



Model Curriculum

QP Name: Cosmetologist

QP Code: BWS/Q0107

QP Version: 3.0

NSQF Level: 4

Model Curriculum Version: 2.0

Beauty & Wellness Sector Skill Council
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Training Parameters

| | |
|---|---|
| Sector | Beauty & Wellness |
| Sub-Sector | Beauty and Salons |
| Occupation | Skincare Services |
| Country | India |
| NSQF Level | 4 |
| Aligned to NCO/ISCO/ISIC Code | NCO-2015/5142.0100 |
| Minimum Educational Qualification and Experience | <p>12th grade pass OR 10th grade pass plus 2-year NTC/ NAC OR 10th grade pass with 3 Years of experience of relevant experience OR Previous relevant Qualification of NSQF Level (3) with minimum education as 8th Grade pass and 3 years of relevant experience)</p> |
| Pre-Requisite License or Training | — |
| Minimum Job Entry Age | 16 years |
| Last Reviewed On | 18/02/2025 |
| Next Review Date | 18/02/2028 |
| NSQC Approval Date | 18/02/2025 |
| QP Version | 3.0 |
| Model Curriculum Creation Date | 18/02/2025 |
| Model Curriculum Valid Up to Date | 18/02/2028 |
| Model Curriculum Version | 2.0 |

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|---------------------------------------|---|
| | |
| Minimum Duration of the Course | 840:00 Hrs. |
| Maximum Duration of the Course | 870:00 Hrs. <i>(Including optional NOS)</i> |

Program Overview

This section summarizes the end objectives of the program along with its duration.

Training Outcomes

At the end of the program, the learner will be able to:

- Explain the objectives of the program
- Explain the roles & responsibilities of Cosmetologist
- Prepare and maintain work area
- Perform shampooing, conditioning and treating the hair using a range of products and techniques
- Apply hair dryer to perform blow dry aligned to the standards of operation of the salon
- Perform hair cut
- Carry out different hairstyles and hair dressing task as per client requirement
- Perform a suitable hair colouring service using temporary and semi-permanent colours, changing hair colour using colouring techniques to achieve the desired look
- Perform Indian head massage and hair spa services using suitable products and massage techniques
- Perform skin care services
- Perform makeup services
- Perform basic saree draping techniques
- Perform hair removal services
- Perform manicure & pedicure services
- Carry out nail art services
- Consult and advise clients
- Maintain health and safety of work area
- Create a positive impression at work area
- Provide sales and customer services to customers for hair, beauty and wellness product and service sales
- Carry out mehndi services

Compulsory Modules

The table lists the modules, their duration and mode of delivery.

| NOS and Module Details | Theory Duration | Practical Duration | On-the-Job Training Duration (Mandatory) | On-the-Job Training Duration (Recommended) | Total Duration |
|---|-----------------|--------------------|--|--|----------------|
| BWS/N9001- Prepare & Maintain the work area V4.0, NSQF Level 3 | 10:00 | 20:00 | 00:00 | 00:00 | 30:00 |
| Bridge Module: Introduction to the program and the role of Cosmetologist | 1:00 | 00:00 | 00:00 | 00:00 | 1:00 |

5 | Cosmetologist

6 | Cosmetologist

| | | | | | |
|---|---------------|---------------|--------------|-------|--------------------|
| Consult and advise clients V4.0, NSQF Level 5 | | | | | |
| Module 17: Consult and advise clients | 10:00 | 20:00 | 00:00 | 00:00 | 30:00 |
| BWS/N4002- Provide sales and customer services to customers for hair, beauty and wellness product and service sales,V4.0, NSQF Level 3 | 10:00 | 20:00 | 00:00 | 00:00 | 30:00 |
| Module 18: Provide sales and customer services to customers for hair, beauty and wellness product and service sales | 10:00 | 20:00 | 00:00 | 00:00 | 30:00 |
| DGT/VSQ/N0102: Employability Skills NOS Version No. 1.0 NSQF Level 4 | 24:00 | 36:00 | 00:00 | 00:00 | 60:00 |
| Module 19: DGT/VSQ/N0102: Employability Skills | 24:00 | 36:00 | 00:00 | 00:00 | 60:00 |
| Total Duration | 279:00 | 501:00 | 60:00 | 00:00 | 840:00 Hrs. |
| Optional BWS/N0127- Carry out application of simple mehndi designs V5.0, NSQF Level 3 | 10:00 | 20:00 | 00:00 | 00:00 | 30:00 |
| Module 20: Carry out application of simple mehndi designs | 10:00 | 20:00 | 00:00 | 00:00 | 30:00 |
| Total Duration | 10:00 | 20:00 | 00:00 | 00:00 | 870:00 Hrs. |

Module Details

Bridge Module: Introduction to the program and the role of Cosmetologist

Mapped to BWS/N9001-Prepare & Maintain the work areaV4.0

Terminal Outcomes:

