



# Model Curriculum

**QP Name: Aesthetic Skin Technician**

**QP Code: BWS/Q0504**

**QP Version: 3.0**

**NSQF Level: 4**

**Model Curriculum Version: 3.0**

# Table of Contents

Training Parameters.....	2
Program Overview .....	3
Training Outcomes.....	3
Compulsory Modules .....	3
Introduction to the program and the role of Aesthetic Skin Technician .....	6
Module 1: Prepare and maintain work area.....	6
Module 2: Active ingredients in beauty and hair products.....	8
Module 3: Anti-ageing and aesthetic treatments .....	9
Module 4: Treatments for acne.....	10
Module 5: perform facial electrotherapy .....	11
Module 6: Skin rejuvenation services by using peels/micro- dermabrasion/hydrafacial .....	12
Module 7: Laser hair removal service.....	13
Module 8: Maintain health and safety at the workplace .....	14
Module 9: Create a positive impression at work area .....	15
Module 10: Employability Skills.....	16
Annexure .....	23
Trainer Requirements .....	23
Assessor Requirements .....	24
Assessment Strategy .....	25
References.....	26
Glossary.....	26
Acronyms and Abbreviations.....	27

## Training Parameters

<b>Sector</b>	Beauty & Wellness
<b>Sub-Sector</b>	Non-Invasive Cosmetology
<b>Occupation</b>	Aesthetic Skin Services
<b>Country</b>	India
<b>NSQF Level</b>	4
<b>Aligned to NCO/ISCO/ISIC Code</b>	NCO-2015/5142.0100
<b>Minimum Educational Qualification and Experience</b>	<p>12th grade pass  <b>OR</b>            10th grade pass plus 2-year NTC/ NAC  <b>OR</b>            10th grade pass with 3 Years of experience Relevant experience  <b>OR</b>            Previous relevant Qualification of NSQF Level (3) with minimum education as 8th Grade pass) with 3 Years of experience of relevant experience</p>
<b>Pre-Requisite License or Training</b>	
<b>Minimum Job Entry Age</b>	20 years
<b>Last Reviewed On</b>	18/2/2025
<b>Next Review Date</b>	18/2/2028
<b>NSQC Approval Date</b>	18/2/2025
<b>QP Version</b>	3.0
<b>Model Curriculum Creation Date</b>	18/2/2025
<b>Model Curriculum Valid Up to Date</b>	18/2/2028
<b>Model Curriculum Version</b>	3.0
<b>Minimum Duration of the Course</b>	690:00 Hrs.
<b>Maximum Duration of the Course</b>	690:00 Hrs.

# Program Overview

This section summarizes the end objectives of the program along with its duration.

## Training Outcomes

At the end of the program, the learner will be able to:

- Explain the objectives of the program
- Explain the roles & responsibilities of Aesthetic Skin Technician
- Prepare and maintain work area
- Chemical Composition of Beauty and Hair Products
- Anti-ageing treatments for skin and hair
- Perform facial electrotherapy
- Skin rejuvenation: Hydra Facial, Peels and Dermabrasion
- Acne Treatments: Peels & High Frequency
- Laser Hair Removal Service
- Maintain health and safety of work area
- Create a positive impression at work area

## Compulsory Modules

The table lists the modules, their duration and mode of delivery.

NOS and Module Details	Theory Duration	Practical Duration	On-the-Job Training Duration (Mandatory)	On-the-Job Training Duration (Recommended)	Total Duration
<b>BWS/N9001- Prepare &amp; Maintain the work area V4.0, NSQF Level 3</b>	<b>10</b>	<b>20</b>	—	—	<b>30</b>
<b>Bridge Module: Introduction to the program and the role of Aesthetic Skin Technician</b>	<b>1</b>	<b>0</b>	—	—	<b>1</b>
<b>Module 1: Prepare and maintain work area</b>	<b>9</b>	<b>20</b>	—	—	<b>29</b>
<b>BWS/N0502: Chemical Composition of Beauty and Hair Products V3.0, NSQF Level 4</b>	<b>20</b>	<b>40</b>	—	—	<b>60</b>
<b>Module 2: Active</b>	<b>20</b>	<b>40</b>	—	—	<b>60</b>

<b>ingredients in beauty and hair products</b>					
<b>BWS/N0503: Anti-ageing treatments for skin , V2.0, NSQF Level 4</b>	<b>20</b>	<b>40</b>	—	—	<b>60</b>
<b>Module 3: Anti- ageing and aesthetic treatments</b>	<b>20</b>	<b>40</b>	—	—	<b>60</b>
<b>BWS/N0506: Acne Treatments: Peels &amp; High Frequency, V2.0, NSQF 4</b>	<b>20</b>	<b>40</b>	—	—	<b>60</b>
<b>Module 4: Treatments for acne</b>	<b>20</b>	<b>40</b>	—	—	<b>60</b>
<b>BWS/N0107: Perform facial electrotherapy V4.0, NSQF Level 4</b>	<b>20</b>	<b>40</b>	—	—	<b>60</b>
<b>Module 5: Perform facial electrotherapy</b>	<b>20</b>	<b>40</b>	—	—	<b>60</b>
<b>BWS/N0507: Skin rejuvenation: Peels and Dermabrasion V2.0, NSQF Level 4</b>	<b>40</b>	<b>80</b>	—	—	<b>120</b>
<b>Module 6: Skin rejuvenation services by using peels,dermabrasion and hydrafacial</b>	<b>40</b>	<b>80</b>	—	—	<b>120</b>
<b>BWS/N0504: Laser Hair Removal Service V2.0, NSQF Level 4</b>	<b>30</b>	<b>60</b>	—	—	<b>90</b>
<b>Module 7: Laser Hair Removal Service</b>	<b>30</b>	<b>60</b>	—	—	<b>90</b>
<b>BWS/N9002- Maintain health and safety at the workplace V3.0, NSQF Level 3</b>	<b>10</b>	<b>20</b>	—	—	<b>30</b>
<b>Module 8: Maintain health and safety at the workplace</b>	<b>10</b>	<b>20</b>	—	—	<b>30</b>

