.0

NSQF Level: 6

Model Curriculum Version: 2.0

Beauty & Wellness Sector Skill Council
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Training Parameters

| | |
|--|--|
| Sector | Beauty & Wellness |
| Sub-Sector | Yoga |
| Occupation | Yoga Services |
| Country | India |
| NSQF Level | 6 |
| Aligned to NCO/ISCO/ISIC Code | NCO-2015/NIL |
| Minimum Educational Qualification, Age and Experience | Graduate Mandatory 24 months as a Yoga Trainer 18 years of Age |
| Pre-Requisite License or Training | Diploma course in Yoga / Level 5 Yoga Trainer (B&W) (BWS/Q2203) |
| Minimum Job Entry Age | 18 years |
| Last Reviewed On | 08-03-2021 |
| Next Review Date | 08-03-2024 |
| NSQC Approval Date | 27-05-2021 |
| QP Version | 2.0 |
| Model Curriculum Creation Date | 08-03-2021 |
| Model Curriculum Valid Up to Date | 08-03-2024 |
| Model Curriculum Version | 2.0 |
| Minimum Duration of the Course | 450:00 Hrs |
| Maximum Duration of the Course | 570:00 Hrs |

Program Overview

This section summarizes the end objectives of the program along with its duration.

Training Outcomes

At the end of the program, the learner will be able to:

- Explain the objectives of the program
- List the career opportunities and projected growth in yoga services
- Explain the roles & responsibilities of a senior yoga trainer (B&W)
- Carry out preparation and maintenance of work area
- Describe the application of health and safety practices at the workplace
- Describe the importance of personal hygiene and grooming while executing task
- Conduct the advanced yoga sessions for holistic wellness and train the yoga instructors/trainers
- Carry out the advanced hatha yoga sessions, as well as train the yoga instructors/trainers

Elective NOS:

- Carry out the advanced bal yoga sessions
- Carry out the advanced mahila yoga sessions
- Carry out the advanced vridha yoga sessions

Compulsory Modules

The table lists the modules, their duration and mode of delivery.

| NOS and Module Details | Theory Duration | Practical Duration | On-the-Job Training Duration (Mandatory) | On-the-Job Training Duration (Recommended) | Total Duration |
|---|-----------------|--------------------|--|--|----------------|
| Introduction to the program and the role of a Senior Yoga Trainer (B&W) | 1 | 0 | | | 1 |
| BWS/N9001- Prepare & maintain the work area V3.0, NSQF Level 3 | 1 | 10 | – | – | 11 |
| Prepare and maintain work area | 1 | 10 | – | – | 11 |
| BWS/N2207- Conduct the Advanced Yoga sessions for holistic wellness, and train the Yoga Instructors/Trainers V2.0, NSQF Level 6 | 52 | 152 | 30 | – | 234 |

| | | | | | |
|---|----|-----|----|---|-----|
| Conduct the Advanced Yoga sessions for holistic wellness, and train the Yoga Instructors/Trainers | 52 | 152 | 30 | – | 234 |
| BWS/N2205- Conduct Advanced Hatha Yoga sessions and train the Yoga Instructors/Trainers | 10 | 40 | 30 | – | 80 |

| | | | | | |
|--|--------------|---------------|-----------|---|-------------------|
| V2.0, NSQF Level 6 | | | | | |
| Conduct Advanced Hatha Yoga sessions and train the Yoga Instructors/Trainers | 10 | 40 | 30 | – | 80 |
| BWS/N9002- Maintain health and safety at the workplace V3.0, NSQF Level 3 | 4 | 8 | – | – | 12 |
| Maintain health and safety at the workplace | 4 | 8 | – | – | 12 |
| BWS/N9003- Create a positive impression at the workplace V3.0, NSQF Level 3 | 22 | 30 | – | – | 52 |
| Create a positive impression at the workplace | 22 | 30 | – | – | 52 |
| Total Duration | 90:00 | 240:00 | 60 | – | 390:00 Hrs |

Elective Modules

The table lists the modules, their duration and mode of delivery.