- Explain the objectives of the program
- Explain the roles & responsibilities of Cosmetologist
- List the career opportunities in Cosmetologist

| | |
|---|--|
| Duration: 01:00 Hrs. | Duration: <hh:mm> |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Explain the objectives of the program • State the roles & responsibilities of a Cosmetologist • List the career opportunities in Cosmetologist • Discuss about the projected growth in Cosmetologist | |
| Classroom Aids | |
| Computer, projector, white board/ flip chart, marker and duster | |
| Tools, Equipment and Other Requirements | |
| N.A | |

Module 1: Prepare and maintain work area

Mapped to BWS/N9001-Prepare & Maintain the work areaV4.0

Terminal Outcomes:

- Carry out preparation and maintenance of work area

| | |
|---|---|
| Duration: 09:00 Hrs. | Duration: 20:00 Hrs. |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> Discuss the significance of maintaining hygienic, safe, disinfected and suitable ambient conditions at work place; such as by using air purifiers to reduce dust, dander, smoke, allergens & odour resulting in a healthier, fresher & cleaner environment and restructuring the workplace set-up by keeping a minimum distance of 2 meters in between two clientele, practicing social distancing by avoiding handshakes/ hugs to co-workers/ clientele, etc. Identify and prepare equipment & products required for the respective service Discuss the instructions required in preparing a sterilization solution as per organizational standards using approved products and as per manufacturer's and checking leakages Identify need of segregating recyclable, non-recyclable and hazardous waste generated in separate bin Conduct employee awareness program; such as for COVID-19 by displaying posters/ signage's promoting regular hand-washing and respiratory hygiene in the premises | <ul style="list-style-type: none"> Demonstrate organizing the sterilized/ disinfected equipment for a service delivery; equipment such as bowls, cotton etc. Demonstrate disposing of waste in the designated area at work place; waste materials such as disposable triple layered surgical face mask, disposable gloves, etc. Demonstrate the use of electrical equipment while providing services and its proper maintenance when not in use Prepare reports of materials and equipment securely in line with the organisational policies Apply digital mode of payment to lessen any kind of cross infection; digital mode such as use of debit/credit cards, internet banking, mobile wallets, digital payment apps, etc. |
| Classroom Aids | |
| Computer, projector, white board/ flip chart, marker and duster | |
| Tools, Equipment and Other Requirements | |
| Therapy Bed, Beauty Trolley, First Aid Kit, Fire, Extinguishers, Sterilizers, Hot Cabinets, Waste Disposal Bin, Record Book, Bowls Bed, Basket, Recliner, Chair, Bowl, Cotton | |

Module 2: Shampoo, condition the hair and scalp

Mapped

Terminal Outcomes:

- Perform shampooing, conditioning and treating the hair using a range of products and techniques

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|---|--|
| Duration: 10:00 Hrs. | Duration: 20:00 Hrs. |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Describe the importance of proper consulting, planning and preparing clients for treatments • Identify the consequences of using incorrect products on hair and scalp • Identify contraindications to shampoo and conditioner • Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers | <ul style="list-style-type: none"> • Select & apply proper products, techniques for effective shampooing services suitable for the client's hair and scalp condition • Prepare the client, self and work area for shampooing and conditioning service • Use various massage techniques to meet the needs of the client • Perform aftercare advice for clients; such as activities to avoid after services • Execute record services; such as maintaining product usage (inventory) record |
| Classroom Aids | |
| Computer, projector, white board/ flip chart, marker and duster | |
| Tools, Equipment and Other Requirements | |
| Anatomy and Physiology Charts, Shampoo Station, Shampoo, Conditioner, Apron, Client Gown, Towels, Shampoo cap | |

Module 3: Perform Indian Head Massage Services and Hair Spa Services

Mapped to BWS/N0206 Perform Indian Head Massage and Hair Spa ServicesV5.0

Terminal Outcomes:

- Perform Indian head massage and hair spa services using suitable products and massage techniques

| | |
|---|--|
| Duration: 10:00 Hrs. | Duration: 20:00 Hrs. |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> Identify the condition of the hair and scalp and provide the suitable services; conditions such as hair structure and hair shaft Identify & select suitable products, tools and equipment based on the clients hair and scalp condition Explain the science of shampooing, conditioning and treating the hair and scalp Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers | <ul style="list-style-type: none"> Prepare self, client and the work area for head massage Select products, tools and equipment suitable for the client's hair and scalp condition Carry out scalp massage services Apply various massage techniques to take account of influencing factors Perform hair straightening or blow drying hair as per the requirement Carry out disposing of all the waste safety according to the salon's standards of hygiene and safety Perform aftercare advice for clients |
| Classroom Aids | |
| Computer, projector, white board/ flip chart, marker and duster | |
| Tools, Equipment and Other Requirements | |
| Trolley, Apron, Client Gown, Wide Tooth Comb, Clips, Bowl and Brush, Plastic Cap, Scalp Steamer, Hair Spa Products, Cotton, Hair Massage Oil, Towels, | |

Module 4: Perform blow-drying of hair

Mapped to BWS/N0205 Perform Blow drying of hair V5.0

Terminal Outcomes:

- Apply hair dryer to perform blow dry aligned to the standards of operation of the salon