<b>BWS/N9003- Create a positive impression at the workplace V3.0, NSQF Level 3</b>	<b>10</b>	<b>20</b>	<b>—</b>	<b>—</b>	<b>30</b>
<b>Module 9: Create a positive impression at the workplace</b>	<b>10</b>	<b>20</b>	<b>—</b>	<b>—</b>	<b>30</b>
<b>DGT/VSQ/N0102: Employability Skills NOS Version No. 1.0 NSQF Level 4</b>	<b>24</b>	<b>36</b>			<b>60</b>
<b>Module 10: DGT/VSQ/N0102: Employability Skills</b>	<b>24</b>	<b>36</b>			<b>60</b>
<b>Total Duration</b>	<b>204:00</b>	<b>396:00</b>	<b>90</b>	<b>—</b>	<b>690:00 Hrs.</b>

# Module Details

## Bridge Module: Introduction to the program and the role of Aesthetic Skin Technician

*Mapped to BWS/N9001-Prepare & Maintain the work area V3.0*

### Terminal Outcomes:

- Explain the objectives of the program
- Explain the roles & responsibilities of Aesthetic Skin Technician
- List the career opportunities in non-invasive cosmetology

Duration: 01:00 Hrs.	Duration: <hh:mm>
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> <li>• Explain the objectives of the program</li> <li>• State the roles &amp; responsibilities of Aesthetic Skin Technician</li> <li>• Discuss about the projected growth in non-invasive cosmetology</li> </ul>	
<b>Classroom Aids</b>	
Computer, projector, white board/ flip chart, marker and duster	
<b>Tools, Equipment and Other Requirements</b>	
N.A	

## Module 1: Prepare and maintain work area

Mapped to BWS/N9001-Prepare & Maintain the work area V3.0

### Terminal Outcomes:

- Carry out preparation and maintenance of work area

Duration: 09:00 Hrs.	Duration: 20:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> <li>Discuss the significance of maintaining hygienic, safe, disinfected and suitable ambient conditions at work place; such as by using air purifiers to reduce dust, dander, smoke, allergens &amp; odour resulting in a healthier, fresher &amp; cleaner environment and restructuring the workplace set-up by keeping a minimum distance of 2 meters in between two clientele, practicing social distancing by avoiding handshakes/ hugs to co-workers/ clientele, etc.</li> <li>Identify and prepare equipment &amp; products required for the respective service</li> <li>Discuss the instructions required in preparing a sterilization solution as per organizational standards using approved products and as per manufacturer's and checking leakages</li> <li>Identify need of segregating recyclable, non-recyclable and hazardous waste generated in separate bin</li> <li>Conduct employee awareness program; such as for COVID-19 by displaying posters/ signage's promoting regular hand-washing and respiratory hygiene in the premises</li> </ul>	<ul style="list-style-type: none"> <li>Demonstrate organizing the sterilized/ disinfected equipment for a service delivery; equipment such as bowls, cotton etc.</li> <li>Demonstrate disposing of waste in the designated area at work place; waste materials such as disposable triple layered surgical face mask, disposable gloves, etc.</li> <li>Demonstrate the use of electrical equipment while providing services and its proper maintenance when not in use</li> <li>Prepare reports of materials and equipment securely in line with the organisational policies</li> <li>Apply digital mode of payment to lessen any kind of cross infection; digital mode such as use of debit/credit cards, internet banking, mobile wallets, digital payment apps, etc.</li> </ul>
Classroom Aids	
Computer, projector, white board/ flip chart, marker and duster	
Tools, Equipment and Other Requirements	
Disposable white sheet, Hand Sanitizer, Disposable Mouth Mask, Disposable Hand gloves, Pre-cut Cotton pads, Pre-cut Gauze, Face tissue, Disposable hand napkins, Disposable gown, Ear buds, First aid kit, Fire Extinguisher	

## Module 2: Active ingredients in beauty and hair products

*Mapped to BWS/N0502 :Chemical Composition of Beauty and Hair Products V2.0*

### Terminal Outcomes:

- Identify the chemical composition of various beauty & hair products for effective use

