



SENIOR BEAUTY THERAPIST

Sample Question Paper

B&WSSC



SAMPLE QUESTION PAPER

Beauty & Wellness Sector Skill Council

Qualification Name: Senior Beauty Therapist

QP Code: BWS/Q0104

NSQF Level: 5

Assessment Type: Sample Question Paper

Assessment Structure

Component	Marks
Theory	296
Practical	531
Viva	323
Total	1150

SECTION A – THEORY

Total Questions: 30

Time Allowed: 45 Minutes

Total Theory Marks: 296

Instructions

1. All questions are compulsory.
2. Choose the most appropriate answer for each question.
3. Use of unfair means is strictly prohibited.

Multiple Choice Questions

1. What is the primary objective of preparing the work area before starting any beauty service?
 - a) Save time
 - b) Ensure hygiene, safety, and efficiency
 - c) Reduce product usage
 - d) Impress the client
2. Which practice helps prevent cross-infection in a salon?
 - a) Sharing tools
 - b) Proper sterilization and disinfection
 - c) Reusing disposable items
 - d) Skipping hand hygiene
3. Why is proper waste segregation important in a salon?
 - a) Reduce cost
 - b) Maintain hygiene and environmental safety
 - c) Increase service speed
 - d) Improve storage



4. What should be done if a spillage occurs during service delivery?
 - a) Ignore it
 - b) Continue service
 - c) Clean immediately to prevent accidents
 - d) Cover it with a towel

5. Why is client consultation necessary before beginning a treatment?
 - a) Billing purpose
 - b) To identify expectations and contraindications
 - c) To increase service duration
 - d) To promote products

6. Which document records client history and services provided?
 - a) Attendance register
 - b) Client consultation card
 - c) Invoice
 - d) Feedback form

7. What should a therapist do if a contraindication is identified?
 - a) Continue carefully
 - b) Modify or stop the service
 - c) Ignore it
 - d) Apply more product

8. Why is client positioning important during treatments?
 - a) Therapist comfort only
 - b) Client safety, comfort, and privacy
 - c) Faster service
 - d) Better product absorption

9. Which layer of the skin contains blood vessels and nerve endings?
 - a) Epidermis
 - b) Dermis
 - c) Stratum corneum
 - d) Cuticle

10. Which skin type usually requires oil-free products?
 - a) Dry
 - b) Normal
 - c) Oily
 - d) Sensitive

11. What is the purpose of exfoliation in facial treatments?
 - a) Hydration
 - b) Removal of dead skin cells
 - c) Tightening muscles
 - d) Reducing hair growth



12. Which massage technique involves rhythmic tapping movements?
 - a) Effleurage
 - b) Petrissage
 - c) Tapotement
 - d) Friction
13. Why should face masks be removed as per recommended time?
 - a) Save time
 - b) Prevent skin irritation
 - c) Improve fragrance
 - d) Reduce cost
14. What is the purpose of toning after facial treatment?
 - a) Open pores
 - b) Restore skin balance and tighten pores
 - c) Remove makeup
 - d) Increase oil secretion
15. In which direction should waxing strips be removed?
 - a) Along hair growth
 - b) Circular motion
 - c) Opposite to hair growth
 - d) Upward direction
16. Why is pre-wax powder applied before waxing?
 - a) Cool the skin
 - b) Absorb moisture and oil
 - c) Remove wax residue
 - d) Delay hair growth
17. Which hair growth phase gives the most effective waxing results?
 - a) Catagen
 - b) Telogen
 - c) Anagen
 - d) Resting phase
18. Which product is commonly used to soothe skin after threading?
 - a) Cleanser
 - b) Toner
 - c) Aloe vera gel
 - d) Scrub
19. Which colour corrector is used to neutralize redness on the skin?
 - a) Yellow
 - b) Green
 - c) Orange
 - d) Purple



20. Why is correct lighting important during makeup application?
 - a) Save electricity
 - b) Ensure accurate colour appearance
 - c) Reduce service time
 - d) Improve comfort
21. What should be done before applying makeup on a client?
 - a) Apply foundation directly
 - b) Cleanse, tone, and moisturize the skin
 - c) Start eye makeup
 - d) Apply compact
22. Why should tools be disinfected after every service?
 - a) Improve appearance
 - b) Prevent infections
 - c) Save time
 - d) Reduce cost
23. Why is maintaining client privacy important during beauty services?
 - a) Legal requirement only
 - b) Professional ethics and client comfort
 - c) Faster service
 - d) Accurate billing
24. Which behaviour creates a positive professional impression?
 - a) Casual communication
 - b) Professional appearance and etiquette
 - c) Silent working style
 - d) Informal greetings
25. Why should products be used as per manufacturer instructions?
 - a) Branding
 - b) Safety and effectiveness
 - c) Reduce service time
 - d) Increase fragrance
26. What is the importance of maintaining service records?
 - a) Decoration
 - b) Tracking services, clients, and inventory
 - c) Marketing only
 - d) Attendance
27. Which action demonstrates effective team management?
 - a) Avoid delegation
 - b) Clear communication and guidance
 - c) Ignoring feedback
 - d) Working alone



28. Why is post-procedure homecare advice important?
- a) Increase service charges
 - b) Ensure safety and long-lasting results
 - c) Reduce client visits
 - d) Replace treatment
29. What is the purpose of promoting services and products ethically?
- a) Increase inventory
 - b) Enhance client satisfaction and business growth
 - c) Replace existing services
 - d) Reduce workload
30. What should be done if a client is dissatisfied with a service?
- a) Ignore feedback
 - b) Argue
 - c) Apologize and escalate to supervisor if required
 - d) End the service immediately

SAMPLE



SECTION B – PRACTICAL

Total Practical Marks: 531

Practical Task:

Perform a **complete manual facial treatment** on a client, following consultation, hygiene, safety, correct procedure, and post-service care.

Assessment Criteria (Indicative):

- Client consultation and preparation
- Work area hygiene and safety
- Correct product and tool selection
- Manual facial procedure execution
- Client comfort and communication
- Post-procedure care and advice

SECTION C – VIVA VOCE

Total Viva Marks: 323

Viva Questions

1. Why is consultation important before any beauty service?
2. What precautions are required to prevent cross-infection in a salon?
3. Explain contraindications related to skin treatments.
4. Why is post-service homecare advice important?

What qualities are essential for maintaining professionalism at the workplace?

END OF QUESTION PAPER

Note:

This question paper is also available in the following regional languages:

Assamese, Bengali, Gujarati, Hindi, Kannada, Malayalam, Marathi, Odia, Punjabi, Tamil and Telugu.