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|---|---|
| Duration: 10:00 Hrs. | Duration: 20:00 Hrs. |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Describe the hair structure and hair shaft • Describe the structure of the skin and scalp • Identify hair and scalp conditions and causes and contra-indications to hair services • Identify the defects of hair • Explain the composition of hair • Identify different hair types • Describe the hair cycle • Describe procedures and effects of blow-drying and finishing services • List the factors that influence blow-dry and finishing services • Explain the science of blow-dry and finishing hair • List the tools, equipment, products and techniques used to blow-drying and finishing hair | <ul style="list-style-type: none"> • Prepare the client, self and work area for basic hair care services • Perform blow-dry services for clients* basis on various hair types and conditions, and recommend frequency of service - daily, weekly, monthly, etc. *client's: applicable to all gender • Differentiate between various types of hair products and methods • Perform aftercare services by recommending basic home care routine for skin protection |
| Classroom Aids | |
| Computer, projector, white board/ flip chart, marker and duster | |
| Tools, Equipment and Other Requirements | |
| Anatomy and Physiology Charts, Hair Dryer, Combs, Brushes, Roller Clips, Tong Rods, Crimper, Curler, Section Clips, Heat protector serum, Hair styling Products | |

Module 5: Perform hair styling and dressing

Mapped to BWS/N0208 Perform hair styling and dressingV5.0

Terminal Outcomes:

- Carry out hair styling and hair dressing tasks efficiently

| | |
|---|---|
| Duration: 20:00 Hrs. | Duration: 25:00 Hrs. |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> Identify & select suitable products to meet the client's* needs; such as by identifying basic hair structure, tone *client's: applicable to all gender Identify & select the correct products to suit the client's needs and achieve the desired effect Explain the role of disposing off waste materials as per organisational standards in a safe and hygienic manner Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers | <ul style="list-style-type: none"> Conduct client consultation, treatment planning and preparation to meet the client's needs, based on hair type, constraints and client preferences Perform the hair styling techniques to achieve the desired effects Demonstrate various plans followed in to achieve the desired look Demonstrate and identify contra-indications and contra-actions that may affect or restrict the services Practice completing the procedure to the satisfaction of the client in a commercially acceptable time and as per organisational standards Perform aftercare advice for clients |
| Classroom Aids | |
| Computer, projector, white board/ flip chart, marker and duster | |
| Tools, Equipment and Other Requirements | |
| Round Brushes (various diameters), Flat Brushes, Bristle Brushes, Vent, Dressing Comb – backcomb, Hair Straighteners, Curling Tongs – various sizes, Hand Dryer, Diffuser, Hot Rollers, Rollers with Pins, Bendy Rollers, Velcro Rollers, Pin Curl Clips, Crimpers, Hot Brush, Section clips, Hair Styling Products | |

Module 6: Cut hair

Mapped to BWS/N0207 Cut hair,v5.0

Terminal Outcomes:

- Perform hair cut

| Duration: 20:00 Hrs. | Duration: 40:00 Hrs. |
|--|--|
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Identify the structure of clients* hair *client's: applicable to all gender • Identify the factors that influence haircutting services • List the tools, products and equipment for haircutting services | <ul style="list-style-type: none"> • Apply safe and effective methods of working when providing services • Perform client consultation, treatment planning and preparation in order to achieve desired look; such as illustrating haircut plans • Demonstrate the process followed in hair cutting services; such as straight cut, V cut, U cut, layered cut, etc. • Follow suitable hair cutting guidelines provided in organisational standards, training or manuals • Perform haircut using various techniques: Scissors over comb, clipper over comb, freehand, thinning, texturizing, disconnecting, razor cutting, graduating, layering, tapering, point cutting, fading • Perform suitable neckline shapes as per client preference; shapes such as: tapered, round, square • Perform aftercare advice for clients |
| Classroom Aids | |
| Computer, projector, white board/ flip chart, marker and duster | |
| Tools, Equipment and Other Requirements | |
| Cutting Comb, Section Clips, Water Spray Scissors (thinning and precision), Razor, Mirror with work station, Cutting Chair, Trolley, De tangle comb | |

Module 7: Colour and lighten hair

Mapped to BWS/N0209 Colour and lighten hair V5.0

Terminal Outcomes:

- Perform a suitable hair colouring service using temporary and semi-permanent colours, changing hair colour using colouring techniques to achieve the desired look

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|--|---|
| Duration: 20:00 Hrs. | Duration: 40:00 Hrs. |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> Identify & select suitable products to meet the client's needs; such as by identifying basic hair structure and tone correctly Explain color wheel Identify & select the correct products to suit the client's needs and achieve the desired effect Explain the role of disposing off waste materials as per organisational standards in a safe and hygienic manner Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers | <ul style="list-style-type: none"> Conduct client consultation, treatment planning and preparation to meet the client's needs, based on hair type, constraints and client preferences Perform the hair colouring procedures using materials, equipment and techniques correctly and safely to meet the needs of the client Demonstrate various plans followed in to achieve the desired look Demonstrate and identify contra-indications and contra-actions that may affect or restrict the services Practice completing the procedure to the satisfaction of the client in a commercially acceptable time and as per organisational standards Perform aftercare advice for clients |
| Classroom Aids | |
| Computer, projector, white board/ flip chart, marker and duster | |
| Tools, Equipment and Other Requirements | |
| 12 Brushes, Climazone, Hood Dryer, Measuring Jugs/Scales, Wraps, Foil, Spatulas, Hi/ lowlighting Cap, Plastic Cap, Cutting Chair, hair Trolley's, Mirror with work stations | |