Duration: 20:00 Hrs.	Duration: 40:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> <li>Identify the common ingredients and their function in beauty and hair products</li> <li>Identify the chemistry of active ingredients in hair and beauty products</li> <li>Determine the effects and safe use of active ingredients in hair and beauty products</li> </ul>	<ul style="list-style-type: none"> <li>Analyze product labels to identify key ingredients and their functions.</li> <li>Demonstrate proper storage and handling of products to preserve ingredient potency.</li> <li>Demonstrate correct techniques for applying beauty and hair products to achieve desired results.</li> <li>Perform patch tests to identify potential allergic reactions.</li> </ul>
<b>Classroom Aids</b>	
Computer, projector, white board/ flip chart, marker and duster	
<b>Tools, Equipment and Other Requirements</b>	
Products	

## Module 3: Anti- ageing and aesthetic treatments

*Mapped to BWS/N0503: Anti-ageing treatments for skin and hair, V2.0*

### Terminal Outcomes:

- Consult and advise clients on various anti-ageing treatments for skin and hair

<b>Duration: 20:00 Hrs.</b>	<b>Duration: 40:00 Hrs.</b>
<b>Theory – Key Learning Outcomes</b>	<b>Practical – Key Learning Outcomes</b>
<ul style="list-style-type: none"> <li>• Describe the importance of proper consulting, planning and preparing clients</li> <li>• Describe the structure of skin and ageing phenomenon.</li> <li>• Identify the facials, chemical peels and topical anti-ageing agents.</li> <li>• Identify the common conditions affecting hair health and appearance</li> <li>• Describe the treatments for conditions affecting hair health</li> <li>• Identify contra-indications that affect or restrict the treatments</li> <li>• List the significance of positioning self and client throughout treatment to ensure privacy, comfort and wellbeing</li> <li>• Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers</li> </ul>	<ul style="list-style-type: none"> <li>• Perform the treatment using materials, equipment and techniques correctly and safely to meet the needs of the client and follow manufacturer's instructions.</li> <li>• Consult the client by questioning to identify contra-indications to skin and provide recommendations for treatments that are suitable to the client</li> <li>• Carry out the treatment to the satisfaction of the guest in a commercially acceptable time</li> <li>• Record the treatment accurately and store information securely in line with the organization's policies</li> <li>• Perform specific after-process advice to the client</li> </ul>
<b>Classroom Aids</b>	
Computer, projector, white board/ flip chart, marker and duster	
<b>Tools, Equipment and Other Requirements</b>	
Disposable Headband, Disposable front towel & back towel, Make up remover, Non-Alcoholic Toner, Sunscreen SPF 15 or more , Laser Machine [NdYAG/ Diode], UPS for operating the machine [If required], Sono Gel, Zimmer/ Cooling Device, Cleanser, Disposable Razor, Magnifying Glass, Protective eye wear, Local Aesthetic Cream as prescribed by expert, Ice cubes/ Cold compress packs, Moisturizer/ Skin protection cream, Alcohol Swabs, Acetone, Marking pencil	

## Module 4: Treatments for acne

*Mapped to BWS/N0506: Acne Treatments: Peels & High Frequency, V2.0*

### Terminal Outcomes:

- Counsel and perform acne treatments using peels and high frequency

Duration: 20:00 Hrs.	Duration: 40:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> <li>• Describe the importance of proper consulting, planning and preparing clients</li> <li>• Identify contra-indications that affect or restrict the treatments</li> <li>• Explain the superficial peels used for acne treatment (glycolic, salicylic, lactic, mandelic and TCA peels).</li> <li>• Explain the application of high frequency current in treating acnes.</li> <li>• Describe the post treatment care.</li> <li>• List the significance of positioning self and client throughout treatment to ensure privacy, comfort and wellbeing</li> <li>• Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers</li> </ul>	<ul style="list-style-type: none"> <li>• Perform the treatment using materials, equipment and techniques correctly and safely to meet the needs of the client and follow manufacturer's instructions.</li> <li>• Consult the client by questioning to identify contra-indications to skin and provide recommendations for treatments that are suitable to the client</li> <li>• Carry out the treatment to the satisfaction of the guest in a commercially acceptable time</li> <li>• Record the treatment accurately and store information securely in line with the organization's policies</li> <li>• Perform specific after-process advice to the client</li> </ul>
<b>Classroom Aids</b>	
Computer, projector, white board/ flip chart, marker and duster	
<b>Tools, Equipment and Other Requirements</b>	
Deep pore soap free cleanser, Vaseline, Application brush, pre-cut eye pads, Cold compress packs/ ice cubes wrapped in disposable hand napkin, Mild peels <b>[ideally with pH more than 3.5]</b> , Hydrating Peel off face Mask	
<b>For Handling Adverse events [accidental]</b> – An Anti-Allergic medicine for local application as per the Doctors' prescription	

