









Model Curriculum

QP Name: Trainee - Beautician

QP Code: BWS/Q0108

QP Version: 1.0

NSQF Level: 3

Model Curriculum Version: 1.0

Beauty & Wellness Sector Skill Council
Office no. - UG-5B, Upper Ground Floor, Himalaya House-23, Kasturba Gandhi Marg,
Connaught Place, Delhi-110001









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Training Parameters

Sector	Beauty & Wellness
Sub-Sector	Beauty and Salons
Occupation	Skincare Services
Country	India
NSQF Level	3
Aligned to NCO/ISCO/ISIC Code	NCO-2015/5142.0101
Minimum Educational Qualification and	10th grade pass and pursuing continuous schooling
Experience	OR • 10th grade pass plus 1-year NTC/ NAC
Pre-Requisite License or Training	NA
Minimum Job Entry Age	16 years
Last Reviewed On	19-01-2023
Next Review Date	19-07-2023
NSQC Approval Date	19-01-2023
QP Version	1.0
Model Curriculum Creation Date	19-01-2023
Model Curriculum Valid Up to Date	19-07-2023
Model Curriculum Version	1.0
Minimum Duration of the Course	210:00 Hrs.
Maximum Duration of the Course	210:00 Hrs.









Program Overview

This section summarizes the end objectives of the program along with its duration.

Training Outcomes

At the end of the program, the learner will be able to:

- Explain the objectives of the program
- Explain the roles & responsibilities of an Trainee Beautician
- Perform basic skin care services; such as facials, cleansing, toning, moisturizing, exfoliations, skin warming and blackhead extraction
- Carry out basic hair removal services, including waxing and threading
- Carry out manicure and pedicure services
- Discuss the importance and various aspects of employability skills

Compulsory Modules

The table lists the modules, their duration and mode of delivery.

NOS and Module Details	Theory Duration	Practical Duration	On-the-Job Training Duration (Mandatory)	On-the-Job Training Duration (Recommended)	Total Duration
BWS/N0101 Provide basic skin care services V4.0, NSQF Level 3	20	40	-	-	60
Provide basic skin care services	20	40	-	-	60
BWS/N0102 Carry out basic hair removal services V4.0, NSQF Level 3	10	20	_	-	30
Carry out basic hair removal services	10	20	_	_	30
BWS/N0401 Provide manicure and pedicure services V4.0, NSQF Level 3	10	20	_	_	30
Provide manicure and pedicure services	10	20	-	-	30









SECTOR SKILL COUNCIL			ENTREPRENEURSHIP	कौशल भारत-कुशल भारत	
Employability Skills (90 hours) NOS Version No. –1.0 NSQF Level – 5	36	54	_	_	90
Introduction to Employability Skills	1	2	_	_	3
Constitutional values - Citizenship	0.5	1	_	_	1.5
Becoming a Professional in the 21st Century	2	3	_	_	5
Basic English Skills	4	6	_	_	10
Career Development & Goal Setting	1.5	2.5	_	_	4
Communication Skills	4	6	_	_	10
Diversity & Inclusion	1	1.5	_	_	2.5
Financial and Legal Literacy	4	6	_	_	10
Essential Digital Skills	8	12	_	_	20
Entrepreneurship	3	4	_	_	7
Customer Service	4	5	_	_	9
Getting ready for apprenticeship & Jobs	3	5	_	_	8
Total Duration	76:00	134:00	-	_	210:00 Hrs.









Module Details

Provide basic skin care services Mapped to Trainee - Beautician, BWS/Q0108

Terminal Outcomes:

- Explain the objectives of the program
- Explain the roles & responsibilities of a Trainee Beautician
- Perform basic skin care services; such as facials, cleansing, toning, moisturizing, exfoliations, skin warming and blackhead extraction