Module 8: Perform skin care services

Mapped to BWS/N0104 Perform skin care services V5.0

Terminal Outcomes:

- Perform skin care services; such as facial skin condition using exfoliation, skin warming, comedone extraction, facial massage, mask treatments and moisturizing

| | |
|---|---|
| Duration: 60:00 Hrs. | Duration: 90:00 Hrs. |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> Describe the anatomical structure of the skin; such as the layers of the epidermis, the dermis, the subcutaneous layer, the hair follicle, the hair shaft, the sebaceous gland, arrector pili muscle, sweat gland, and sensory nerve endings Identify the functions of the skin; such as sensitivity, heat regulation, absorption, protection, excretion, secretion and vitamin D production Identify the characteristics of the skin, its type and conditions Identify the effect of the natural ageing process on the skin, facial muscles and muscle tone Explain the functions of the circulatory and the lymphatic systems of the body Identify various environmental and lifestyle factors affecting the skin Identify erythema and its causes Identify the allergies, contraindications and contra-actions of the skin accurately Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers | <ul style="list-style-type: none"> Prepare the client, self and work area for basic skin care services Apply facial and bleach techniques for clients basis on the skin conditions; facials such as skin lighting, radiance, anti-tan, hydration, oil control, harmonizing for sensitive skin, etc. and skin conditions such as psoriasis, eczema, acne, etc. Perform suitable course of services and procedures for various skin types and conditions, and recommended frequency of service - daily, weekly, monthly, etc. Differentiate between various types of specialist skin products and methods Categorise the benefits of various beauty services; such as used for cleansing, exfoliating and toning the skin Massage by applying masks and skin care products & warm the skin using different types of skin warming devices Perform safe manual black head extraction using comedone extractor Illustrate different types of masks and their effects on the skin like cream, warm oil, clay, peel off, thermal, etc. Perform aftercare services by recommending basic home care routine for skin protection |
| Classroom Aids | |
| Computer, projector, white board/ flip chart, marker and duster | |
| Tools, Equipment and Other Requirements | |
| Anatomy and Physiology, Charts, Therapy Bed, Beauty Stool/Chair, Trolley, Bowls, Sterilize, Comedone Remover, Face Steamer, Pack Brush, Dustbin | |

Module 11: Factors to consider while selecting a saree

Mapped to The Basic Course of Saree Draping BWS/N18044,v1.0

Terminal Outcomes:

- Explain the objectives of the course
- Describe the importance of saree draping
- List body types and skin tone
- Explain the criteria of selecting saree and its accessories

| | |
|---|--|
| <i>Duration: 09:00 hrs</i> | <i>Duration: 12:00 hrs</i> |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Describe the importance of saree and a perfect saree draping. • Discuss the body types and skin tones • Explain how to choose right saree for the occasion based on the selection of fabric, design, colour and style. • Discuss the selection of a blouse and petticoat according to body type. • Discuss the selection of a right blouse and petticoat for saree. | <ul style="list-style-type: none"> • Demonstrate the charts with different body types. • Identify different skin tones. • Demonstrate different types of saree, blouse and petticoat fabric, design and colour • Show how to select blouse and petticoat for a saree |
| Classroom Aids: | |
| Charts, Video presentation, White-Board/Smart Board, Marker, Duster | |
| Tools, Equipment and Other Requirements | |
| Basic Stationery, sarees, blouses, petticoat, safety pins, female mannequin (adult). | |

Module 12: **Step-by-step guide to draping a saree perfectly**

Mapped to The Basic Course of Saree Draping BWS/N18044.v1.0

Terminal Outcomes:

- Demonstrate step-by-step guide to drape different types and styles of sarees

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|--|--|
| <i>Duration: 06:00</i> | <i>Duration: 18:00</i> |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Explain step-by-step guide to drape different types and styles (nivi, bangali, Gujrati maharashtrian, lehnga, dhoti, Langa Voni, Mekhela Chador etc.) of sarees • Discuss the ways to handle the costume to avoid wrinkles, crumpling or any damage. • List the ways to handle and maintain the saree. | <ul style="list-style-type: none"> • Demonstrate step-by-step guide to drape different types and styles. • Show how to handle, maintain and store the saree. |
| Classroom Aids: | |
| Charts, Video presentation, White-Board/Smart Board, Marker, Duster | |
| Tools, Equipment and Other Requirements | |
| Charts, basic stationary, sarees, blouses, petticoat, safety pins/ saree pins, waist band, female mannequin (adult), hair straighteners. | |