## Module 5: Perform facial electrotherapy

Mapped to BWS/N0107: Perform facial electrotherapy, V2.0

### Terminal Outcomes:

- Perform facial electrotherapy

Duration: 20:00 Hrs.	Duration: 40:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> <li>• Describe the importance of proper consulting, planning and preparing clients</li> <li>• Identify contra-indications that affect or restrict the treatments</li> <li>• List the significance of positioning self and client throughout treatment to ensure privacy, comfort and wellbeing</li> <li>• Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers</li> </ul>	<ul style="list-style-type: none"> <li>• Perform and adapt the therapy using materials, equipment and techniques correctly and safely to meet the needs of the client and follow manufacturer's instructions.</li> <li>• Consult with clients on background, medical history etc. with consent form</li> <li>• Carry out facial electrotherapy to improve facial and skin condition using direct high frequency, galvanic, EMS, micro current and lymphatic drainage equipment.</li> <li>• Use Electro Muscle Stimulator (EMS) on</li> <li>• the motor points of the facial muscles</li> <li>• Choose and use the appropriate size and type of Ventouse</li> <li>• Choose and use the correct strokes and amount of suction in towards the lymph nodes Galvanic</li> <li>• Perform application of desincrustation/ iontophoresis gel/solution</li> <li>• Perform direct &amp; indirect high-frequency method</li> <li>• Carry out maintaining of micro current electrodes</li> <li>• Carry out the client's understanding and expectation prior to commencement of treatment</li> <li>• Carry out the therapy to the satisfaction of the guest in a commercially acceptable time</li> <li>• Record the therapy accurately and store information securely in line with the organization's policies</li> <li>• Perform specific after-process advice to the client</li> </ul>
<b>Classroom Aids</b>	
Computer, projector, white board/ flip chart, marker and duster	
<b>Tools, Equipment and Other Requirements</b>	
Disposable Headband, Disposable front towel & back towel, Make up remover, Non-Alcoholic Toner, Sunscreen SPF 15 or more	

## Module 6: Skin rejuvenation services by using peels, dermabrasion and hydrafacial

Mapped to BWS/N0507: Skin rejuvenation: Peels and Dermabrasion, V2.0

### Terminal Outcomes:

- Counsel and perform skin and undereye rejuvenation services by using hydra facial/peels/micro-dermabrasion/ radio frequency
- Counsel and provide anti-pigmentation services by using superficial peels/dermabrasion

Duration: 40:00 Hrs.	Duration: 80:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> <li>• Describe the importance of proper consulting, planning and preparing clients</li> <li>• Describe the common pigmentation issues and their causes.</li> <li>• Identify contra-indications that affect or restrict the treatments</li> <li>• Explain the application of peels, microdermabrasion and hydra facial.</li> <li>• Explain the application of radio frequency ( RF) for under eye treatment.</li> <li>• List the significance of positioning self and client throughout treatment to ensure privacy, comfort and wellbeing</li> <li>• Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers</li> </ul>	<ul style="list-style-type: none"> <li>• Perform the treatment using materials, equipment and techniques correctly and safely to meet the needs of the client and follow manufacturer's instructions.</li> <li>• Consult the client by questioning to identify contra-indications to skin and provide recommendations for treatments that are suitable to the client</li> <li>• Carry out the treatment to the satisfaction of the guest in a commercially acceptable time</li> <li>• Record the treatment accurately and store information securely in line with the organization's policies</li> <li>• Perform specific after-process advice to the client</li> </ul>
<b>Classroom Aids</b>	
Computer, projector, white board/ flip chart, marker and duster	
<b>Tools, Equipment and Other Requirements</b>	
Deep pore soap free cleanser, Vaseline, Application brush, pre-cut eye pads, Cold compress packs/ ice cubes wrapped in disposable hand napkin, Mild peels <b>[ideally with pH more than 3.5]</b> , Hydrating Peel off face Mask	
<b>For Handling Adverse events [accidental]</b> – An Anti-Allergic medicine for local application as per Doctors' prescription	

## Module 7: Laser Hair Removal Service

*Mapped to BWS/N0504: Laser Hair Removal Service V2.0*

### Terminal Outcomes:

- Counsel and perform hair removal services using laser

<b>Duration: 30:00 Hrs.</b>	<b>Duration: 60:00 Hrs.</b>
<b>Theory – Key Learning Outcomes</b>	<b>Practical – Key Learning Outcomes</b>
<ul style="list-style-type: none"> <li>Describe the importance of proper consulting, planning and preparing clients</li> <li>Identify contra-indications that affect or restrict the treatments</li> <li>List the significance of positioning self and client throughout treatment to ensure privacy, comfort and wellbeing</li> <li>Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers</li> </ul>	<ul style="list-style-type: none"> <li>Perform the services using materials, equipment and techniques correctly and safely to meet the needs of the client and follow manufacturer's instructions such as operating the machine effortlessly which includes, switching it ON and OFF, sanitizing it, machine settings, handling the handpiece while delivering the shots and maintenance at the end of the day as per the requirement</li> <li>Consult the client by questioning to identify contra-indications to skin and provide recommendations for treatments that are suitable to the client</li> <li>Carry out the treatment to the satisfaction of the guest in a commercially acceptable time</li> <li>Record the treatment accurately and store information securely in line with the organization's policies</li> <li>Perform specific after-process advice to the client</li> </ul>
<b>Classroom Aids</b>	
Computer, projector, white board/ flip chart, marker and duster	
<b>Tools, Equipment and Other Requirements</b>	
Laser Machine [NdYAG/ Diode], UPS for operating the machine [If required], Sono Gel, Zimmer/ Cooling Device, Cleanser, Disposable Razor, Magnifying Glass, Protective eye wear, Local Aesthetic Cream as prescribed by expert, Ice cubes/ Cold compress packs, Moisturizer/ Skin protection cream, Alcohol Swabs, Acetone, Marking pencil	
<b>For Handling Adverse events [accidental]</b> – An Anti-Allergic medicine for local application as per Doctors' prescription	

