



Model Curriculum

QP Name: Aesthetic Skin Technician

QP Code: BWS/Q0504

QP Version: 2.0

NSQF Level: 4

Model Curriculum Version: 1.0

Beauty & Wellness Sector Skill Council
Office no. - UG-5B, Upper Ground Floor, Himalaya House-23, Kasturba Gandhi Marg,
Connaught Place, Delhi-110001

Table of Contents

Training Parameters.....	2
Program Overview	3
Training Outcomes.....	3
Compulsory Modules.....	3
Introduction to the program and the role of Aesthetic Skin Technician	5
Module 1: Prepare and maintain work area.....	6
Module 2: Perform facial electrotherapy	8
Module 3: Identify the chemical composition of various beauty & hair products for effective use..	9
Module 4: Consult and advise clients on various anti-ageing treatments for skin and hair	10
Module 5: Counsel and perform hair removal services using laser	11
Module 6: Counsel and perform skin rejuvenation services by using peels/micro- dermabrasion/laser appliances	12
Module 7: Counsel and perform acne treatments using peels/ high frequency/laser	13
Module 8: Counsel and provide anti-pigmentation services by using superficial peels/dermabrasion.....	14
Module 9: Maintain health and safety of work area	15
Module 10: Create a positive impression at work area.....	16
Annexure.....	17
Trainer Requirements	18
Assessor Requirements.....	19
Assessment Strategy.....	20
References	21
Glossary.....	22
Acronyms and Abbreviations.....	23

Training Parameters

Sector	Beauty & Wellness
Sub-Sector	Non-Invasive Cosmetology
Occupation	Aesthetic Skin Services
Country	India
NSQF Level	4
Aligned to NCO/ISCO/ISIC Code	NCO-2015/5142.0100
Minimum Educational Qualification and Experience	<p>10th grade pass and pursuing continuous schooling</p> <p>OR</p> <p>10th grade pass plus 1-year NTC/ NAC</p> <p>OR</p> <p>10th grade pass with 2 Years of experience Relevant experience</p> <p>OR</p> <p>Previous relevant Qualification of NSQF Level (3) with minimum education as 5th Grade pass) with 2 Years of experience of relevant experience</p>
Pre-Requisite License or Training	
Minimum Job Entry Age	20 years
Last Reviewed On	24/02/2022
Next Review Date	24/02/2025
NSQC Approval Date	24/02/2022
QP Version	2.0
Model Curriculum Creation Date	24/02/2022
Model Curriculum Valid Up to Date	24/02/2025
Model Curriculum Version	1.0
Minimum Duration of the Course	600:00 Hrs.
Maximum Duration of the Course	690:00 Hrs. (with 90 hours of OJT)

BWS/N0502: Identify the chemical composition of various beauty & hair products for effective use, V1.0, NSQF Level 4	20	40		—	60
Identify the chemical composition of various beauty & hair products for effective use	20	40		—	60
BWS/N0503: Consult and advise clients on various anti-ageing treatments for skin and hair, V1.0, NSQF Level 4	20	40	—	—	60
Consult and advise clients on various anti-ageing treatments for skin and hair	20	40	—	—	60
BWS/N0504: Consult and perform hair removal services using laser V1.0, NSQF Level 4	30	60	—	—	90
Consult and perform hair removal services using laser	30	60	—	—	90
BWS/N0505: Counsel and perform skin rejuvenation services by using peels/micro-dermabrasion/laser appliances, V1.0, NSQF Level 4	20	40	—	—	60
Counsel and perform skin rejuvenation services by using peels/micro-dermabrasion/laser appliances	20	40	—	—	60
BWS/N0506: Counsel and perform acne treatments using peels/ high frequency/laser, V1.0, NSQF 4	20	40	—	—	60
Counsel and perform acne treatments using	20	40	—	—	60

peels/ high frequency/laser					
BWS/N0507 Counsel and provide anti-pigmentation services by using superficial peels/dermabrasion, V1.0, NSQF Level 4	20	40	—	—	60
Counsel and provide anti-pigmentation services by using superficial peels/dermabrasion	20	40	—	—	60
BWS/N9002- Maintain health and safety at the workplace V3.0, NSQF Level 3	10	20	—	—	30
Maintain health and safety at the workplace	10	20	—	—	30
BWS/N9003- Create a positive impression at the workplace V3.0, NSQF Level 3	10	20	—	—	30
Create a positive impression at the workplace	10	20	—	—	30
DGT/VSQ/N0102: Employability Skills NOS Version No. 1.0 NSQF Level 4	24	36			60
DGT/VSQ/N0102: Employability Skills	24	36			60
Total Duration	204:00	396:00	90	—	690:00 Hrs.