| NOS and Module Details | Theory Duration | Practical Duration | On-the-Job Training Duration (Mandatory) | On-the-Job Training Duration (Recommended) | Total Duration |
|--|-----------------|--------------------|--|--|----------------|
| BWS/N2214- Conduct the advanced bal yoga sessions V2.0, NSQF Level 6 | 6 | 24 | 30 | – | 60 |
| Conduct the advanced bal yoga sessions | 6 | 24 | 30 | – | 60 |

| | | | | | |
|--|---|----|----|---|----|
| BWS/N2215- Conduct the advanced mahila yoga sessions V2.0, NSQF Level 6 | 6 | 24 | 30 | – | 60 |
| Conduct the advanced mahila yoga sessions | 6 | 24 | 30 | – | 60 |
| BWS/N2216- Conduct the vridha yoga sessions V2.0, NSQF Level 6 | 6 | 24 | 30 | – | 60 |
| Conduct the advanced vridha yoga sessions | 6 | 24 | 30 | – | 60 |

Module Details

Introduction to the program and the role of a Senior Yoga Trainer (B&W)

Terminal Outcomes:

- Explain the objectives of the program
- List the career opportunities and projected growth in yoga services
- Explain the roles & responsibilities of a senior yoga trainer (B&W)

| Duration: 01:00 Hrs | Duration: 00:00 Hrs |
|---|--|
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Explain the objectives of the program • List the career opportunities and projected growth in yoga services • State the roles & responsibilities of a senior yoga trainer | |
| Classroom Aids | |
| Computer, projector, white board/ flip chart, marker and duster | |
| Tools, Equipment and Other Requirements | |
| Yoga Mats/ Mysore Rugs/ Towels /Durries Yoga Blankets | |

Prepare and maintain work area

Mapped to Senior Yoga Trainer (B&W), BWS/Q2205

Terminal Outcomes:

- Carry out preparation and maintenance of work area

| Duration: 01:00 Hrs | Duration: 10:00 Hrs |
|---|--|
| <p>Theory – Key Learning Outcomes</p> <ul style="list-style-type: none"> • Discuss the significance of maintaining hygienic, safe, disinfected and suitable ambient conditions at work place; such as by using air purifiers to reduce dust, dander, smoke, allergens & odour resulting in a healthier, fresher & cleaner environment and restructuring the workplace set-up by keeping a minimum distance of 2 meters in between two clientele, practicing social distancing by avoiding handshakes/ hugs to co-workers/ clientele, etc. • Identify and prepare equipment & products required for the respective services • Discuss the instructions required in preparing a sterilization solution as per organizational standards using approved products and as per manufacturer's and checking leakages • Identify need of segregating recyclable, non-recyclable and hazardous waste generated in separate bin | <p>Practical – Key Learning Outcomes</p> <ul style="list-style-type: none"> • Demonstrate placing disposable sheet on a sanitized area and organize the sterilized/ disinfected products on it for service delivery; tools such as yoga mats/ mysore rugs/ towels /durries, yoga blankets, stove/ Electrical/ gas heater for boiling water, etc. • Demonstrate disposing of waste in the designated area at work place; waste materials such as disposable head bands, disposable triple layered surgical face mask, disposable gloves, etc. • Demonstrate the use of electrical equipment while providing services and its proper maintenance when not in use • Prepare reports of materials and equipment securely in line with the organisational policies • Apply digital mode of payment to lessen any kind of cross infection; digital mode such as use of debit/credit cards, internet banking, mobile wallets, digital payment apps, etc. • Conduct employee awareness program; such as for COVID-19 by displaying posters/signage's promoting regular hand-washing and respiratory hygiene in the premises |
| Classroom Aids | |
| Computer, Projector, White board/ flip chart, Marker and duster | |
| Tools, Equipment and Other Requirements | |
| Yoga Mats/ Mysore Rugs/ Towels /Durries, Yoga Blankets, Electrical Heater/Induction OR Gas Stove OR 5 Litre Kettle for boiling water, Container (25 Lts-50 Ltrs Capacity), Neti-Pot, Yoga Cushions (optional), First Aid Kit | |