## Module 8: Maintain health and safety at the workplace

Mapped to BWS/N9002-Maintain health and safety at the workplace, V3.0

### Terminal Outcomes:

- Describe the application of health and safety practices at the workplace

<b>Duration: 10:00 Hrs.</b>	<b>Duration: 20:00 Hrs.</b>
<b>Theory – Key Learning Outcomes</b>	<b>Practical – Key Learning Outcomes</b>
<ul style="list-style-type: none"> <li>State the significance of personal protective equipment (PPE) &amp; its efficient supply at work place; PPE such as tissues, antibacterial soaps, alcohol-based hand cleansers, triple layered surgical face masks, gloves, etc.</li> <li>Discuss the importance of maintaining basic hygiene at work place to avoid any kind of cross infection; basic hygiene such as wearing disposable N-95/ triple layered surgical face mask, gloves, apron, washing/ sanitizing hands &amp; taking bath at regular intervals, etc.</li> <li>Explain the importance of maintaining first aid kit at work place</li> <li>Identify and list potential risks and hazards in the workplace</li> </ul>	<ul style="list-style-type: none"> <li>Demonstrate and state significance of maintaining posture and position to minimize fatigue and the risk of injury</li> <li>Demonstrate the method of sterilizing equipment &amp; tools before and after use</li> <li>Prepare, maintain and report accident reports as per organisational policies</li> </ul>
<b>Classroom Aids</b>	
Computer, projector, white board/ flip chart, marker and duster	
<b>Tools, Equipment and Other Requirements</b>	
First Aid kit, Fire Extinguishers, Sterilizers, Waste Disposal Bins, Disposable hand napkins, Disposable gown	

## Module 9: Create a positive impression at the workplace

Mapped to BWS/N9003- *Create a positive impression at the workplace, V3.0*

### Terminal Outcomes:

- Describe the importance of personal hygiene and grooming while executing task

<b>Duration: 10:00 Hrs.</b>	<b>Duration: 20:00 Hrs.</b>
<b>Theory – Key Learning Outcomes</b>	<b>Practical – Key Learning Outcomes</b>
<ul style="list-style-type: none"> <li>Explain the importance of maintaining personal hygiene and grooming; such as sanitized hands, neatly tied and covered hair, clean nails, sanitized uniform while engaging with clients with no gender stereotyping, to ensure privacy, comfort and wellbeing of all the genders throughout the services, etc.</li> <li>List the ways to manage client expectations; such as by identifying new techniques</li> <li>State the importance of maintaining confidentiality of information while performing documentation of records</li> <li>Conduct employee awareness program; such as internalization of gender, PwD sensitization on designing PwD friendly workplace</li> </ul>	<ul style="list-style-type: none"> <li>Demonstrate confidence at the workplace by managing and identifying various business opportunities</li> <li>Demonstrate the different formats of maintaining documentation of records</li> <li>Demonstrate the process of client appointment scheduling; pre-bookings and maintaining the work area, equipment, product stocks to meet the schedule</li> <li>Carry out different &amp; effective ways of communication for clients; clients could be from different culture, religion, age, background, disability, gender; and communication such as email, phone etc.</li> <li>Perform activities related to the financial literacy; such as saving money, opening bank accounts, linking Aadhaar card to bank account, using various e-commerce payment systems, etc.</li> </ul>
<b>Classroom Aids</b>	
Computer, projector, white board/ flip chart, marker and duster	
<b>Tools, Equipment and Other Requirements</b>	
POS Machine	

## Module 10: Introduction to Employability Skills

*Mapped to DGT/VSQ/N0102*

### **Terminal Outcomes:**

- Discuss about Employability Skills in meeting the job requirements

<b>Duration: &lt;0.5:00&gt;</b>	<b>Duration: &lt;1:00&gt;</b>
<b>Theory – Key Learning Outcomes</b>	<b>Practical – Key Learning Outcomes</b>
<ul style="list-style-type: none"> <li>Discuss the importance of Employability Skills in meeting the job requirements</li> </ul>	<ul style="list-style-type: none"> <li>List different learning and employability related GOI and private portals and their usage</li> </ul>
<b>Classroom Aids:</b>	
Whiteboard, marker pen, projector	
<b>Tools, Equipment and Other Requirements</b>	

## Constitutional values - Citizenship

*Mapped to DGT/VSQ/N0102*

### **Terminal Outcomes:**

- Discuss about constitutional values to be followed to become a responsible citizen

<b>Duration: &lt;0.5:00&gt;</b>	<b>Duration: &lt;1:00&gt;</b>
<b>Theory – Key Learning Outcomes</b>	<b>Practical – Key Learning Outcomes</b>
<ul style="list-style-type: none"> <li>Explain constitutional values, civic rights, duties, citizenship, responsibility towards society etc. that are required to be followed to become a responsible citizen.</li> </ul>	<ul style="list-style-type: none"> <li>Show how to practice different environmentally sustainable practices</li> </ul>
<b>Classroom Aids:</b>	
Whiteboard, marker pen, projector	
<b>Tools, Equipment and Other Requirements</b>	