Module 13: Provide manicure and pedicure services

Mapped BWS/N0401-Provide manicure and pedicure servicesV5.0

Terminal Outcomes:

- Carry out pedicure and manicure services

| | |
|--|---|
| Duration: 10:00 Hrs. | Duration: 20:00 Hrs. |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Identify the structure, function, and characteristics of nail and the process of nail growth • Identify bones of lower leg, foot, wrist, hands fingers and forearm • Explain the structure and functions of the lymphatic vessels of the lower leg, foot, hand and arm • Explain the arteries and veins of lower leg, foot, hand and arm • Identify muscles of the lower leg, foot, hand and arms • Identify nail diseases and disorder • Explain nail and analyse skin by visual/manual examination to identify treatable conditions and contra-indications restricting or preventing treatment | <ul style="list-style-type: none"> • Apply safe and effective methods of working when providing services • Perform client consultation, treatment planning and preparation • Demonstrate the process followed in pedicure and manicure services • Demonstrate and identify contra-indications and contra-actions that may affect or restrict the services • Perform aftercare advice for clients |
| Classroom Aids | |
| Computer, projector, white board/ flip chart, marker and duster | |
| Tools, Equipment and Other Requirements | |
| Anatomy and physiology chart, Manicure Chair/ Stool, Sterilizer Bowls, Manicure brush, Nail Cutter, Cuticle Pusher, Cuticle Nipper, Orange Stick, Nail Filer, Pack Brush, Dustbin, Pedicure Chair/ Stool, Foot Scraper, Emery Board, Pumic Stone, Toe separator, Pedicure Brush, Pack Brush, Cotton Wool, Remover, Hand and Foot Cream, Scrubber, Cleanser | |

Module 14: Provide Nail Art Application

Mapped to BWS/N0404 Perform nail art applicationV4.0

Terminal Outcomes:

- Carry out nail art services

| | |
|--|--|
| Duration: 10:00 Hrs. | Duration: 20:00 Hrs. |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Identify the products and tools suitable to carry the nail art procedure • Identify basic contraindications, contra actions of nail art services • Identify nails feature and conditions relevant to nail art and impact on the same • Apply basic techniques of nail art efficiently | <ul style="list-style-type: none"> • Prepare self, client and the work area for nail art services • Apply basic techniques of nail art efficiently • Perform aftercare advice for clients |
| Classroom Aids | |
| Computer, projector, white board/ flip chart, marker and duster | |
| Tools, Equipment and Other Requirements | |
| Nail Art Paint, Glitter, Enamel Remover, Adhesive, Stencil or Needle | |

Module 15: Maintain health and safety at the workplace

Mapped to BWS/N9002-Maintain health and safety at the workplaceV4.0

Terminal Outcomes:

- Describe the application of health and safety practices at the workplace

| | |
|--|---|
| Duration: 10:00 Hrs. | Duration: 20:00 Hrs. |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> State the significance of personal protective equipment (PPE) & its efficient supply at work place; PPE such as tissues, antibacterial soaps, alcohol-based hand cleansers, triple layered surgical face masks, gloves, etc. Discuss the importance of maintaining basic hygiene at work place to avoid any kind of cross infection; basic hygiene such as wearing disposable N-95/ triple layered surgical face mask, gloves, apron, washing/ sanitizing hands & taking bath at regular intervals, etc. Explain the importance of maintaining first aid kit at work place Identify and list potential risks and hazards in the workplace | <ul style="list-style-type: none"> Demonstrate and state significance of maintaining posture and position to minimize fatigue and the risk of injury Demonstrate the method of sterilizing equipment & tools before and after use Prepare, maintain and report accident reports as per organisational policies |
| Classroom Aids | |
| Computer, projector, white board/ flip chart, marker and duster | |
| Tools, Equipment and Other Requirements | |
| First Aid kit, Fire Extinguishers, Sterilizers, Hot Cabinets, Waste Disposal, Bins | |

Module 16: Create a positive impression at the workplace

Mapped to Create a positive impression at the workplaceV4.0

Terminal Outcomes:

- Describe the importance of personal hygiene and grooming while executing task

| | |
|---|---|
| Duration: 10:00 Hrs. | Duration: 20:00 Hrs. |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> Explain the importance of maintaining personal hygiene and grooming; such as sanitized hands, neatly tied and covered hair, clean nails, sanitized uniform while engaging with clients with no gender stereotyping, to ensure privacy, comfort and wellbeing of all the genders throughout the services, etc. List the ways to manage client expectations; such as by identifying new techniques State the importance of maintaining confidentiality of information while performing documentation of records Conduct employee awareness program; such as internalization of gender, PwD sensitization on designing PwD friendly workplace | <ul style="list-style-type: none"> Demonstrate confidence at the workplace by managing and identifying various business opportunities Demonstrate the different formats of maintaining documentation of records Demonstrate the process of client appointment scheduling; pre-bookings and maintaining the work area, equipment, product stocks to meet the schedule Carry out different & effective ways of communication for clients; clients could be from different culture, religion, age, background, disability, gender; and communication such as email, phone etc. Perform activities related to the financial literacy; such as saving money, opening bank accounts, linking Aadhaar card to bank account, using various e-commerce payment systems, etc. |
| Classroom Aids | |
| Computer, projector, white board/ flip chart, marker and duster | |
| Tools, Equipment and Other Requirements | |
| POS Machine | |