Duration: 20:00 Hrs.	Duration: 40:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
Explain the objectives of the program	Prepare the client, self and work area for basic
State the roles & responsibilities	skin care services
of Trainee - Beautician	Apply facial and bleach techniques for clients
Describe the anatomical structure of the	• Treat various skin conditions - psoriasis,
skin; such as the layers of the epidermis,	eczema, acne, etc.
the dermis, the subcutaneous layer, the	 Perform suitable course of services and
hair follicle, the hair shaft, the sebaceous	procedures for various skin types and
gland, arrector pili muscle, sweat gland,	conditions, and recommended frequency of
and sensory nerve endings	service - daily, weekly, monthly, etc.
Identify the functions of the skin; such as	Use different products available for facial and
sensitivity, heat regulation, absorption,	bleach services
protection, excretion, secretion and	 Differentiate between various types of
vitamin D production	specialist skin products and methods
Identify the characteristics of the skin, its	 Categorise the benefits of various beauty
type and conditions	services; such as used for cleansing, exfoliating
Identify the effect of the natural ageing	and toning the skin
process on the skin, facial muscles and	 Massage by applying masks and skin care
muscle tone	products & warm the skin using different types
Identify various environmental and	of skin warming devices
lifestyle factors affecting the skin	Perform safe manual black head extraction
Identify erythema and its causes	using comedone extractor
Identify contra-indications which may	
occur during the facial and bleach services	effects on the skin like cream, warm oil, clay,
	peel off, thermal, etc.
	Perform aftercare services by recommending
	basic home care routine for skin protection
Classroom Aids	

Computer, Projector, White Board/ Flip chart, Marker and Duster









Tools, Equipment and Other Requirements

Anatomy and Physiology Charts, Therapy Bed, Beauty Stool/Chair, Trolley, Bowls, Sterilized Comedone Extractor, Face Steamer, Cotton, Facial Tissues, Towel, Pack Brush, Dustbin, Disposable Sheets and Aprons, Face Masks and Beauty consumables









Carry out basic hair removal services Mapped to Trainee - Beautician, BWS/Q0108

Terminal Outcomes:

• Carry out basic hair removal services, including waxing and threading

Duration: 10:00 Hrs.	Duration: 20:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
 Describe the importance of proper consulting, planning and preparing clients for waxing treatments Identify contra-indications that affect or restrict waxing treatments Identify various techniques associated with working temperatures for different waxing methods Identify different types of hot wax and warm wax based on hair and skin types Identify the advantages, disadvantages and limitations of facial waxing and suitable alternative facial hair removal procedures Identify different types of tools and materials used for threading, e.g., scissors, disposable eyebrow brush, thread Explain the advantages and disadvantages of threading as per the shape and proportion of the eyebrows in relation to facial features and existing eyebrow shape List the methods to carry out the threading 	 Carry out the safe and effective methods of working when waxing Select & apply proper equipment, materials, products, techniques for effective waxing services Select & apply methods of application and removal of waxing products in relation to the direction of hair growth Apply various methods of hair removal and their effects like threading, sugaring, tweezing, shaving, depilatory creams, electrical depilatory, etc. Select & apply proper threading tools, materials and equipment; such as to suit male client requirements, e.g., removing external hair on ears and nose Perform aftercare advice for clients; such as activities to avoid after waxing services i.e., possible contra-actions that may occur after waxing services Execute record services; such as
techniquesExplain the significance of maintaining	maintaining product usage (inventory) record
customer service principles including privacy and protection to modesty of the customers	

Classroom Aids

Computer, Projector, White Board/ Flip Chart, Marker and Duster

Tools, Equipment and Other Requirements

Therapy Bed, Beauty Trolley, Wax Heater, Wax Strips, Wax Knife, Spatula, Bowls, Dustbin, Bed/Recliner, Chair, Bowl, Cotton, Mirror, Facial Tissues, Towel, Disposable Aprons and Sheets









Perform manicure and pedicure services Mapped to Trainee - Beautician, BWS/Q0108

Terminal Outcomes:

Carry out pedicure and manicure services

Duration: 10:00 Hrs.	Duration: 20:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
 Identify the structure, function, and characteristics of nail and the process of nail growth Identify bones of lower leg, foot, wrist, hands fingers and forearm Explain the structure and functions of the lymphatic vessels of the lower leg, foot, hand and arm Explain the arteries and veins of lower leg, foot, hand and arm Identify muscles of the lower leg, foot, hand and arms Identify nail diseases and disorder Explain nail and analyse skin by visual/manual examination to identify treatable conditions and contra-indications restricting or preventing treatment 	 Apply safe and effective methods of working when providing services Perform client consultation, treatment planning and preparation Demonstrate the process followed in pedicure and manicure services Demonstrate and identify contraindications and contra-actions that may affect or restrict the services Perform aftercare advice for clients

