



# **AESTHETIC SKIN TECHNICIAN**

**Sample Question Paper**

**B&WSSC**



## SAMPLE QUESTION PAPER

**Beauty & Wellness Sector Skill Council**

**Qualification Name:** Aesthetic Skin Technician

**QP Code:** BWS/Q0504

**NSQF Level:** 4

**Assessment Type:** Sample Question Paper

### Assessment Structure

Component	Marks
Theory	200
Practical	400
Viva	200
<b>Total</b>	<b>800</b>

### SECTION A – THEORY

**Total Questions:** 30

**Time Allowed:** 45 Minutes

**Total Theory Marks:** 200

#### Instructions

1. All questions are compulsory.
2. Choose the most appropriate answer for each question.
3. Use of unfair means is strictly prohibited.

### Multiple Choice Questions

1. Why is work area preparation important before aesthetic treatments?
  - a) Decoration
  - b) Hygiene, safety, and efficiency
  - c) Faster service
  - d) Product display
2. Which practice reduces cross-infection in a clinic?
  - a) Reusing disposables
  - b) Proper sterilisation and disinfection
  - c) Skipping hand hygiene
  - d) Sharing tools
3. Why should electrical equipment be switched off when not in use?
  - a) Save electricity
  - b) Prevent accidents and damage
  - c) Improve service quality
  - d) Reduce noise

4. Which layer of skin is responsible for blood supply and sensation?
  - a) Epidermis
  - b) Dermis
  - c) Hypodermis
  - d) Cuticle
5. Why is skin analysis performed before any aesthetic treatment?
  - a) Time management
  - b) Identify skin type and contraindications
  - c) Product promotion
  - d) Client satisfaction only
6. Which skin condition requires special caution during treatments?
  - a) Normal skin
  - b) Inflamed or infected skin
  - c) Dry skin
  - d) Combination skin
7. What is the role of surfactants in skincare products?
  - a) Colour
  - b) Cleansing and emulsifying
  - c) Fragrance
  - d) Preservation
8. Which ingredient helps in hydration of the skin?
  - a) Alcohol
  - b) Hyaluronic acid
  - c) Ammonia
  - d) Sulphate
9. Why is pH balance important in skincare products?
  - a) Packaging
  - b) Skin compatibility and safety
  - c) Cost reduction
  - d) Shelf life only
10. What is a visible sign of skin ageing?
  - a) Increased elasticity
  - b) Wrinkles and fine lines
  - c) Excess hydration
  - d) Faster cell renewal
11. Which factor accelerates premature skin ageing?
  - a) Proper skincare
  - b) UV exposure
  - c) Adequate hydration
  - d) Balanced diet

12. Why is sunscreen important in anti-ageing care?
- a) Glow
  - b) Protection from UV damage
  - c) Colour correction
  - d) Cleansing
13. Which acne lesion is characterised by pus formation?
- a) Blackhead
  - b) Whitehead
  - c) Pustule
  - d) Papule
14. What is the purpose of chemical peels in acne treatment?
- a) Hair removal
  - b) Exfoliation and cell renewal
  - c) Moisturising
  - d) Cooling
15. High-frequency treatment mainly helps in:
- a) Skin hydration
  - b) Killing acne-causing bacteria
  - c) Pigmentation
  - d) Wrinkle reduction
16. Which therapy uses galvanic current?
- a) Steam
  - b) Desincrustation and iontophoresis
  - c) Massage
  - d) Peeling
17. Why is client comfort monitored during electrotherapy?
- a) Speed
  - b) Safety and effectiveness
  - c) Appearance
  - d) Noise control
18. Which precaution is essential during electrotherapy?
- a) High intensity
  - b) Checking contraindications
  - c) Long duration
  - d) No consultation
19. Laser hair removal works by targeting:
- a) Skin surface
  - b) Hair follicle pigment
  - c) Sweat glands
  - d) Sebaceous glands

20. Why is hair growth cycle important in laser treatments?

- a) Cost estimation
- b) Treatment effectiveness
- c) Client comfort
- d) Machine safety

21. Which precaution is required before laser treatment?

- a) Sun exposure
- b) Shaving treatment area
- c) Applying makeup
- d) Oiling skin

22. Why is PPE used during treatments?

- a) Decoration
- b) Personal and client safety
- c) Speed
- d) Branding

23. Why is client consent mandatory?

- a) Legal and ethical requirement
- b) Time saving
- c) Marketing
- d) Documentation only

24. How should client records be maintained?

- a) Public display
- b) Secure and confidential manner
- c) Shared freely
- d) Temporary use

25. What reflects professional behaviour in a clinic?

- a) Casual talk
- b) Clean grooming and polite communication
- c) Silence
- d) Informal language

26. Why is teamwork important in aesthetic services?

- a) Faster billing
- b) Smooth operations and safety
- c) Cost reduction
- d) Competition

27. How should an unhappy client be handled?

- a) Ignore
- b) Argue
- c) Listen, reassure, and escalate if required
- d) End service

28. Why is record keeping important?
- a) Decoration
  - b) Tracking treatments and follow-ups
  - c) Marketing only
  - d) Attendance
29. Why should after-care advice be provided?
- a) Reduce responsibility
  - b) Proper healing and results
  - c) Increase pain
  - d) Save time
30. What is ethical service practice?
- a) Force selling
  - b) Transparent communication and safety
  - c) High pricing
  - d) Speed focus



## SECTION B – PRACTICAL

**Total Practical Marks: 400**

### Practical Task:

Perform **Aesthetic Skin Treatment** including:

- Client consultation and skin analysis
- Work area preparation and hygiene
- Acne / Anti-ageing / Electrotherapy treatment (as per availability)
- Laser hair removal assistance (knowledge & safety compliance)
- Post-treatment care and advice

## SECTION C – VIVA VOCE

**Total Viva Marks: 200**

### Viva Questions

1. Why is skin analysis important before treatment?
2. Explain chemical peels and their benefits.
3. What safety precautions are required during electrotherapy?
4. How does laser hair removal work?
5. Why is after-care advice important?

**END OF QUESTION PAPER**

### Note:

This question paper is also available in the following regional languages:

**Assamese, Bengali, Gujarati, Hindi, Kannada, Malayalam, Marathi, Odia, Punjabi, Tamil and Telugu.**