Conduct the advanced yoga sessions for holistic wellness, and train the yoga instructors/trainers

Mapped to Senior Yoga Trainer (B&W), BWS/Q2205

Terminal Outcomes:

- Carry out the advanced yoga sessions for holistic wellness, and train the yoga instructors/trainers

| Duration: 52:00 Hrs | Duration: 152:00 Hrs |
|--|--|
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Explain the need of maintaining appropriate ambience for gueststo perform the Advanced Yoga sessions • Identify effective teaching methods, adapt to unique styles of learning • State the importance to maintain neat and clean work area at all times • Explain the yoga instructor about the structure, states, functioning and conditions of the mind referred in the texts including butnot limited to yoga sutras, Bhagavad Gita, Upanishads, etc. • Design strategies for yoga instructors to address common disorders and pathologies of the major human systems and common mental health conditions, as well as other goalsand aspirations of the student as relevant to the work of a Yoga Trainer • Design research methodologies and provide inputs/ participate in conducting research programs to evaluate the efficacies of yogic practice • Explain the yoga instructor about advanced pre-natal & post-natal yoga | <ul style="list-style-type: none"> • Analyze which aspects of the guest’s conditions, goals and aspirations might be addressed through Advanced Yoga sessions & organize the sequence ofyoga practices appropriate to the needs of guests • Deliver appropriate practices for individuals as well as group, taking into consideration the assessment oftheir conditions, limitations, possibilities • Practice effective, guest-centred communication based upon a respect for and sensitivity to individualfamilial, cultural, social, ethnic and religious factors • Apply a broad range of-body-mind –soul-based healing / spiritual healing tools in conjunction with exercise based on needs, ages, and ability levels to create effective practices against ailments • Apply yogic principles to conduct guest sessions to enhance wellbeing, overcome illness and live a healthier and more meaningful life • Demonstrate all advanced yoga techniques to guestsand ensure compliance to safety and health standards • Conduct intake and assess the guests, including: taking history of guest and their condition(s); assessing the current conditions using the tools relevant to the Senior Yoga Trainer, including an evaluation of the physical, energetic, mental, emotional and spiritual dimensions of well-being • Evaluate the performance of Trainers and instructorsand design upskilling programs for them as per their needs • Demonstrate advanced pre-natal & post-natal yoga techniques to yoga instructor • Perform after-procedure, homecare advice to the client • Record details of the therapy as per organizational procedures |
| Classroom Aids | |
| Computer, Projector, White board/ flip chart, Marker and duster | |
| Tools, Equipment and Other Requirements | |
| Yoga Mats/ Mysore Rugs/ Towels /Durries, Yoga Blankets, Electrical Heater/Induction OR Gas Stove OR 5 Litre Kettle for boiling water, Container (25 Lts-50 Ltrs Capacity), Neti-Pot, Yoga Cushions (optional), First Aid Kit | |

*OJT Hours: 30 Hours

Conduct the advanced hatha yoga sessions and train the yoga instructors/trainers

Mapped to Senior Yoga Trainer (B&W), BWS/Q2205

Terminal Outcomes:

- Carry out the advanced hatha yoga sessions, as well as train the yoga instructor/trainers