Classroom Aids

Computer, Projector, White Board/ Flip Chart, Marker and Duster

Tools, Equipment and Other Requirements

Anatomy and Physiology Chart, Manicure Chair/ Stool, Bowls, Manicure Brush, Nail Cutter, Cuticle Pusher, Cuticle Nipper, Orange Stick, Nail Filer, Pack Brush, Dustbin, Pedicure Chair/ Stool, Foot Scrapper, Emery Board, Pumic Stone, Toe Separator, Pedicure Brush, Cotton Wool, Nail Paint Remover, Hand and Foot Cream, Hand and Foot Scrub, Cleanser, Towels, Trolley, Nail Paints, and Disposable Aprons and Sheets.









Introduction to Employability Skills Mapped to DGT/VSQ/N0103

Terminal Outcomes:

Discuss about Employability Skills in meeting the job requirements

Duration : <1:00>	Duration : <2:00>
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
Outline the importance of Employability Skills for the current job market and future of work	 List different learning and employability related GOI and private portals and their usage Research and prepare a note on different industries, trends, required skills and the available opportunities
Classroom Aids:	
Whiteboard, marker pen, projector	
Tools, Equipment and Other Requirements	

Constitutional values - Citizenship Mapped to DGT/VSQ/N0103

Terminal Outcomes:

Discuss about constitutional values to be followed to become a responsible citizen

Duration : <0.5:00>	Duration : <1:00>
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
 Explain constitutional values, civic rights, duties, citizenship, responsibility towards society etc. that are required to be followed to become a responsible citizen. 	Practice different environmentally sustainable practices
Classroom Aids:	
Whiteboard, marker pen, projector	
Tools, Equipment and Other Requirements	









Becoming a Professional in the 21st Century Mapped to DGT/VSQ/N0103

Terminal Outcomes:

• Demonstrate professional skills required in 21st century

Duration : <2:00>	Duration : <3:00>
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
Discuss 21st century skills required for employment	 Highlight the importance of practicing 21st century skills like Self-Awareness, Behavior Skills, time management, critical and adaptive thinking, problem-solving, creative thinking, social and cultural awareness, emotional awareness, learning to learn etc. in personal or professional life Create a pathway for adopting a continuous learning mindset for personal and professional development
Classroom Aids:	
Whiteboard, marker pen, projector	
Tools, Equipment and Other Requirements	

Basic English Skills Mapped to DGT/VSQ/N0103

Terminal Outcomes:

• Practice basic English speaking.

Duration : <4:00>	Duration : <6:00>
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
 Describe basic communication skills Discuss ways to read and interpret text written in basic English 	 Show how to use basic English sentences for everyday conversation in different contexts, in person and over the telephone Read and understand text written in basic English Write a short note/paragraph / letter/e - mail using correct basic English
Classroom Aids:	
Whiteboard, marker pen, projector	
Tools, Equipment and Other Requirements	









Career Development & Goal Setting Mapped to DGT/VSQ/N0103

Terminal Outcomes:

• Demonstrate Career Development & Goal Setting skills.

Duration : <1.5:00>	Duration : <2.5:00>
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
Identify well-defined short- and long-term goals	Create a career development plan
Classroom Aids:	
Whiteboard, marker pen, projector	
Tools, Equipment and Other Requirements	

Communication Skills Mapped to DGT/VSQ/N0103

Terminal Outcomes:

• Practice basic communication skills.

Duration : <4:00>	Duration : <6:00>	
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes	
Explain the importance of communication etiquette including active listening for effective communication	 Demonstrate how to communicate effectively using verbal and nonverbal communication etiquette Write a brief note/paragraph on a familiar topic Role play a situation on how to work collaboratively with others in a team 	
Classroom Aids:		
Whiteboard, marker pen, projector		
Tools, Equipment and Other Requirements		









Diversity & Inclusion Mapped to DGT/VSQ/N0103

Terminal Outcomes:

• Describe PwD and gender sensitisation.