Module 18: Provide sales and customer services to customers for hair, beauty and wellness product and service sales

Mapped to BWS/N4002-Provide sales and customer services to customers for hair, beauty and wellness product and service salesV4.0

Terminal Outcomes:

- Carry out sales and customer services for hair, beauty and wellness product and service sales

| Duration: 10:00 Hrs. | Duration: 20:00 Hrs. |
|--|---|
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> Explain the structure and function of the skin Identify characteristics of the skin and skin types of different ethnic client groups Explain the effect of the natural ageing process on the facial and bleach skin and muscle tone Identify allergies, contraindications, contra actions,(Erythema) Explain the structure, function, and types of hair Explain the structure, function, characteristics of nail and process of nail growth Identify nail diseases and disorders Explain nail and skin analysis by visual/manual examination to identify treatable conditions and contra indications restricting or preventing treatment | <ul style="list-style-type: none"> Apply safe and effective methods of working when providing services Perform customers consultation, treatment planning and preparation Demonstrate the process followed in pedicure and manicure services Demonstrate and identify contra-indications and contra-actions that may affect or restrict the services Select the tools, materials and products needed for demonstrating make-up and skincare, ,hair care ,spa and nails effectively and hygienically Carry out a basic skin care, hair care ,spa and nails services treatment Demonstrate techniques for applying products effectively and hygienically Perform aftercare advice to customers Demonstrate the features and benefits of make-up and skin care, hair care, spa and nails services products to customers Demonstrate service at point of sale in a retail store Analyse the customers preferences and buying decisions when making retail sales Demonstrate beauty products to retail customers Record and maintain the customer record-card system in a retail store Demonstrate products to customers in a retail environment |
| Classroom Aids | |
| Computer, projector, white board/ flip chart, marker and duster | |

Tools, Equipment and Other Requirements

Anatomy and physiology chart, Manicure Chair/ Stool, Sterilizer, Bowls, Manicure brush, Nail Cutter, Cuticle Pusher, Cuticle Nipper, Orange Stick, Nail Filer, Pack Brush, Dustbin, Pedicure Chair/ Stool, Foot Scraper, Emery Board, Pumic Stone, Toe separator, Pedicure Brush, Pack Brush, Cotton Wool, Remover, Hand and Foot Cream, Scrubber, Cleanser, Make up tools, Mirror, Disposable spatula, Apron, Record book

Module 19: Introduction to Employability Skills

Mapped to DGT/VSQ/N0102

Terminal Outcomes:

- Discuss about Employability Skills in meeting the job requirements

| | |
|--|---|
| Duration: <0.5:00> | Duration: <1:00> |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Discuss the importance of Employability Skills in meeting the job requirements | <ul style="list-style-type: none"> • List different learning and employability related GOI and private portals and their usage |
| Classroom Aids: | |
| Whiteboard, marker pen, projector | |
| Tools, Equipment and Other Requirements | |
| | |

Constitutional values - Citizenship

Mapped to DGT/VSQ/N0102

Terminal Outcomes:

- Discuss about constitutional values to be followed to become a responsible citizen

| | |
|---|--|
| Duration: <0.5:00> | Duration: <1:00> |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Explain constitutional values, civic rights, duties, citizenship, responsibility towards society etc. that are required to be followed to become a responsible citizen. | <ul style="list-style-type: none"> • Show how to practice different environmentally sustainable practices |
| Classroom Aids: | |
| Whiteboard, marker pen, projector | |
| Tools, Equipment and Other Requirements | |
| | |

Becoming a Professional in the 21st Century

Mapped to DGT/VSQ/N0102

Terminal Outcomes:

- Demonstrate professional skills required in 21st century

| | |
|--|---|
| Duration: <1:00> | Duration: <1.5:00> |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Discuss 21st century skills. • Describe the benefits of continuous learning | <ul style="list-style-type: none"> • Exhibit 21st century skills like Self-Awareness, Behavior Skills, time management, critical and adaptive thinking, problem-solving, creative thinking, social and cultural awareness, emotional awareness, learning to learn etc. in personal or professional life. |
| Classroom Aids: | |
| Whiteboard, marker pen, projector | |
| Tools, Equipment and Other Requirements | |
| | |

Basic English Skills

Mapped to DGT/VSQ/N0102

Terminal Outcomes:

- Practice basic English speaking.

| | |
|---|---|
| Duration: <4:00> | Duration: <6:00> |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Describe basic communication skills • Discuss ways to read and interpret text written in basic English | <ul style="list-style-type: none"> • Show how to use basic English sentences for everyday conversation in different contexts, in person and over the telephone • Read and interpret text written in basic English • Write a short note/paragraph / letter/e - mail using basic English |
| Classroom Aids: | |
| Whiteboard, marker pen, projector | |
| Tools, Equipment and Other Requirements | |
| | |