| Duration: 10:00 Hrs | Duration: 40:00 Hrs |
|---|--|
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Explain the need of maintaining appropriate ambience for guests to perform the advanced hatha yoga sessions • Identify effective teaching methods, adapt to unique styles of learning • State the importance to maintain neat and clean work area at all times • Explain the Yoga Trainers - the structure, states, functioning and conditions of the mind referred in the texts including but not limited to yoga sutras, Bhagavad Gita, Upanishads, etc. • Design strategies for yoga instructors to address common disorders and pathologies of the major human systems and common mental health conditions, as well as other goals and aspirations of the student as relevant to the work of a yoga trainer • Design research methodologies and provide inputs/ participate in conducting research programs to evaluate the efficacies of yogic practice • Assess the performance of yoga trainers and instructors and design upskilling programs for them as per their needs | <ul style="list-style-type: none"> • Perform and instruct loosening exercises or sukshma vyayama as agreed with the guest and arrangement of the organisation • Perform and instruct classical asanas, prayanama, mudras, bandhas, kriyas as agreed with the guest and arrangement of the organisation • Deliver appropriate practices for individuals as well as group, taking into consideration the assessment of their conditions, limitations, possibilities • Practice effective, guest-centred communication based upon a respect for and sensitivity to individual familial, cultural, social, ethnic and religious factors • Apply a broad range of body-mind –soul-based healing / spiritual healing tools in conjunction with exercise based on needs, ages, and ability levels to create effective practices against ailments • Apply yogic principles to conduct guest sessions to enhance wellbeing, overcome illness and live a healthier and more meaningful life • Demonstrate all advanced hatha yoga techniques to guests and ensure compliance to safety and health standards • Conduct intake and assess the guests, including: taking history of guest and their condition(s); assessing the current conditions using the tools relevant to the Senior Yoga Trainer, including an evaluation of the physical, energetic, mental, emotional and spiritual dimensions of well-being • Evaluate the performance of Trainers and instructors and design upskilling programs for them as per their needs • Perform after-procedure, homecare advice to the client • Record details of the therapy as per organizational procedures |
| Classroom Aids | |
| Computer, Projector, White board/ flip chart, Marker and duster | |
| Tools, Equipment and Other Requirements | |
| Yoga Mats/ Mysore Rugs/ Towels /Durries, Yoga Blankets, Electrical Heater/Induction OR Gas Stove OR 5 Litre Kettle for boiling water, Container (25 Lts-50 Ltrs Capacity), Neti-Pot, Yoga Cushions (optional), First Aid Kit | |

***OJT Hours: 30 Hours**

9 | Senior Yoga Trainer (B&W)

Maintain health and safety at the workplace

Mapped to Senior Yoga Trainer (B&W), BWS/Q2205

Terminal Outcomes:

- Describe the application of health and safety practices at the workplace

| Duration: 04:00 Hrs | Duration: 08:00 Hrs |
|---|---|
| <p>Theory – Key Learning Outcomes</p> <ul style="list-style-type: none"> • State the significance of personal protective equipment (PPE) & its efficient supply at work place; PPE such as tissues, antibacterial soaps, alcohol-based hand cleansers, triple layered surgical face masks, gloves, etc. • Discuss the importance of maintaining basic hygiene at work place to avoid any kind of cross infection; basic hygiene such as wearing disposable N-95/ triple layered surgical face mask, gloves, apron, washing/ sanitizing hands & taking bath at regular intervals, etc. • Explain the importance of maintaining first aid kit at work place • Identify and list potential risks and hazards in the workplace | <p>Practical – Key Learning Outcomes</p> <ul style="list-style-type: none"> • Demonstrate and state significance of maintaining posture and position to minimize fatigue and the risk of injury • Demonstrate the method of sterilizing equipment & tools before and after use • Prepare, maintain and report accident reports as per organisational policies |
| <p>Classroom Aids</p> <p>Computer, Projector, White board/ flip chart, Marker and duster</p> | |
| <p>Tools, Equipment and Other Requirements</p> <p>Yoga Mats/ Mysore Rugs/ Towels /Durries, Yoga Blankets, Electrical Heater/Induction OR Gas Stove OR 5 Litre Kettle for boiling water, Container (25 Lts-50 Ltrs Capacity), Neti-Pot, Yoga Cushions (optional), First Aid Kit</p> | |

Create a positive impression at the workplace

Mapped to Senior Yoga Trainer (B&W), BWS/Q2205

Terminal Outcomes:

- Describe the importance of personal hygiene and grooming while executing task

| Duration: 22:00 Hrs | Duration: 30:00 Hrs |
|---|--|
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Explain the importance of maintaining personal hygiene and grooming; such as sanitized hands, neatly tied and covered hair, clean nails, sanitized uniform while engaging with clients with no gender stereotyping, to ensure privacy, comfort and wellbeing of all the genders throughout the services, etc. • List the ways to manage client expectations; such as by identifying new techniques • State the importance of maintaining confidentiality of information while performing documentation of records • Conduct employee awareness program; such as internalization of gender, PwD sensitization on designing PwD friendly workplace | <ul style="list-style-type: none"> • Demonstrate confidence at the workplace by managing and identifying various business opportunities • Demonstrate the different formats of maintaining documentation of records • Demonstrate the process of client appointment scheduling; pre-bookings and maintaining the work area, equipment, product stocks to meet the schedule • Carry out different & effective ways of communication for clients; clients could be from different culture, religion, age, background, disability, gender; and communication such as email, phone etc. • Perform activities related to the financial literacy; such as saving money, opening bank accounts, linking Aadhaar card to bank account, using various e-commerce payment systems, etc. |
| Classroom Aids | |
| Computer, Projector, White board/ flip chart, Marker and duster | |
| Tools, Equipment and Other Requirements | |
| POS Machine | |

Elective 1: Conduct the advanced bal yoga sessions

Mapped to Senior Yoga Trainer (B&W), BWS/Q2205

Terminal Outcomes:

- Carry out the advanced bal yoga sessions

| Duration: 06:00 Hrs | Duration: 24:00 Hrs |
|--|---|
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Describe the importance of appropriate opening and closure of the session through prayer/chanting/meditation • List the documents to be collected before starting the session such as child’s medical history, background, preferences from parents • List the components that should be covered during the session like: Yoga, sloka, bhajans, meditation, chanting om and its essence, group activity, moral values – skit/activity • Enlist and inform children about the various forms of yoga and its effect on body and mind • Design research methodologies and provide inputs/ participate in conducting research programs to evaluate the efficacies of yogic practice • Assess the performance of yoga trainers and instructors and design up skilling programs for them as per their needs | <ul style="list-style-type: none"> • Perform the sequence of yoga practices appropriate to the needs of children • Perform and demonstrate all yoga techniques to children and ensure compliance to safety and health standards • Assist children to perform all yoga techniques effectively • Evaluate exercises performed by children and recommend correction whenever required • Evaluate the performance of Trainers and instructors and design upskilling programs for them as per their needs • Perform after-procedure, homecare advice to the client • Record details of the therapy as per organizational procedures |
| Classroom Aids | |
| Computer, Projector, White board/ flip chart, Marker and duster | |
| Tools, Equipment and Other Requirements | |
| Yoga Mats/ Mysore Rugs/ Towels /Durries, Yoga Blankets | |

***OJT Hours: 30 Hours**

Elective 2: Conduct the advanced mahila yoga sessions

Mapped to Senior Yoga Trainer (B&W), BWS/Q2205

Terminal Outcomes:

- Carry out the advanced mahila yoga sessions

| Duration: 06:00 Hrs | Duration: 24:00 Hrs |
|--|---|
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Describe the importance of appropriate opening and closure of the session through prayer/chanting/meditation • Determine which aspects of the guest's conditions, goals and aspirations might be addressed through Mahila yoga sessions • State the importance of maintaining guests' comfort; such as by asking the guests about any poses causing any sort of discomfort to them • State and deliver the benefits to both baby and mother are gaining through mahila yoga sessions • Design research methodologies and provide inputs/ participate in conducting research programs to evaluate the efficacies of yogic practice • Assess the performance of yoga trainers and instructors and design up skilling programs for them as per their needs | <ul style="list-style-type: none"> • Perform the sequence of yoga practices appropriate to the needs of children • Perform and demonstrate all yoga techniques to children and ensure compliance to safety and health standards • Perform and demonstrate all mahila yoga techniques to guests and ensure compliance to safety and health standards • Evaluate the performance of Trainers and instructors and design upskilling programs for them as per their needs • Perform after-procedure, homecare advice to the client • Record details of the therapy as per organizational procedures |
| Classroom Aids | |
| Computer, Projector, White board/ flip chart, Marker and duster | |
| Tools, Equipment and Other Requirements | |
| Yoga Mats/ Mysore Rugs/ Towels /Durries, Yoga Blankets | |

