



# BEAUTY THERAPIST

**Sample Question Paper**

**B&WSSC**



## SAMPLE QUESTION PAPER

**Beauty & Wellness Sector Skill Council**

**Qualification Name:** Beauty Therapist

**QP Code:** BWS/Q0102

**NSQF Level:** 4

**Assessment Type:** Sample Question Paper

### Assessment Structure

Component	Marks
Theory	256
Practical	448
Viva	256
<b>Total</b>	<b>960</b>

### SECTION A – THEORY

**Total Questions:** 30

**Time Allowed:** 45 Minutes

**Total Theory Marks:** 256

#### Instructions

1. All questions are compulsory.
2. Choose the most appropriate answer for each question.
3. Use of unfair means is strictly prohibited.

### Multiple Choice Questions

1. What is the main purpose of preparing the work area before starting any beauty service?
  - a) To reduce effort
  - b) To ensure hygiene, safety, and efficiency
  - c) To attract clients
  - d) To save products
2. Which document is used to record client details, medical history, and services provided?
  - a) Attendance register
  - b) Client consultation card
  - c) Stock register
  - d) Invoice
3. Which skin type generally requires oil-free products?
  - a) Dry
  - b) Normal
  - c) Oily
  - d) Mature



4. Which layer of the skin contains blood vessels and nerve endings?
  - a) Epidermis
  - b) Dermis
  - c) Cuticle
  - d) Stratum corneum
5. What is the purpose of patch testing before advanced skin treatments?
  - a) To save time
  - b) To check product expiry
  - c) To identify allergic reactions
  - d) To improve results
6. Which massage movement involves rhythmic tapping actions?
  - a) Effleurage
  - b) Petrissage
  - c) Tapotement
  - d) Friction
7. Why is pre-wax powder applied before waxing?
  - a) To cool the skin
  - b) To absorb moisture and oil
  - c) To remove wax residue
  - d) To slow hair growth
8. Hair should be removed in which direction during waxing?
  - a) Along hair growth
  - b) Circular motion
  - c) Opposite to hair growth
  - d) Upwards
9. Which hair growth phase gives the best waxing results?
  - a) Catagen
  - b) Telogen
  - c) Anagen
  - d) Dormant
10. What is the main function of the sebaceous gland?
  - a) Sweat production
  - b) Oil secretion
  - c) Sensory response
  - d) Hair growth
11. Which machine is commonly used to open pores and soften skin during facial treatments?
  - a) High frequency machine
  - b) Galvanic machine
  - c) Facial steamer
  - d) LED machine



12. What is the primary function of a high-frequency facial machine?
  - a) Skin hydration
  - b) Germicidal action and acne control
  - c) Skin tightening
  - d) Hair removal
13. Why should electrical equipment be checked before use?
  - a) To increase speed
  - b) To avoid product wastage
  - c) To ensure safety and proper functioning
  - d) To impress clients
14. What precaution must be taken while operating electrical facial equipment?
  - a) Use on wet hands
  - b) Ignore manufacturer instructions
  - c) Ensure dry hands and proper earthing
  - d) Operate continuously
15. Which equipment uses light therapy for skin rejuvenation?
  - a) Vacuum suction
  - b) LED light machine
  - c) Galvanic unit
  - d) Steamer
16. What should a therapist do if a contra-action occurs during a service?
  - a) Continue carefully
  - b) Stop the service immediately
  - c) Apply more product
  - d) Ignore the reaction
17. Which practice helps prevent cross-infection in a salon?
  - a) Sharing tools
  - b) Proper sterilization and disinfection
  - c) Reusing disposables
  - d) Skipping hand sanitization
18. Why is client positioning important during treatments?
  - a) Therapist comfort only
  - b) Client safety, comfort, and privacy
  - c) Faster service
  - d) Better product absorption
19. Which product is used to soothe skin after threading?
  - a) Cleanser
  - b) Toner
  - c) Aloe vera gel
  - d) Primer



20. Which colour corrector neutralizes redness on the skin?
- a) Yellow
  - b) Green
  - c) Orange
  - d) Purple
21. Why must manufacturer's instructions be followed while using machines?
- a) To reduce cost
  - b) To ensure safety and effectiveness
  - c) To increase treatment time
  - d) To avoid cleaning
22. How should hazardous waste be disposed in a salon?
- a) With general waste
  - b) Reused
  - c) Segregated and disposed safely
  - d) Stored openly
23. What is the purpose of post-procedure homecare advice?
- a) Increase revenue
  - b) Ensure safety and long-lasting results
  - c) Reduce client visits
  - d) Replace treatment
24. Which factor affects makeup appearance under different lighting?
- a) Face shape
  - b) Colour temperature of light
  - c) Moisturizer used
  - d) Skin thickness
25. What behaviour creates a positive professional impression?
- a) Casual communication
  - b) Professional appearance and etiquette
  - c) Silent working
  - d) Informal greetings
26. Why should electrical machines be switched off when not in use?
- a) Save electricity only
  - b) Reduce noise
  - c) Prevent accidents and equipment damage
  - d) Improve speed
27. Which muscle group is mainly worked during facial massage?
- a) Arm muscles
  - b) Facial and neck muscles
  - c) Leg muscles
  - d) Abdominal muscles



28. What is the purpose of recommending follow-up services?
- a) Increase revenue only
  - b) Maintain results and client trust
  - c) Reduce homecare
  - d) Replace advice
29. Which record helps track services and inventory usage?
- a) Client feedback form
  - b) Client service record
  - c) Attendance sheet
  - d) Salary register
30. Why is client privacy important during beauty services?
- a) Legal requirement only
  - b) Professional ethics and comfort
  - c) Faster service
  - d) Billing accuracy



## SECTION B – PRACTICAL

**Total Practical Marks: 448**

**Practical Task:** Perform a complete basic facial service using appropriate tools and electrical equipment (where applicable).

### Assessment Criteria (Indicative):

- Client consultation & preparation
- Work area hygiene and safety
- Correct product & machine selection
- Safe handling of electrical equipment
- Facial procedure execution
- Client comfort & communication
- Post-procedure care and advice

## SECTION C – VIVA VOCE

**Total Viva Marks: 256**

### Viva Questions:

1. Why is consultation important before providing beauty services?
2. What safety precautions are required while using electrical equipment?
3. Explain contraindications related to facial treatments.
4. What are the benefits of LED or high-frequency machines?
5. Why is post-service homecare advice important?

**END OF QUESTION PAPER**

### Note:

This question paper is also available in the following regional languages:

**Assamese, Bengali, Gujarati, Hindi, Kannada, Malayalam, Marathi, Odia, Punjabi, Tamil and Telugu.**