Career Development & Goal Setting Mapped to DGT/VSQ/N0102

Terminal Outcomes:

- Demonstrate Career Development & Goal Setting skills.

| | |
|---|--|
| Duration: <1:00> | Duration: <1:00> |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Discuss need of career development plan | <ul style="list-style-type: none"> • Demonstrate how to communicate in a well -mannered way with others. • Create a career development plan with well-defined short- and long-term goals |
| Classroom Aids: | |
| Whiteboard, marker pen, projector | |
| Tools, Equipment and Other Requirements | |
| | |

Communication Skills Mapped to DGT/VSQ/N0102

Terminal Outcomes:

- Practice basic communication skills.

| | |
|---|---|
| Duration: <2:00> | Duration: <3:00> |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Explain the importance of active listening for effective communication • Discuss the significance of working collaboratively with others in a team | <ul style="list-style-type: none"> • Demonstrate how to communicate effectively using verbal and nonverbal communication etiquette |
| Classroom Aids: | |
| Whiteboard, marker pen, projector | |
| Tools, Equipment and Other Requirements | |
| | |

Diversity & Inclusion

Mapped to DGT/VSQ/N0102

Terminal Outcomes:

- Describe PwD and gender sensitisation.

| | |
|--|--|
| Duration: <1:00> | Duration: <1.5:00> |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Discuss the significance of reporting sexual harassment issues in time | <ul style="list-style-type: none"> • Demonstrate how to behave, communicate, and conduct oneself appropriately with all genders and PwD |
| Classroom Aids: | |
| Whiteboard, marker pen, projector | |
| Tools, Equipment and Other Requirements | |
| | |

Financial and Legal Literacy

Mapped to DGT/VSQ/N0102

Terminal Outcomes:

- Describe ways of managing expenses, income, and savings.

| | |
|---|--|
| Duration: <2:00> | Duration: <3:00> |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • List the common components of salary and compute income, expenditure, taxes, investments etc. • Discuss the legal rights, laws, and aids | <ul style="list-style-type: none"> • Outline the importance of selecting the right financial institution, product, and service • Demonstrate how to carry out offline and online financial transactions, safely and securely |
| Classroom Aids: | |
| Whiteboard, marker pen, projector | |
| Tools, Equipment and Other Requirements | |
| | |
| | |

Essential Digital Skills Mapped to DGT/VSQ/N0102

Terminal Outcomes:

- Demonstrate procedure of operating digital devices and associated applications safely.

| Duration: <4:00> | Duration: <6:00> |
|---|---|
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Describe the role of digital technology in today's life • Discuss the significance of using internet for browsing, accessing social media platforms, safely and securely | <ul style="list-style-type: none"> • Show how to operate digital devices and use the associated applications and features, safely and securely • Create sample word documents, excel sheets and presentations using basic features • Utilize virtual collaboration tools to work effectively |
| Classroom Aids: | |
| Whiteboard, marker pen, projector | |
| Tools, Equipment and Other Requirements | |
| | |

Entrepreneurship Mapped to DGT/VSQ/N0102

Terminal Outcomes:

- Describe opportunities as an entrepreneur.

| Duration: <3:00> | Duration: <4:00> |
|--|--|
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> • Explain the types of entrepreneurship and enterprises • Discuss how to identify opportunities for potential business, sources of funding and associated financial and legal risks with its mitigation plan • Describe the 4Ps of Marketing-Product, Price, Place and Promotion and apply them as per requirement | <ul style="list-style-type: none"> • Create a sample business plan, for the selected business opportunity |
| Classroom Aids: | |
| Whiteboard, marker pen, projector | |
| Tools, Equipment and Other Requirements | |
| | |

Customer Service Mapped to DGT/VSQ/N0102

Terminal Outcomes:

- Describe ways of maintaining customer.

| | |
|---|---|
| Duration: <2:00> | Duration: <3:00> |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> Explain the significance of identifying customer needs and addressing them. Explain the significance of identifying customer needs and responding to them in a professional manner. Discuss the significance of maintaining hygiene and dressing appropriately. | <ul style="list-style-type: none"> Demonstrate how to maintain hygiene and dressing appropriately. |
| Classroom Aids: | |
| Whiteboard, marker pen, projector | |
| Tools, Equipment and Other Requirements | |
| | |

Getting ready for apprenticeship & Jobs Mapped to DGT/VSQ/N0102

Terminal Outcomes:

- Describe ways of preparing for apprenticeship & Jobs appropriately.

| | |
|---|---|
| Duration: <3:00> | Duration: <5:00> |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> Discuss the significance of maintaining hygiene and confidence during an interview List the steps for searching and registering for apprenticeship opportunities | <ul style="list-style-type: none"> Create a professional Curriculum Vitae (CV) Use various offline and online job search sources such as employment exchanges, recruitment agencies, and job portals respectively Perform a mock interview |
| Classroom Aids: | |
| Whiteboard, marker pen, projector | |
| Tools, Equipment and Other Requirements | |
| | |

Optional:

Module 20: Carry out application of simple mehndi designs

Mapped to BWS/N0127-Carry out application of simple mehndi designsV5.0

Terminal Outcomes:

- Carry out application of simple mehndi designs

| | |
|--|---|
| Duration: 10:00 Hrs. | Duration: 20:00 Hrs. |
| Theory – Key Learning Outcomes | Practical – Key Learning Outcomes |
| <ul style="list-style-type: none"> Identify contra-indications and contra-actions for mehndi application Describe the process of preparing and storing mehndi Explain the skin sensitivity, its importance and procedure Identify risks of using sub-standard products List the significance of providing customer comfort and satisfaction while undergoing the process of mehndi application Identify the factors impacting resultant colour of the applied mehndi | <ul style="list-style-type: none"> Apply right consistency of mehndi mixture Apply simple design elements used for mehndi designing Select various parts of the body commonly used for mehndi application Follow customer service principles including privacy and protection to modesty of the customers Perform aftercare advice for clients |
| Classroom Aids | |
| Computer, projector, white board/ flip chart, marker and duster | |
| Tools, Equipment and Other Requirements | |
| Mehndi cones, Mehndi powder, Mehndi Oil, Mehndi Design Books | |

Assessor Requirements

| Assessor Prerequisites | | | | | | |
|-----------------------------------|---|------------------------------|-----------------------|-------------------------------|----------------|---------|
| Minimum Educational Qualification | Specialization | Relevant Industry Experience | | Trainer/Assessment Experience | | Remarks |
| | | Years | Specialization | Years | Specialization | |
| 12 th pass | Beauty, Makeup & Hair OR NSQF Level -5 Senior Beauty Therapist, Senior Hair Dresser & Stylist and Bridal, Fashion & Portfolio Makeup Artist | 4 | Beauty, Makeup & Hair | 2 | N.A | N.A |

| Assessor Certification | |
|---|--|
| Domain Certification | Platform Certification |
| Cosmetologist mapped to the Qualification Pack: “BWS/Q0107”, V2.0, Minimum passing percentage is 80% | Recommended that the Assessor is certified for the Job Role: “Assessor (VET and skills)”, mapped to the Qualification Pack: “MEP/Q2701, v2.0”. The minimum accepted score is 80% |

In case of many candidates to be accommodated in one venue for theory assessment, caution is taken not to let the candidates who competed test meet those who have not. Once the first batch has moved out of the knowledge based assessment area, the second batch must be taken from the main waiting area and seated in the respective seats for their knowledge based assessment.

For practical, the instructions for taking the test are clearly written on the board in the lab or shared with the candidates verbally.

The assessment will be video recorded and submitted to B&WSSC. The training partner will intimate the time of arrival of the assessor and time of leaving the venue.

Methods of Validation

Unless the trainee is registered, the person cannot undergo assessment. To further ensure that the person registered is the person appearing for assessment, id verification will be carried out. Aadhar card number is part of registering the candidate for training. This will form the basis of further verification during the assessment.

Assessor conducts the assessment in accordance with the assessment guidelines and question bank as per the job role.

The assessor carries tablet with the loaded questions. This tablet is geotagged and so it is monitored to check their arrival and completion of assessment.

Video of the practical session is prepared and submitted to B&WSSC.

Random spot checks/audit is conducted by B&WSSC assigned persons to check the quality of assessment.

Assessment agency will be responsible to put details in SIP.

B&WSSC will also validate the data and result received from the assessment agency.

Method of assessment documentation and access

The assessment agency will upload the result of assessment in the portal. The data will not be accessible for change by the assessment agency after the upload. The assessment data will be validated by B&WSSC assessment team. After upload, only B&WSSC can access this data. B&WSSC approves the results within a week and uploads on SIP.

References

Glossary

| Term | Description |
|------------------------------|---|
| Declarative Knowledge | Declarative knowledge refers to facts, concepts and principles that need to be known and/or understood in order to accomplish a task or to solve a problem. |
| Key Learning Outcome | Key learning outcome is the statement of what a learner needs to know, understand and be able to do in order to achieve the terminal outcomes. A set of key learning outcomes will make up the training outcomes. Training outcome is specified in terms of knowledge, understanding (theory) and skills (practical application). |
| OJT (M) | On-the-job training (Mandatory); trainees are mandated to complete specified hours of training on site |
| OJT (R) | On-the-job training (Recommended); trainees are recommended the specified hours of training on site |
| Procedural Knowledge | Procedural knowledge addresses how to do something, or how to perform a task. It is the ability to work, or produce a tangible work output by applying cognitive, affective or psychomotor skills. |
| Training Outcome | Training outcome is a statement of what a learner will know, understand and be able to do upon the completion of the training . |
| Terminal Outcome | Terminal outcome is a statement of what a learner will know, understand and be able to do upon the completion of a module . A set of terminal outcomes help to achieve the training outcome. |



Acronyms and Abbreviations

| Term | Description |
|------|---|
| QP | Qualification Pack |
| NSQF | National Skills Qualification Framework |
| NSQC | National Skills Qualification Committee |
| NOS | National Occupational Standards |