Prepare and maintain work area

Mapped to Aesthetic Skin Technician, BWS/Q0501

Terminal Outcomes:

- Carry out preparation and maintenance of work area

Duration: 09:00 Hrs.	Duration: 20:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> Discuss the significance of maintaining hygienic, safe, disinfected and suitable ambient conditions at work place; such as by using air purifiers to reduce dust, dander, smoke, allergens & odour resulting in a healthier, fresher & cleaner environment and restructuring the workplace set-up by keeping a minimum distance of 2 meters in between two clientele, practicing social distancing by avoiding handshakes/ hugs to co-workers/ clientele, etc. Identify and prepare equipment & products required for the respective service Discuss the instructions required in preparing a sterilization solution as per organizational standards using approved products and as per manufacturer's and checking leakages Identify need of segregating recyclable, non-recyclable and hazardous waste generated in separate bin Conduct employee awareness program; such as for COVID-19 by displaying posters/ signage's promoting regular hand-washing and respiratory hygiene in the premises 	<ul style="list-style-type: none"> Demonstrate organizing the sterilized/ disinfected equipment for a service delivery; equipment such as bowls, cotton etc. Demonstrate disposing of waste in the designated area at work place; waste materials such as disposable triple layered surgical face mask, disposable gloves, etc. Demonstrate the use of electrical equipment while providing services and its proper maintenance when not in use Prepare reports of materials and equipment securely in line with the organisational policies Apply digital mode of payment to lessen any kind of cross infection; digital mode such as use of debit/credit cards, internet banking, mobile wallets, digital payment apps, etc.
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Disposable white sheet, Hand Sanitizer, Disposable Mouth Mask, Disposable Hand gloves, Pre-cut Cotton pads, Pre-cut Gauze, Face tissue, Disposable hand napkins, Disposable gown, Ear buds, First aid kit, Fire Extinguisher	

Perform facial electrotherapy

Mapped to Aesthetic Skin Technician, BWS/Q0504

Terminal Outcomes:

- Perform facial electrotherapy

Duration: 20:00 Hrs.	Duration: 40:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> Describe the importance of proper consulting, planning and preparing clients Identify contra-indications that affect or restrict the treatments List the significance of positioning self and client throughout treatment to ensure privacy, comfort and wellbeing Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	<ul style="list-style-type: none"> Perform and adapt the therapy using materials, equipment and techniques correctly and safely to meet the needs of the client and follow manufacturer's instructions. Consult with clients on background, medical history etc. with consent form Carry out facial electrotherapy to improve facial and skin condition using direct high frequency, galvanic, EMS, micro current and lymphatic drainage equipment. Use Electro Muscle Stimulator (EMS) on the motor points of the facial muscles Choose and use the appropriate size and type of Ventouse Choose and use the correct strokes and amount of suction in towards the lymph nodes Galvanic Perform application of desincrustation/ iontophoresis gel/solution Perform direct & indirect high-frequency method Carry out maintaining of micro current electrodes Carry out the client's understanding and expectation prior to commencement of treatment Carry out the therapy to the satisfaction of the guest in a commercially acceptable time Record the therapy accurately and store information securely in line with the organization's policies Perform specific after-process advice to the client
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Disposable Headband, Disposable front towel & back towel, Make up remover, Non-Alcoholic Toner, Sunscreen SPF 15 or more	

Mapped to Aesthetic Skin Technician, BWS/Q0504

- Identify the chemical composition of various beauty & hair products for effective use

9 | Aesthetic Skin Technician

Consult and advise clients on various anti-ageing treatments for skin and hair

Mapped to Aesthetic Skin Technician, BWS/Q0504

Terminal Outcomes:

- Consult and advise clients on various anti-ageing treatments for skin and hair

Duration: 20:00 Hrs.	Duration: 40:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> Describe the importance of proper consulting, planning and preparing clients Identify contra-indications that affect or restrict the treatments List the significance of positioning self and client throughout treatment to ensure privacy, comfort and wellbeing Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	<ul style="list-style-type: none"> Perform the treatment using materials, equipment and techniques correctly and safely to meet the needs of the client and follow manufacturer's instructions. Consult the client by questioning to identify contra-indications to skin and provide recommendations for treatments that are suitable to the client Carry out the treatment to the satisfaction of the guest in a commercially acceptable time Record the treatment accurately and store information securely in line with the organization's policies Perform specific after-process advice to the client
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Disposable Headband, Disposable front towel & back towel, Make up remover, Non-Alcoholic Toner, Sunscreen SPF 15 or more , Laser Machine [NdYAG/ Diode], UPS for operating the machine [If required], Sono Gel, Zimmer/ Cooling Device, Cleanser, Disposable Razor, Magnifying Glass, Protective eye wear, Local Aesthetic Cream as prescribed by expert, Ice cubes/ Cold compress packs, Moisturizer/ Skin protection cream, Alcohol Swabs, Acetone, Marking pencil	

*OJT: 10 Hrs.

Consult and perform hair removal services using laser

Mapped to Aesthetic Skin Technician, BWS/Q0504

Terminal Outcomes:

- Counsel and perform hair removal services using laser

Duration: 30:00 Hrs.	Duration: 60:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Describe the importance of proper consulting, planning and preparing clients • Identify contra-indications that affect or restrict the treatments • List the significance of positioning self and client throughout treatment to ensure privacy, comfort and wellbeing • Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	<ul style="list-style-type: none"> • Perform the services using materials, equipment and techniques correctly and safely to meet the needs of the client and follow manufacturer's instructions such as operating the machine effortlessly which includes, switching it ON and OFF, sanitizing it, machine settings, handling the handpiece while delivering the shots and maintenance at the end of the day as per the requirement • Consult the client by questioning to identify contra-indications to skin and provide recommendations for treatments that are suitable to the client • Carry out the treatment to the satisfaction of the guest in a commercially acceptable time • Record the treatment accurately and store information securely in line with the organization's policies • Perform specific after-process advice to the client
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Laser Machine [NdYAG/ Diode], UPS for operating the machine [If required], Sono Gel, Zimmer/ Cooling Device, Cleanser, Disposable Razor, Magnifying Glass, Protective eye wear, Local Aesthetic Cream as pre-scribed by expert, Ice cubes/ Cold compress packs, Moisturizer/ Skin protection cream, Alcohol Swabs, Acetone, Marking pencil	
For Handling Adverse events [accidental] – An Anti-Allergic medicine for local application as per Doctors' prescription	

*OJT: 20 Hrs.

Counsel and perform skin rejuvenation services by using peels/micro-dermabrasion/laser appliances

Mapped to Aesthetic Skin Technician, BWS/Q0504

Terminal Outcomes:

- Counsel and perform skin rejuvenation services by using peels/micro-dermabrasion/laser appliances

Duration: 20:00 Hrs.	Duration: 40:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> Describe the importance of proper consulting, planning and preparing clients Identify contra-indications that affect or restrict the treatments List the significance of positioning self and client throughout treatment to ensure privacy, comfort and wellbeing Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	<ul style="list-style-type: none"> Perform the treatment using materials, equipment and techniques correctly and safely to meet the needs of the client and follow manufacturer's instructions. Consult the client by questioning to identify contra-indications to skin and provide recommendations for treatments that are suitable to the client Carry out the treatment to the satisfaction of the guest in a commercially acceptable time Record the treatment accurately and store information securely in line with the organization's policies Perform specific after-process advice to the client
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Deep pore soap free cleanser, Vaseline, Application brush, pre-cut eye pads, Cold compress packs/ ice cubes wrapped in disposable hand napkin, Mild peels [ideally with pH more than 3.5] , Hydrating Peel off face Mask	
For Handling Adverse events [accidental] – An Anti-Allergic medicine for local application as per Doctors' prescription	

*OJT: 20 Hrs.