Duration : <1:00>	Duration: <1.5:00>			
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes			
Discuss the significance of reporting sexual harassment issues in time	Demonstrate how to behave, communicate, and conduct oneself appropriately with all genders and PwD			
Classroom Aids:				
Whiteboard, marker pen, projector				
Tools, Equipment and Other Requirements				

Financial and Legal Literacy Mapped to DGT/VSQ/N0103

Terminal Outcomes:

• Describe ways of managing expenses, income, and savings.

Duration : <4:00>	Duration : <6:00>	
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes	
 Discuss various financial institutions, products, and services Explain the common components of salary such as Basic, PF, Allowances (HRA, TA, DA, etc.), tax deductions Discuss the legal rights, laws, and aids 	 Demonstrate how to conduct offline and online financial transactions, safely and securely and check passbook/statement Calculate income and expenditure for budgeting 	
Classroom Aids:		
Whiteboard, marker pen, projector		
Tools, Equipment and Other Requirements		









Essential Digital Skills Mapped to DGT/VSQ/N0103

Terminal Outcomes:

Demonstrate procedure of operating digital devices and associated applications safely.

Duration : <8:00>	Duration : <12:00>				
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes				
 Describe the role of digital technology in day-to-day life and the workplace Discuss the significance of displaying responsible online behavior while using various social media platforms 	 Demonstrate how to operate digital devices and use the associated applications and features, safely and securely Demonstrate how to connect devices securely to internet using different means Follow the dos and don'ts of cyber security to protect against cyber crimes Create an e-mail id and follow e- mail etiquette to exchange e -mails Show how to create documents, spreadsheets and presentations using appropriate applications Utilize virtual collaboration tools to work effectively 				
Classroom Aids:					
Whiteboard, marker pen, projector					
Tools, Equipment and Other Requirements					









Entrepreneurship

Mapped to DGT/VSQ/N0103

Terminal Outcomes:

• Describe opportunities as an entrepreneur.

Duration : < <i>3:00</i> >	Duration : <4:00>		
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes		
 Explain the types of entrepreneurship and enterprises Discuss how to identify opportunities for potential business, sources of funding and associated financial and legal risks with its mitigation plan Describe the 4Ps of Marketing-Product, Price, Place and Promotion and apply them as per requirement 	Create a sample business plan, for the selected business opportunity		
Classroom Aids:			
Whiteboard, marker pen, projector			
Tools, Equipment and Other Requirements			

Customer Service Mapped to DGT/VSQ/N0103

Terminal Outcomes:

• Describe ways of maintaining customer.

Duration : <5:00>
Practical – Key Learning Outcomes
Demonstrate how to identify customer needs and respond to them in a professional manner









Getting ready for apprenticeship & Jobs Mapped to DGT/VSQ/N0103

Terminal Outcomes:

• Describe ways of preparing for apprenticeship & Jobs appropriately.

Practical – Key Learning Outcomes	
Practical – Key Learning Outcomes	
 Draft a professional Curriculum Vitae (CV) Use various offline and online job search sources to find and apply for jobs Role play a mock interview 	









Annexure

Trainer Requirements

		Trainer	Prerequisites			
Minimum Educational	Specialization	Relevant Industry Experience		Training Experience		Remarks
Qualification		Years	Specialization	Years	Specialization	
10th pass with Diploma in Beauty or Cosmetology	Cosmetology/Beauty Course	2	Skincare Services	1	N.A	Diploma should be minimum of 6 months

Trainer Certification				
Domain Certification Platform Certification				
BWS/Q0108, V1.0 Trainer	MEP/Q2601, V2.0 Trainer			
Minimum accepted score is 80%	Minimum accepted score is 80%			









Assessor Requirements

Assessor Prerequisites						
Minimum Educational	Specialization	Relevant Industry Experience		Assessment Experience		Remarks
Qualification		Years	Specialization	Years	Specialization	
12th pass with Advance Diploma in Beauty or Cosmetology	Cosmetology/ Beauty Courses	3	Skincare Services	2	N.A	Diploma should be minimum of 6 months period; followed by Advanced Diploma of minimum 3 months

Assessor Certification				
Domain Certification Platform Certification				
BWS/Q0108, V1.0 Assessor Minimum accepted score is 90%	MEP/Q2701, V2.0 Assessor Minimum accepted score is 90%			









Assessment Strategy

Assessment system Overview

Assessment will be carried out by assessment partners with no link to training partners. Based on the results of assessment, B&WSSC will certify the learners. Assessor has to pass assessment of theoretical knowledge of the job role and approved by B&WSSC.