## Becoming a Professional in the 21st Century

### Mapped to DGT/VSQ/N0102

#### **Terminal Outcomes:**

- Demonstrate professional skills required in 21<sup>st</sup> century

Duration: <1:00>	Duration: <1.5:00>
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> <li>• Discuss 21st century skills.</li> <li>• Describe the benefits of continuous learning</li> </ul>	<ul style="list-style-type: none"> <li>• Exhibit 21st century skills like Self-Awareness, Behavior Skills, time management, critical and adaptive thinking, problem-solving, creative thinking, social and cultural awareness, emotional awareness, learning to learn etc. in personal or professional life.</li> </ul>
<b>Classroom Aids:</b>	
Whiteboard, marker pen, projector	
<b>Tools, Equipment and Other Requirements</b>	

## Basic English Skills

### Mapped to DGT/VSQ/N0102

#### **Terminal Outcomes:**

- Practice basic English speaking.

Duration: <4:00>	Duration: <6:00>
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> <li>• Describe basic communication skills</li> <li>• Discuss ways to read and interpret text written in basic English</li> </ul>	<ul style="list-style-type: none"> <li>• Show how to use basic English sentences for everyday conversation in different contexts, in person and over the telephone</li> <li>• Read and interpret text written in basic English</li> <li>• Write a short note/paragraph / letter/e-mail using basic English</li> </ul>
<b>Classroom Aids:</b>	
Whiteboard, marker pen, projector	
<b>Tools, Equipment and Other Requirements</b>	

## Career Development & Goal Setting Mapped to DGT/VSQ/N0102

### **Terminal Outcomes:**

- Demonstrate Career Development & Goal Setting skills.

<b>Duration: &lt;1:00&gt;</b>	<b>Duration: &lt;1:00&gt;</b>
<b>Theory – Key Learning Outcomes</b>	<b>Practical – Key Learning Outcomes</b>
<ul style="list-style-type: none"> <li>• Discuss need of career development plan</li> </ul>	<ul style="list-style-type: none"> <li>• Demonstrate how to communicate in a well -mannered way with others.</li> <li>• Create a career development plan with well-defined short- and long-term goals</li> </ul>
<b>Classroom Aids:</b>	
Whiteboard, marker pen, projector	
<b>Tools, Equipment and Other Requirements</b>	

## Communication Skills Mapped to DGT/VSQ/N0102

### **Terminal Outcomes:**

- Practice basic communication skills.

<b>Duration: &lt;2:00&gt;</b>	<b>Duration: &lt;3:00&gt;</b>
<b>Theory – Key Learning Outcomes</b>	<b>Practical – Key Learning Outcomes</b>
<ul style="list-style-type: none"> <li>• Explain the importance of active listening for effective communication</li> <li>• Discuss the significance of working collaboratively with others in a team</li> </ul>	<ul style="list-style-type: none"> <li>• Demonstrate how to communicate effectively using verbal and nonverbal communication etiquette</li> </ul>
<b>Classroom Aids:</b>	
Whiteboard, marker pen, projector	
<b>Tools, Equipment and Other Requirements</b>	

## Diversity & Inclusion

### Mapped to DGT/VSQ/N0102

#### **Terminal Outcomes:**

- Describe PwD and gender sensitisation.

Duration: <1:00>	Duration: <1.5:00>
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> <li>• Discuss the significance of reporting sexual harassment issues in time</li> </ul>	<ul style="list-style-type: none"> <li>• Demonstrate how to behave, communicate, and conduct oneself appropriately with all genders and PwD</li> </ul>
<b>Classroom Aids:</b>	
Whiteboard, marker pen, projector	
<b>Tools, Equipment and Other Requirements</b>	

## Financial and Legal Literacy

### Mapped to DGT/VSQ/N0102

#### **Terminal Outcomes:**

- Describe ways of managing expenses, income, and savings.

Duration: <2:00>	Duration: <3:00>
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> <li>• List the common components of salary and compute income, expenditure, taxes, investments etc.</li> <li>• Discuss the legal rights, laws, and aids</li> </ul>	<ul style="list-style-type: none"> <li>• Outline the importance of selecting the right financial institution, product, and service</li> <li>• Demonstrate how to carry out offline and online financial transactions, safely and securely</li> </ul>
<b>Classroom Aids:</b>	
Whiteboard, marker pen, projector	
<b>Tools, Equipment and Other Requirements</b>	

## Essential Digital Skills

### Mapped to DGT/VSQ/N0102

#### **Terminal Outcomes:**

- Demonstrate procedure of operating digital devices and associated applications safely.

<b>Duration: &lt;4:00&gt;</b>	<b>Duration: &lt;6:00&gt;</b>
<b>Theory – Key Learning Outcomes</b>	<b>Practical – Key Learning Outcomes</b>
<ul style="list-style-type: none"> <li>• Describe the role of digital technology in today's life</li> <li>• Discuss the significance of using internet for browsing, accessing social media platforms, safely and securely</li> </ul>	<ul style="list-style-type: none"> <li>• Show how to operate digital devices and use the associated applications and features, safely and securely</li> <li>• Create sample word documents, excel sheets and presentations using basic features</li> <li>• Utilize virtual collaboration tools to work effectively</li> </ul>
<b>Classroom Aids:</b>	
Whiteboard, marker pen, projector	
<b>Tools, Equipment and Other Requirements</b>	

## Entrepreneurship

### Mapped to DGT/VSQ/N0102

#### **Terminal Outcomes:**

- Describe opportunities as an entrepreneur.