Counsel and perform acne treatments using peels/ high frequency/laser Mapped to Aesthetic Skin Technician, BWS/Q0504

Terminal Outcomes:

- Counsel and perform acne treatments using peels/ high frequency/laser

Duration: 20:00 Hrs.	Duration: 40:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> Describe the importance of proper consulting, planning and preparing clients Identify contra-indications that affect or restrict the treatments List the significance of positioning self and client throughout treatment to ensure privacy, comfort and wellbeing Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	<ul style="list-style-type: none"> Perform the treatment using materials, equipment and techniques correctly and safely to meet the needs of the client and follow manufacturer's instructions. Consult the client by questioning to identify contra-indications to skin and provide recommendations for treatments that are suitable to the client Carry out the treatment to the satisfaction of the guest in a commercially acceptable time Record the treatment accurately and store information securely in line with the organization's policies Perform specific after-process advice to the client
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Deep pore soap free cleanser, Vaseline, Application brush, pre-cut eye pads, Cold compress packs/ ice cubes wrapped in disposable hand napkin, Mild peels [ideally with pH more than 3.5] , Hydrating Peel off face Mask	
For Handling Adverse events [accidental] – An Anti-Allergic medicine for local application as per the Doctors' prescription	

*OJT: 20 Hrs.

Counsel and provide anti-pigmentation services by using superficial peels/dermabrasion

Mapped to Aesthetic Skin Technician, BWS/Q0504

Terminal Outcomes:

- Counsel and provide anti-pigmentation services by using superficial peels/dermabrasion

Duration: 20:00 Hrs.	Duration: 40:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> Describe the importance of proper consulting, planning and preparing clients Identify contra-indications that affect or restrict the treatments List the significance of positioning self and client throughout treatment to ensure privacy, comfort and wellbeing Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	<ul style="list-style-type: none"> Perform the treatment using materials, equipment and techniques correctly and safely to meet the needs of the client and follow manufacturer's instructions. Consult the client by questioning to identify contra-indications to skin and provide recommendations for treatments that are suitable to the client Carry out the treatment to the satisfaction of the guest in a commercially acceptable time Record the treatment accurately and store information securely in line with the organization's policies Perform specific after-process advice to the client
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Microdermabrasion machine, depending on the machine - Diamond Tips or Neutral Aluminium Oxide crystals, Face/ Body Nozzle, Alcohol Swabs, Cold compress packs/ ice cubes wrapped in disposable hand napkin, Hydrating Peel off face Mask	
For Handling Adverse events [accidental] – An Anti-Allergic medicine for local application as per the Doctors' prescription	

*OJT: 20 Hrs.

Maintain health and safety at the workplace

Mapped to Aesthetic Skin Technician, BWS/Q0504

Terminal Outcomes:

- Describe the application of health and safety practices at the workplace

Duration: 10:00 Hrs.	Duration: 20:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> State the significance of personal protective equipment (PPE) & its efficient supply at work place; PPE such as tissues, antibacterial soaps, alcohol-based hand cleansers, triple layered surgical face masks, gloves, etc. Discuss the importance of maintaining basic hygiene at work place to avoid any kind of cross infection; basic hygiene such as wearing disposable N-95/ triple layered surgical face mask, gloves, apron, washing/ sanitizing hands & taking bath at regular intervals, etc. Explain the importance of maintaining first aid kit at work place Identify and list potential risks and hazards in the workplace 	<ul style="list-style-type: none"> Demonstrate and state significance of maintaining posture and position to minimize fatigue and the risk of injury Demonstrate the method of sterilizing equipment & tools before and after use Prepare, maintain and report accident reports as per organisational policies
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
First Aid kit, Fire Extinguishers, Sterilizers, Waste Disposal Bins, Disposable hand napkins, Disposable gown	

Create a positive impression at the workplace

Mapped to Aesthetic Skin Technician, BWS/Q0504

Terminal Outcomes:

- Describe the importance of personal hygiene and grooming while executing task

Duration: 10:00 Hrs.	Duration: 20:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> Explain the importance of maintaining personal hygiene and grooming; such as sanitized hands, neatly tied and covered hair, clean nails, sanitized uniform while engaging with clients with no gender stereotyping, to ensure privacy, comfort and wellbeing of all the genders throughout the services, etc. List the ways to manage client expectations; such as by identifying new techniques State the importance of maintaining confidentiality of information while performing documentation of records Conduct employee awareness program; such as internalization of gender, PwD sensitization on designing PwD friendly workplace 	<ul style="list-style-type: none"> Demonstrate confidence at the workplace by managing and identifying various business opportunities Demonstrate the different formats of maintaining documentation of records Demonstrate the process of client appointment scheduling; pre-bookings and maintaining the work area, equipment, product stocks to meet the schedule Carry out different & effective ways of communication for clients; clients could be from different culture, religion, age, background, disability, gender; and communication such as email, phone etc. Perform activities related to the financial literacy; such as saving money, opening bank accounts, linking Aadhaar card to bank account, using various e-commerce payment systems, etc.
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
POS Machine	