The assessment will have both theory and practical components in 20:80 ratios. While theory assessment is summative and a written exam; practical will involve demonstrations of applications and presentations of procedures and other components. Practical assessment will also be summative in nature.

Testing Environment

Training partner has to share the batch start date and end date, number of trainees and the job role.

Assessment will be fixed for a day after the end date of training. It could be next day or later. Assessment will be conducted at the training venue.

Room where assessment is conducted will be set with proper seating arrangements with enough space to prevent copying.

Question bank of theory and practical will be prepared by assessment agency and approved B&WSSC. From this set of questions, assessment agency will prepare the question paper. Theory testing will include multiple choice questions, pictorial question, etc. which will test the trainee on his theoretical knowledge of the subject.

The theory and practical assessments will be carried out on same day. The question paper is pre-loaded in the computer (incase of online assessment) and it will be in the language requested by the training partner.

Presentation will be one mode of assessment and so computers and LDC projector will be available for assessment. Viva will also be used to gauge trainee's confidence and correct knowledge in handling job situations.

Assessment Quality Assurance framework

Assessor has to go through orientation program organized by Assessment Agency. The training would give an overview to the assessors on the overall framework of QP evaluation. Assessor shall be given a NOS and PC level overview of each QP as applicable. Overall structure of assessment and objectivity of the marking scheme will be explained to them.

The giving of marks will be driven by an objective framework which will maintain standardization of marking scheme.









In case of many candidates to be accommodated in one venue for theory assessment, caution is taken not to let the candidates who competed test meet those who have not. Once the first batch has moved out of the knowledge based assessment area, the second batch must be taken from the main waiting area and seated in the respective seats for their knowledge based assessment.

For practical, the instructions for taking the test are clearly written on the board in the lab or shared with the candidates verbally.

The assessment will be video recorded and submitted to B&WSSC. The training partner will intimate the time of arrival of the assessor and time of leaving the venue.

Methods of Validation

Unless the trainee is registered, the person cannot undergo assessment. To further ensure that the person registered is the person appearing for assessment, id verification will be carried out. Aadhar card number is part of registering the candidate for training. This will form the basis of further verification during the assessment.

Assessor conducts the assessment in accordance with the assessment guidelines and question bank as per the job role.

The assessor carries tablet with the loaded questions. This tablet is geotagged and so it is monitored to check their arrival and completion of assessment.

Video of the practical session is prepared and submitted to B&WSSC.

Random spot checks/audit is conducted by B&WSSC assigned persons to check the quality of assessment.

Assessment agency will be responsible to put details in SIP.

B&WSSC will also validate the data and result received from the assessment agency.

Method of assessment documentation and access

The assessment agency will upload the result of assessment in the portal. The data will not be accessible for change by the assessment agency after the upload. The assessment data will be validated by B&WSSC assessment team. After upload, only B&WSSC can access this data. B&WSSC approves the results within a week and uploads on SIP.









References

Glossary

Term	Description
Declarative Knowledge	Declarative knowledge refers to facts, concepts and principles that need to be known and/or understood in order to accomplish a task or to solve a problem.
Key Learning Outcome	Key learning outcome is the statement of what a learner needs to know, understand and be able to do in order to achieve the terminal outcomes. A set of key learning outcomes will make up the training outcomes. Training outcome is specified in terms of knowledge, understanding (theory) and skills (practical application).
OJT (M)	On-the-job training (Mandatory); trainees are mandated to complete specified hours of training on site
OJT (R)	On-the-job training (Recommended); trainees are recommended the specified hours of training on site
Procedural Knowledge	Procedural knowledge addresses how to do something, or how to perform a task. It is the ability to work, or produce a tangible work output by applying cognitive, affective or psychomotor skills.
Training Outcome	Training outcome is a statement of what a learner will know, understand and be able to do upon the completion of the training .
Terminal Outcome	Terminal outcome is a statement of what a learner will know, understand and be able to do upon the completion of a module. A set of terminal outcomes help to achieve the training outcome.









Acronyms and Abbreviations

Term	Description
QP	Qualification Pack
NSQF	National Skills Qualification Framework
NSQC	National Skills Qualification Committee
NOS	National Occupational Standards