



# **MASTER WELLNESS NEUROTHERAPIST**

**Sample Question Paper**

**B&WSSC**



## SAMPLE QUESTION PAPER

Beauty & Wellness Sector Skill Council

Qualification Name: Master Wellness Neurotherapist

QP Code: BWS/Q2303

NSQF Level: 5

Assessment Type: Sample Question Paper

### Assessment Structure

Component	Marks
Theory	79
Practical	142
Viva	129
<b>Total</b>	<b>350</b>

### SECTION A – THEORY

Total Questions: 30

Time Allowed: 45 Minutes

Total Theory Marks: 79

#### Instructions

1. All questions are compulsory.
2. Choose the most appropriate answer for each question.
3. Use of unfair means is strictly prohibited.

#### Multiple Choice Questions

1. What is the primary role of a Master Wellness Neurotherapist?
  - a) Only perform procedures
  - b) Assess, recommend, mentor and guide neurotherapy services
  - c) Provide beauty treatments
  - d) Sell wellness products
2. Why is detailed client health history important before neurotherapy?
  - a) Documentation only
  - b) To identify risks and suitable procedures
  - c) Marketing
  - d) Time management
3. Which document records assessment findings and procedure recommendations?
  - a) Attendance register
  - b) Client recommendation card
  - c) Invoice
  - d) Salary sheet



4. Which vital signs are commonly checked during assessment?
  - a) Height only
  - b) Blood pressure and body temperature
  - c) Hair length
  - d) Nail colour
5. Which factor must be respected at all times during assessment?
  - a) Speed
  - b) Client dignity and consent
  - c) Decoration
  - d) Silence
6. Which tool is used to measure blood pressure?
  - a) Thermometer
  - b) Sphygmomanometer
  - c) Weighing scale
  - d) Stethoscope
7. What should be done if a client reports a serious medical condition?
  - a) Ignore
  - b) Refer and modify procedure accordingly
  - c) Continue procedure
  - d) Increase pressure
8. Why is identifying discomfort points important?
  - a) Billing
  - b) Accurate procedure recommendation
  - c) Decoration
  - d) Speed
9. Which demonstrates correct professional behaviour?
  - a) Casual communication
  - b) Empathetic listening
  - c) Rushed explanation
  - d) Silence
10. What does Panch Vidhi Kriya support?
  - a) Cosmetic outcomes
  - b) Holistic wellness
  - c) Physical exercise only
  - d) Decoration
11. Why should procedure sequence be strictly followed?
  - a) Formality
  - b) Effectiveness and safety
  - c) Speed
  - d) Convenience



12. What is the purpose of mentoring junior neurotherapists?
  - a) Supervision only
  - b) Skill development and quality improvement
  - c) Delegation
  - d) Control
  
13. Which mentoring method involves demonstrations and discussions?
  - a) Written exam
  - b) Experiential learning
  - c) Observation only
  - d) Silence
  
14. What should be documented after mentoring sessions?
  - a) Attendance only
  - b) Progress and feedback records
  - c) Salary
  - d) Decoration
  
15. Why is feedback important in mentoring?
  - a) Formality
  - b) Performance improvement
  - c) Speed
  - d) Authority
  
16. What is antarmukhikriya mainly used for?
  - a) Physical fitness
  - b) Inner rejuvenation and mental well-being
  - c) Muscle growth
  - d) Decoration
  
17. Which environment supports mental well-being counselling?
  - a) Noisy
  - b) Calm and stress-free
  - c) Crowded
  - d) Bright
  
18. Why should emotional behaviour be assessed?
  - a) Billing
  - b) Procedure customization
  - c) Decoration
  - d) Time
  
19. What is the role of lifestyle advice in neurotherapy?
  - a) Optional
  - b) Supports long-term wellness
  - c) Decoration
  - d) Marketing



20. Why should procedure limitations be respected?
  - a) Time saving
  - b) Client safety and ethics
  - c) Decoration
  - d) Speed
21. Which factor ensures ethical practice?
  - a) Authority
  - b) Respect for privacy and consent
  - c) Silence
  - d) Speed
22. Why is accurate record keeping critical?
  - a) Decoration
  - b) Continuity of care
  - c) Marketing
  - d) Billing
23. What should be done if unusual symptoms appear post-procedure?
  - a) Ignore
  - b) Report immediately
  - c) Continue
  - d) Discharge client
24. Why should diet recommendations be personalized?
  - a) Cost
  - b) Individual wellness needs
  - c) Decoration
  - d) Time
25. Which practice ensures client trust?
  - a) Casual behaviour
  - b) Confidential handling of information
  - c) Speed
  - d) Silence
26. Why is correct posture advised to clients?
  - a) Comfort only
  - b) Support therapeutic outcome
  - c) Decoration
  - d) Time
27. What does professionalism include?
  - a) Authority
  - b) Grooming, communication and ethics
  - c) Silence
  - d) Speed



28. Why should mentoring schedules not disrupt client services?
- a) Convenience
  - b) Service continuity
  - c) Decoration
  - d) Speed
29. What reflects leadership at NSQF Level 5?
- a) Performing tasks only
  - b) Guiding, mentoring and decision-making
  - c) Observation
  - d) Silence
30. Why is hygiene critical in neurotherapy practice?
- a) Appearance
  - b) Client health and safety
  - c) Speed
  - d) Cost

SAMPLE



## SECTION B – PRACTICAL

**Total Marks: 142**

### Practical Tasks

Perform **assessment, recommendation and supervision** of a neurotherapy session including:

- Client health history documentation
- Identification of discomfort points
- Recommendation of procedure & schedule
- Demonstration / supervision of neurotherapy procedure
- Mentoring junior therapist
- Post-procedure review and documentation

## SECTION C – VIVA VOCE

**Total Marks: 129**

### Viva Questions (Indicative)

1. How does a Master Wellness Neurotherapist differ from a Neurotherapist?
2. Explain the importance of mentoring in neurotherapy practice.
3. How do you assess mental and emotional well-being of a client?
4. What ethical responsibilities must be followed during counselling?
5. Why is documentation critical at senior practitioner level?

**END OF QUESTION PAPER**

### Note:

This question paper is also available in the following regional languages:

**Assamese, Bengali, Gujarati, Hindi, Kannada, Malayalam, Marathi, Odia, Punjabi, Tamil and Telugu.**