Annexure

Trainer Requirements

Trainer Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training Experience		Remarks
		Years	Specialization	Years	Specialization	
12 th pass	Advance Diploma in Cosmetology OR NSQF Level-5 Senior Beauty Therapist OR ITI	3	Aesthetics, non-invasive cosmetology and laser	1	N.A	

Trainer Certification	
Domain Certification	Platform Certification
BWS/Q0501, V2.0 Trainer Minimum accepted score is 80%	Trainer (VET and Skills) MEP/Q2601, V2.0 Minimum accepted score is 80%

Assessor Requirements

Assessor Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training/Assessment Experience		Remarks
		Years	Specialization	Years	Specialization	
12 th pass	Advance Diploma in Cosmetology OR NSQF Level-5 Senior Beauty Therapist OR ITI	4	Aesthetics, non-invasive cosmetology and laser	2		N.A

Assessor Certification	
Domain Certification	Platform Certification
BWS/Q0501, V2.0 Assessor Minimum accepted score is 80%	Assessor (VET and Skills) MEP/Q2701, V2.0 Minimum accepted score is 90%

In case of many candidates to be accommodated in one venue for theory assessment, caution is taken not to let the candidates who competed test meet those who have not. Once the first batch has moved out of the knowledge based assessment area, the second batch must be taken from the main waiting area and seated in the respective seats for their knowledge based assessment.

For practical, the instructions for taking the test are clearly written on the board in the lab or shared with the candidates verbally.

The assessment will be video recorded and submitted to B&WSSC. The training partner will intimate the time of arrival of the assessor and time of leaving the venue.

Methods of Validation

Unless the trainee is registered, the person cannot undergo assessment. To further ensure that the person registered is the person appearing for assessment, id verification will be carried out. Aadhar card number is part of registering the candidate for training. This will form the basis of further verification during the assessment.

Assessor conducts the assessment in accordance with the assessment guidelines and question bank as per the job role.

The assessor carries tablet with the loaded questions. This tablet is geotagged and so it is monitored to check their arrival and completion of assessment.

Video of the practical session is prepared and submitted to B&WSSC.

Random spot checks/audit is conducted by B&WSSC assigned persons to check the quality of assessment.

Assessment agency will be responsible to put details in SIP.

B&WSSC will also validate the data and result received from the assessment agency.

Method of assessment documentation and access

The assessment agency will upload the result of assessment in the portal. The data will not be accessible for change by the assessment agency after the upload. The assessment data will be validated by B&WSSC assessment team. After upload, only B&WSSC can access this data. B&WSSC approves the results within a week and uploads on SIP.

References

Glossary

Term	Description
Declarative Knowledge	Declarative knowledge refers to facts, concepts and principles that need to be known and/or understood in order to accomplish a task or to solve a problem.
Key Learning Outcome	Key learning outcome is the statement of what a learner needs to know, understand and be able to do in order to achieve the terminal outcomes. A set of key learning outcomes will make up the training outcomes. Training outcome is specified in terms of knowledge, understanding (theory) and skills (practical application).
OJT (M)	On-the-job training (Mandatory); trainees are mandated to complete specified hours of training on site
OJT (R)	On-the-job training (Recommended); trainees are recommended the specified hours of training on site
Procedural Knowledge	Procedural knowledge addresses how to do something, or how to perform a task. It is the ability to work, or produce a tangible work output by applying cognitive, affective or psychomotor skills.
Training Outcome	Training outcome is a statement of what a learner will know, understand and be able to do upon the completion of the training .
Terminal Outcome	Terminal outcome is a statement of what a learner will know, understand and be able to do upon the completion of a module . A set of terminal outcomes help to achieve the training outcome.

Acronyms and Abbreviations

Term	Description
QP	Qualification Pack
NSQF	National Skills Qualification Framework
NSQC	National Skills Qualification Committee
NOS	National Occupational Standards