***OJT Hours: 30 Hours**

Elective 3: Conduct the advanced vridha yoga sessions

Mapped to Senior Yoga Trainer (B&W), BWS/Q2205

Terminal Outcomes:

- Carry out the advanced vridha yoga sessions

| Duration: 06:00 Hrs | Duration: 24:00 Hrs |
|---|--|
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Describe the importance of appropriate opening and closure of the session through prayer/chanting/meditation • List the documents to be collated on guest’s medical history, background, preferences, etc. before starting the Vridha yoga session • Analyse the difficulties individuals are facing due to ageing in performing various Vridha yoga poses • Determine which aspects of the guest’s conditions, goals and aspirations might be addressed through vridha yoga sessions • State the importance of maintaining guests’ comfort; such as by asking the guests about any poses causing any sort of discomfort to them • Apply yogic principles to conduct guest sessions to enhance well-being, overcome illness and live a healthier and more meaningful life • Design research methodologies and provide inputs/ participate in conducting research programs to evaluate the efficacies of yogic practice • Assess the performance of yoga trainers and instructors and design up skilling programs for them as per their needs | <ul style="list-style-type: none"> • Perform the sequence of yoga practices appropriate to the needs of children • Perform and demonstrate all vridha yoga techniques to guests and ensure compliance to safety and health standards • Demonstrate and assist guest’s while performing standing yoga poses triangle pose (konasana series), standing spinal twist (kati chakrasanas) , sitting yoga poses butterfly pose, cradling (if possible), body rotation, cat stretch and child pose (shishu asana) , lying on the back or stomach and focus on repetitions rather than holding any posture such as the cobra pose (bhujangasana), the locust poses (shalabhasana) or the knee to chin press (pawanmuktasana), yoga nidra which is by far the most essential part of any yoga practice, and as age progresses, it becomes even more essential to help assimilate the effect of the asana practice into our system • Evaluate the performance of Trainers and instructors and design upskilling programs for them as per their needs • Perform after-procedure, homecare advice to the client • Record details of the therapy as per organizational procedures |
| Classroom Aids | |
| Computer, Projector, White board/ flip chart, Marker and duster | |
| Tools, Equipment and Other Requirements | |
| Yoga Mats/ Mysore Rugs/ Towels /Durries, Yoga Blankets | |

***OJT Hours: 30 Hours**

Annexure

Trainer Requirements

| Trainer Prerequisites | | | | | | |
|-----------------------------------|--|------------------------------|----------------|---------------------|----------------|---------|
| Minimum Educational Qualification | Specialization | Relevant Industry Experience | | Training Experience | | Remarks |
| | | Years | Specialization | Years | Specialization | |
| Graduate | Yoga with good knowledge on human anatomy & physiology | 3 | Yoga | 2 | NA | |

| Trainer Certification | |
|--|---|
| Domain Certification | Platform Certification |
| BWS/Q2205, V2.0 Trainer Minimum accepted score is 80% | MEP/Q2601, Trainer Minimum accepted score is 80% |

Assessor Requirements

| Assessor Prerequisites | | | | | | |
|-----------------------------------|--|------------------------------|----------------|-----------------------|----------------|---------|
| Minimum Educational Qualification | Specialization | Relevant Industry Experience | | Assessment Experience | | Remarks |
| | | Years | Specialization | Years | Specialization | |
| Post Graduate | Yoga with good knowledge on human anatomy & physiology | 5 | Yoga | 2 | NA | |

| Assessor Certification | |
|---|--|
| Domain Certification | Platform Certification |
| BWS/Q2205, V2.0 Assessor Minimum accepted score is 80% | MEP/Q2701, Assessor Minimum accepted score is 80% |

Assessment Strategy

Assessment system Overview

Assessment will be carried out by assessment partners with no link to training partners. Based on the results of assessment, B&WSSC will certify the learners. Assessor has to pass assessment of theoretical knowledge of the job role and approved by B&WSSC.

The assessment will have both theory and practical components in 30:70 ratio. While theory assessment is summative and a written exam; practical will involve demonstrations of applications and presentations of procedures and other components. Practical assessment will also be summative in nature.

