

Inviting application from reputed Nutritionist for training 60 IndiaSkills Gold Winners for WorldSkills2024

Introduction:

Beauty & Wellness Sector Skill Council (B&WSSC) a recognised Awarding Body of National Council for Vocational Education & Training (NCVET), promoted by CII, with financial support from the National Skill Development Corporation (NSDC), under the aegis of Ministry of Skill Development and Entrepreneurship (MSDE).

B&WSSC invites proposal from qualified Nutritionist to design and deliver a comprehensive training program aimed at enhancing the well-being and performance of 60 Gold winners of India Skills 2024 competition in various vocational skills who now will be representing India at the WorldSkills 2024 competition at Lyon, France scheduled in the month of September 2024

The WorldSkills competition is a prestigious international event that brings together young skilled professionals from around the globe to compete in various vocational skills. Representing India on this global stage is a significant achievement and an opportunity to showcase our nation's talent and dedication to skill development. However, the intense preparation and high-pressure environment of such a competition can be challenging for participants.

Nutrition plays a crucial role in ensuring that our IndiaSkills winners are physically and mentally prepared to compete at an international level. Proper nutrition helps in enhancing stamina, concentration, and overall performance, which are vital for success in the WorldSkills Competition.

Educating the participants on balanced diets will empower them with the knowledge to make informed dietary choices. A well-balanced diet provides the necessary nutrients to maintain energy levels and support overall health, which is essential for rigorous competition schedules.

Scope of Work: The broader aspects of this training would & should include the following, though this list is not exhaustive & we might collectively agree on adding more modules:

- 1) Education on Balanced Diets
- 2) Importance of Nutrition for Optimal Performance
- 3) Tips for Maintaining Healthy Eating Habits While Traveling
- 4) Individual Diet Planning
- 5) Inclusion of French Staple Food Items

Objectives:

1. Holistic and personalized approach to nutrition that supports the physical and mental preparation
2. Familiarizing participants with dietary requirements needed in a new country
3. Foster a positive and confident mindset among participants
4. Promote overall well-being

Target Audience:

60 Gold winners of India Skills 2024 competition, both male and female, who will represent India in WorldSkills 2024 between the age group 18 to 22

Training Delivery:

The first phase of training will happen virtually from 5th August to 31st August, dedicating 2 hours twice/thrice a week in a group & weekly one-on-one session for 30 min, followed by in-person half day-long sessions (group & one-on-one) from 1st September to 6th September in Delhi.

The training should be conducted through a series of workshops and individual coaching/consultation sessions.

Proposal Requirements:

1. **Company/Individual Profile:**
 - Brief description of the organization or individual applying.
 - Relevant experience and qualifications in nutrition and training.
 - Details of similar projects undertaken in the past.

2. **Approach and Methodology:**
 - Detailed plan on how the training will be conducted.
 - Methods and techniques to be used for each training area.

3. **Team Composition:**
 - Information about the team members who will be involved in the training.
 - Qualifications and experience of each team member.

4. **Budget:**
 - Detailed budget for the entire training program.
 - Breakdown of costs for each component of the training.
 - Specialized content to be curated which will later be retained by B&WSSC for its use.

Eligibility criteria:

- 1) Masters in Nutrition with Minimum 12 years of experience in the respective domain
- 2) Should be a member of IDA (Indian Dietetics Association)

3) Languages known – Hindi and English. Knowledge of any regional language will be preferred.

Submission Details:

- **Deadline for Submission:** 1st August, 2024 latest by 2:30 p.m.
- **Submission Method:** Proposals should be submitted via email to Swarleen.kaur@bwssc.in and rahul.malik@bwssc.in with cc to ceo@bwssc.in

The proposal can also be submitted in person to our office at the following address:

Beauty & Wellness Sector Skill Council

5B, Upper Ground Floor, Himalaya House

Kasturba Gandhi Marg, Connaught Place, New Delhi 110001

- **Contact Information:** For any queries, please reach out at Swarleen.kaur@bwssc.in

B&WSSC reserves the right to accept or reject any proposal and to make the final selection based on the best interests of the organization and its participants.