<b>Duration: &lt;3:00&gt;</b>	<b>Duration: &lt;4:00&gt;</b>
<b>Theory – Key Learning Outcomes</b>	<b>Practical – Key Learning Outcomes</b>
<ul style="list-style-type: none"> <li>• Explain the types of entrepreneurship and enterprises</li> <li>• Discuss how to identify opportunities for potential business, sources of funding and associated financial and legal risks with its mitigation plan</li> <li>• Describe the 4Ps of Marketing-Product, Price, Place and Promotion and apply them as per requirement</li> </ul>	<ul style="list-style-type: none"> <li>• Create a sample business plan, for the selected business opportunity</li> </ul>
<b>Classroom Aids:</b>	
Whiteboard, marker pen, projector	
<b>Tools, Equipment and Other Requirements</b>	

## Customer Service

### Mapped to DGT/VSQ/N0102

#### **Terminal Outcomes:**

- Describe ways of maintaining customer.

<b>Duration: &lt;2:00&gt;</b>	<b>Duration: &lt;3:00&gt;</b>
<b>Theory – Key Learning Outcomes</b>	<b>Practical – Key Learning Outcomes</b>
<ul style="list-style-type: none"> <li>Explain the significance of identifying customer needs and addressing them.</li> <li>Explain the significance of identifying customer needs and responding to them in a professional manner.</li> <li>Discuss the significance of maintaining hygiene and dressing appropriately.</li> </ul>	<ul style="list-style-type: none"> <li>Demonstrate how to maintain hygiene and dressing appropriately.</li> </ul>
<b>Classroom Aids:</b>	
Whiteboard, marker pen, projector	
<b>Tools, Equipment and Other Requirements</b>	

## Getting ready for apprenticeship & Jobs

### Mapped to DGT/VSQ/N0102

#### **Terminal Outcomes:**

- Describe ways of preparing for apprenticeship & Jobs appropriately.

<b>Duration: &lt;3:00&gt;</b>	<b>Duration: &lt;5:00&gt;</b>
<b>Theory – Key Learning Outcomes</b>	<b>Practical – Key Learning Outcomes</b>
<ul style="list-style-type: none"> <li>Discuss the significance of maintaining hygiene and confidence during an interview</li> <li>List the steps for searching and registering for apprenticeship opportunities</li> </ul>	<ul style="list-style-type: none"> <li>Create a professional Curriculum Vitae (CV)</li> <li>Use various offline and online job search sources such as employment exchanges, recruitment agencies, and job portals respectively</li> <li>Perform a mock interview</li> </ul>
<b>Classroom Aids:</b>	
Whiteboard, marker pen, projector	
<b>Tools, Equipment and Other Requirements</b>	

## Annexure

### Trainer Requirements

Trainer Prerequisites						Remarks	
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training Experience			
		Years	Specialization	Years	Specialization		
12 <sup>th</sup> pass	Advance Diploma in Cosmetology OR NSQF Level-5 Senior Beauty Therapist OR ITI	3	Aesthetics, non-invasive cosmetology and laser	1	N.A		

Trainer Certification	
Domain Certification	Platform Certification
<b>Cosmetologist mapped to the Qualification Pack: "BWS/Q0504", V2.0, Minimum passing percentage is 80%</b>	Recommended that the Trainer is certified for the Job Role: "Trainer (VET and skills)", mapped to the Qualification Pack: "MEP/Q2601, v3.0". The minimum accepted score is 80%

## Assessor Requirements

Assessor Prerequisites						Remarks	
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training/Assessment Experience			
		Years	Specialization	Years	Specialization		
12 <sup>th</sup> pass	Advance Diploma in Cosmetology OR NSQF Level-5 Senior Beauty Therapist OR ITI	4	Aesthetics, non-invasive cosmetology and laser	2		N.A	

Assessor Certification	
Domain Certification	Platform Certification
<b>Cosmetologist mapped to the Qualification Pack: "BWS/Q0504", V2.0, Minimum passing percentage is 80%</b>	Assessor is certified for the job role "Assessor (VET & SKILLS)"; mapped to QP code MEP/Q2701with minimum 80% of score

## Assessment Strategy

### Assessment system Overview

Assessment will be carried out by assessment partners with no link to training partners. Based on the results of assessment, B&WSSC will certify the learners. Assessor has to pass assessment of theoretical knowledge of the job role and approved by B&WSSC.

The assessment will have both theory and practical components in 20:80 ratios. While theory assessment is summative and a written exam; practical will involve demonstrations of applications and presentations of procedures and other components. Practical assessment will also be summative in nature.

### Testing Environment

Training partner has to share the batch start date and end date, number of trainees and the job role.

Assessment will be fixed for a day after the end date of training. It could be next day or later. Assessment will be conducted at the training venue.

Room where assessment is conducted will be set with proper seating arrangements with enough space to prevent copying.