Testing Environment

Training partner has to share the batch start date and end date, number of trainees and the job role.

Assessment will be fixed for a day after the end date of training. It could be next day or later. Assessment will be conducted at the training venue.

Room where assessment is conducted will be set with proper seating arrangements with enough space to prevent copying.

Question bank of theory and practical will be prepared by assessment agency and approved B&WSSC. From this set of questions, assessment agency will prepare the question paper. Theory testing will include multiple choice questions, pictorial question, etc. which will test the trainee on his theoretical knowledge of the subject.

The theory and practical assessments will be carried out on same day. The question paper is pre-loaded in the computer (incase of online assessment) and it will be in the language requested by the training partner.

Presentation will be one mode of assessment and so computers and LDC projector will be available for assessment. Viva will also be used to gauge trainee's confidence and correct knowledge in handling job situations.

Assessment Quality Assurance framework

Assessor has to go through orientation program organized by Assessment Agency. The training would give an overview to the assessors on the overall framework of QP evaluation. Assessor shall be given a NOS and PC level overview of each QP as applicable. Overall structure of assessment and objectivity of the marking scheme will be explained to them.

The giving of marks will be driven by an objective framework which will maintain standardization of marking scheme.

In case of many candidates to be accommodated in one venue for theory assessment, caution is taken not to let the candidates who competed test meet those who have not. Once the first batch has moved out of the knowledge-based assessment area, the second batch must be taken from the main waiting area and seated in the respective seats for their knowledge-based assessment.

For practical, the instructions for taking the test are clearly written on the board in the lab or shared with the candidates verbally.

The assessment will be video recorded and submitted to B&WSSC. The training partner will intimate the time of arrival of the assessor and time of leaving the venue.

Methods of Validation

Unless the trainee is registered, the person cannot undergo assessment. To further ensure that the person registered is the person appearing for assessment, ID verification will be carried out. Aadhar card number is part of registering the candidate for training. This will form the basis of further verification during the assessment.

Assessor conducts the assessment in accordance with the assessment guidelines and question bank as per the job role.

The assessor carries tablet with the loaded questions. This tablet is geo-tagged and so it is monitored to check their arrival and completion of assessment.

Video of the practical session is prepared and submitted to B&WSSC.

Random spot checks/audit is conducted by B&WSSC assigned persons to check the quality of assessment.

Assessment agency will be responsible to put details in SIP.

B&WSSC will also validate the data and result received from the assessment agency.

Method of assessment documentation and access

The assessment agency will upload the result of assessment in the portal. The data will not be accessible for change by the assessment agency after the upload. The assessment data will be validated by B&WSSC assessment team. After upload, only B&WSSC can access this data. B&WSSC approves the results within a week and uploads on SIP.

References

Glossary

| Term | Description |
|------------------------------|---|
| Declarative Knowledge | Declarative knowledge refers to facts, concepts and principles that need to be known and/or understood in order to accomplish a task or to solve a problem. |
| Key Learning Outcome | Key learning outcome is the statement of what a learner needs to know, understand and be able to do in order to achieve the terminal outcomes. A set of key learning outcomes will make up the training outcomes. Training outcome is specified in terms of knowledge, understanding (theory) and skills (practical application). |
| OJT (M) | On-the-job training (Mandatory); trainees are mandated to complete specified hours of training on site |
| OJT (R) | On-the-job training (Recommended); trainees are recommended the specified hours of training on site |
| Procedural Knowledge | Procedural knowledge addresses how to do something, or how to perform a task. It is the ability to work, or produce a tangible work output by applying cognitive, affective or psychomotor skills. |
| Training Outcome | Training outcome is a statement of what a learner will know, understand and be able to do upon the completion of the training. |
| Terminal Outcome | Terminal outcome is a statement of what a learner will know, understand and be able to do upon the completion of a module. A set of terminal outcomes help to achieve the training outcome. |

Acronyms and Abbreviations

| Term | Description |
|------|---|
| QP | Qualification Pack |
| NSQF | National Skills Qualification Framework |
| NSQC | National Skills Qualification Committee |
| NOS | National Occupational Standards |