Question bank of theory and practical will be prepared by assessment agency and approved B&WSSC. From this set of questions, assessment agency will prepare the question paper. Theory testing will include multiple choice questions, pictorial question, etc. which will test the trainee on his theoretical knowledge of the subject.

The theory and practical assessments will be carried out on same day. The question paper is pre-loaded in the computer (in case of online assessment) and it will be in the language requested by the training partner.

Presentation will be one mode of assessment and so computers and LDC projector will be available for assessment. Viva will also be used to gauge trainee's confidence and correct knowledge in handling job situations.

### Assessment Quality Assurance framework

Assessor has to go through orientation program organized by Assessment Agency. The training would give an overview to the assessors on the overall framework of QP evaluation. Assessor shall be given a NOS and PC level overview of each QP as applicable. Overall structure of assessment and objectivity of the marking scheme will be explained to them.

The giving of marks will be driven by an objective framework which will maintain standardization of marking scheme.

In case of many candidates to be accommodated in one venue for theory assessment, caution is taken not to let the candidates who competed test meet those who have not. Once the first batch has moved out of the knowledge based assessment area, the second batch must be taken from the main waiting area and seated in the respective seats for their knowledge based assessment.

For practical, the instructions for taking the test are clearly written on the board in the lab or shared with the candidates verbally.

The assessment will be video recorded and submitted to B&WSSC. The training partner will intimate the time of arrival of the assessor and time of leaving the venue.

### **Methods of Validation**

Unless the trainee is registered, the person cannot undergo assessment. To further ensure that the person registered is the person appearing for assessment, id verification will be carried out. Aadhar card number is part of registering the candidate for training. This will form the basis of further verification during the assessment.

Assessor conducts the assessment in accordance with the assessment guidelines and question bank as per the job role.

The assessor carries tablet with the loaded questions. This tablet is geotagged and so it is monitored to check their arrival and completion of assessment.

Video of the practical session is prepared and submitted to B&WSSC.

Random spot checks/audit is conducted by B&WSSC assigned persons to check the quality of assessment.

Assessment agency will be responsible to put details in SIP.

B&WSSC will also validate the data and result received from the assessment agency.

### **Method of assessment documentation and access**

The assessment agency will upload the result of assessment in the portal. The data will not be accessible for change by the assessment agency after the upload. The assessment data will be validated by B&WSSC assessment team. After upload, only B&WSSC can access this data. B&WSSC approves the results within a week and uploads on SIP.

## References

### Glossary

Term	Description
<b>Declarative Knowledge</b>	Declarative knowledge refers to facts, concepts and principles that need to be known and/or understood in order to accomplish a task or to solve a problem.
<b>Key Learning Outcome</b>	Key learning outcome is the statement of what a learner needs to know, understand and be able to do in order to achieve the terminal outcomes. A set of key learning outcomes will make up the training outcomes. Training outcome is specified in terms of knowledge, understanding (theory) and skills (practical application).
<b>OJT (M)</b>	On-the-job training (Mandatory); trainees are mandated to complete specified hours of training on site
<b>OJT (R)</b>	On-the-job training (Recommended); trainees are recommended the specified hours of training on site
<b>Procedural Knowledge</b>	Procedural knowledge addresses how to do something, or how to perform a task. It is the ability to work, or produce a tangible work output by applying cognitive, affective or psychomotor skills.
<b>Training Outcome</b>	Training outcome is a statement of what a learner will know, understand and be able to do <b>upon the completion of the training</b> .
<b>Terminal Outcome</b>	Terminal outcome is a statement of what a learner will know, understand and be able to do <b>upon the completion of a module</b> . A set of terminal outcomes help to achieve the training outcome.

## Acronyms and Abbreviations

Term	Description
<b>QP</b>	Qualification Pack
<b>NSQF</b>	National Skills Qualification Framework
<b>NSQC</b>	National Skills Qualification Committee
<b>NOS</b>	National Occupational Standards

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**22 | Aesthetic Skin Technician**





**BWS/N9001: Prepare & maintain work area, V4.0, NSQF Level 3**

**BWS/N0101 Provide basic skin care services V5.0, NSQF Level 3**

**BWS/N0128 Operate and apply electrical/electronic equipment for facial beauty services safely and effectively V4.0**

**BWS/N0102 Carry out basic hair removal services, V4.0, NSQF Level 3**

**BWS/N0125 Perform simple make-up services V4.0, NSQF Level 3**

**BWS/N0126 Provide simple hair dressing and root touch-up services, V5.0, NSQF Level 3**

**BWS/N0401 Provide manicure and pedicure services V5.0, NSQF Level 3**

**BWS/N0418 Basic mehndi designs and nail art V1.0, NSQF Level 3**

**BWS/N0802 Nutrition and Wellness Care V1.0, NSQF**

**BWS/N0136 Homemade beauty products V1.0, NSQF Level 3.5**

**BWS/N9002: Maintain health and safety at the workplace, V4.0, NSQF Level 3**

**BWS/N9003: Create a positive impression at the workplace, V4.0, NSQF Level 3**

**DGT/VSQ/N0101 Employability Skills (30 hours) NOS Version No – 10 NSQF Level – 2**